

WOMAN'S WORLD

Tired Wardrobes Can Be Revived Easily

By Ertta Haley

THOSE CLOTHES you started wearing a month or so ago don't look as fresh and crisp as they did when you first put them on, you say? Naturally you've laundered them or had them cleaned but just what has happened?

The same thing happens about the middle of every season, be it winter, summer, spring or fall. Most of us can't afford new clothes, and probably wouldn't buy them for the few remaining weeks of the summer, so what should be done?

Naturally this varies with each individual piece of clothing, but there are some definite tricks to revive or restore them to original freshness. No major remodeling is essential, usually, unless you've gained or lost weight, but some slight touch may make the difference between a piece of clothing you really want to wear and one you'd like to hide in a dark corner of the closet.

True Cleanliness

Revives Dresses, Suits

You may have been fairly regular about having dresses and suits laundered or cleaned, but unless special care is taken, they may take on a sort of dusty hue which detracts from their beauty.

In many instances, a special laundering or cleaning treatment may solve the problem of making

Tissue Gingham



This checked dress of tissue gingham is one of a group of ventilated cottons for warm weather wear designed by Terry Rogers. A wide collar, deep cuffs and extravagant flap pockets at the hipline lend subtle touches of flattery to the silhouette. The row of small buttons marching to the waistline helps to fit the bodice of the dress properly.

need be, since warm water is used and only a small amount of color need be dissolved in the water to restore clothing.



Freshen hats with flowers.

Change Trimming On Your Hats

Most summer headgear needs a pick-up just about this time, and

you don't have to be a professional to know how to handle the rejuvenation. If you feel all thumbs about hats, then the best thing to do is to see how the trimming on the hat is put on.

When you remove veiling or flowers, observe just where the stitches were to attach them. Mark them with chalk. Take off original veiling with care, so that if it's folded or draped in a particular style, you'll know how to adjust fresh veiling.

Flowers which have become grimy on hats should be replaced with new ones of similar size and type, if at all possible. They may sometimes be changed slightly, but if you're a novice and are afraid of drastic experimentation, safety lies in copying the original hat.

Ribbons can be changed in much the same manner as veiling and flowers, either with new ribbon or the old one refreshed. Ribbons, usually, are fairly durable and can be washed if handled with care. Use mild soapsuds and shake them in a jar. Rinse carefully and hang to dry. Most ribbons, if pressed while still rather damp, will be firm and starchy, and all ready to put on.

KATHLEEN NORRIS

Tragedy of an Afflicted Mother

IN A TRAGIC letter from a north-Iowa town, Estelle Owens asks me for advice that is painful to give. Everything about mental illness is excruciatingly painful for all concerned, and in Estelle's case the patient is her dearly loved mother.

"I am 36, married to a fine man and with three daughters aged 14, 12 and 6," writes Estelle. "My brother, happily married, has four very small sons. We two are the sole support of our mother, who for more than four years has been an inmate of a private asylum. The charges for her care are \$300 monthly, exclusive of such extra expenses as X-rays, clothing, dental plates and other details outside the regular routine.

"She shares a room with two other cases; with another 3-bed ward they have their own bathroom. But naturally she is not permitted freedom to bathe, and all doors and windows are locked at all times.

"My husband and my brother's wife are understanding and generous in this situation, for we all love—or did love, my mother," the letter goes on. "But we are faced now by the impossibility of continuing this arrangement, and I write to ask you if you know of any less expensive, perhaps semi-private institution? We could pay a hundred a month. To whom should we apply for information on this point?"

Disposed of Savings

"We have disposed of all our savings, cashed war bonds, and I am turning over every penny I make in boarding and attending small children, but it is not enough.

"We have determined among ourselves, and promised her, that we never will consider a public insane asylum for Mama, whose heart would break if we so much as

public institution she will be much more intelligently handled, she will have access to modern and expensive methods and equipment not available in any private asylum, and—note this carefully,—it will be to no one's financial interest to keep her there.

It has been my experience, in the last two years, to make many visits to one of California's largest insane asylums. There are some fearful cases there, shut away from human sight, of course. But there are also scores of borderline cases; not a week goes by but what some sobered, healthy, cured woman returns to her home. There are sun-flooded wards containing ten or a dozen smooth beds each—oh, I've gone in at all hours unexpectedly and always found them so. There are long dining tables covered with white cloths, set decently with glass and china.

(The food is poor in all institutions.) The food in the army, in boarding schools, in boarding houses, is notoriously uninteresting. In the asylum I know, my patient complains loudly of meat loaf and fish chowder, meat loaf and fish chowder endlessly. The bread—oh, that's good. Milk? Yes, she gets a quart a day. Jam? Oh, yes, they are putting up cherries and apricots now. Sometimes she has to wipe dishes, clear tables. Sometimes she shells peas, peels potatoes. Every bright day she is out in the open.

Synthesis Used For Vitamin-A

Can Now Be Made Up On Commercial Scale

NEW YORK.—The synthesis of vitamin A by a new process that makes possible its production on a commercial scale was announced here by Dr. H. M. Wuest, director of research at the Warner institute for therapeutic research of William R. Warner company.

Until now, vitamin A, necessary for the growth of children, the normal functioning of the eye, night vision, and other physiological needs of the body, including resistance to infection, could be obtained only from fish liver oils. One of the drawbacks of the natural product was that even the purest concentrates still had a fishy odor and taste, which made it unpalatable to a large number of users.

The synthetic vitamin is prepared from a starting material named beta ionone, obtained from lemon grass oil and also found in violets. It is this substance that gives violets their characteristic pleasant odor.

Although vitamin A was one of the first of the vitamins to become known, it was not until 1931 that its chemical structure was elucidated by Dr. Paul Karrer of Zurich, Nobel prize winner. However, all efforts to synthesize the complicated molecule of 20 carbon atoms arranged in six "rings," containing five conjugated double chemical bonds, and a hydroxyl group (OH) at the end of the "chain" hooked on to the ring-structure, failed for years.

A major reason for the failure was the instability of the molecule and its sensitivity to acids, light and the oxygen in the air.

In 1936, the prominent British chemist Sir Ian Heilbron made some headway toward synthesis by building up an intermediate substance with eighteen carbon atoms.

But even the pressure of the war, and the necessity for assuring large amounts of highly active vitamin A for the air forces (to increase or maintain their visual acuity for night flying) did not lead to a synthesis during the war years.

Be Smart!



Short on luggage space for the week-end invitation to which you've been looking forward? One good answer is one of the pretty ensembles that are designed for just such contingencies. Take the four-piece costume such as the one sketched. It includes a swim suit, a two-piece sun dress, and, with the addition of a glistening white T-shirt, a spectator sports dress. One of the most popular fabrics for these ensembles is cotton poplin, but you may also choose heavy broadcloth, indianhead, or spun rayon in a heavy linen-like weave. Choose from the many gay colors the one most becoming to you.

SEWING CIRCLE PATTERNS

Smartly Tailored Two-Piecer School Dress Is Easy Sewing



Crisp, Casual

A SIMPLE, casual two-piecer to make up in a crisp, brightly colored cotton. The slanted closing is accented with a gay novelty button, the peplum flares out just right.

Pattern No. 8293 is in sizes 12, 14, 16, 18 and 20. Size 14, 4 yards of 39-inch.

Don't miss the Fall and Winter FASHION—it's brimful of ideas for smart fall-to-winter sewing. Free pattern printed inside the book. 25 cents.

Would Reach Far

Enough ice was produced in the United States last year to load a train six times as long as the distance between New York and San Francisco, made up of two million cars, each car carrying 25 tons.

Sturdy Picnic Table Seats Entire Family



THERE'S nothing like having an old fashioned picnic in your own backyard. Especially so when you have this sturdy table all set up ready to seat the entire family. Its construction permits leaving it out the year round.

Besides saving money, wood-working provides hours of complete relaxation. Once you've experienced the deep down satisfaction of seeing lumber turn into a useful picnic table or lawn chair, you will undoubtedly become one of a huge army of "Build It yourself" enthusiasts.

Send 25c for Full Size Picnic Table Pattern No. 22 to East-Bild Pattern Company, Dept. W. Pleasantville, N. Y.

THE READER'S COURTROOM

Give and Take in Divorce

By Will Bernard, LL.B.

Is it too Late to Change Your Mind—After the Divorce?

A young wife divorced her husband, but both soon decided they had made a terrible mistake. Back they went to the same judge, and asked him to cancel the divorce decree. He did so. Then, about a year later, the husband again changed his mind and asked the

A drunken customer in a bar began to get boisterous, and the bartender decided to eject him. He threw the man out so vigorously that the drunk crashed into a girl walking past the front entrance. Injured by the collision, the girl sued the bartender for damages. He protested that he was just exercising his right to get rid of an obnoxious customer, but the court held him responsible anyhow. The judge said that, while the bouncing was all right, it should have been done with regard for the safety of passers-by.

May a Landlord "Smoke Out" A Tenant Who Won't Move?

A landlord served an eviction notice on an elderly widow and she agreed to get out by a certain date. But when the day arrived, the woman happened to be sick in bed—and so she didn't leave. In a fury, the landlord opened the front stove, poured some water on the embers,



and "let it smoke." The harassed woman finally got out—but later filed a suit against the landlord for assault. He protested that a tenant has no right to remain on the premises after the eviction date. However, the judge said that was no excuse for such malicious tactics by the landlord and ordered him to pay damages to the widow.



... food is poor in institutions ...

hinted at it. We cannot have her in our home as she has irrational intervals when she is dangerous. But we are given hope of a cure in her case, as the injury to the brain may absorb. Often it causes delusions, but at times she is just Mama again. Please help us to solve this agonizing problem."

Estelle, my answer is that you and your brother are risking your own marital happiness by this unrealistic attitude toward what is a terrible tragedy.

But the sensible course for you, the most hopeful and promising one, the least expensive and the most responsible, is to place your mother in the state institution, and begin to work for her comfort, your own, your husband's and your children's welfare, from there.

Dangerous Burden

You and your brother are putting a dangerous burden upon the generosity of your mates, and it is important to stop that at once. Worry about money, discussion of the waste of it, payment of outrageous charges and unexpected expenses creates a strain that no marriage can long endure.

For every reason your mother should be moved at once to the state asylum. Terrible words, aren't they? But so are the facts. In the

Make Several

THIS DARLING little school dress is so easy to sew you'll want to make several in different colors. Rows of bold ric rac trim the front panel, a narrow sash ties pertly in back.

Pattern No. 8354 comes in sizes 2, 3, 4, 5 and 6 years. Size 3, 2 1/2 yards of 35-inch.

SEWING CIRCLE PATTERN DEPT. 530 South Wells St. Chicago 7, Ill.

Enclose 25 cents in coins for each pattern desired.

Pattern No. _____ Size _____

Name _____ Address _____

