

### 'Back Yard Beach' With Barge Sandbox



HERE'S an easy to build sandbox that gladdens the hearts of tiny tots and small fry. It's a barge boat that can be used as a wading pool. Its simple construction eliminates the need for anything more than a hammer and saw. Complete, step-by-step directions and full size patterns insure building in a minimum of time. Painting guides are also printed full size on the pattern. These can be traced directly on the finished boat and painted with the colors suggested in the pattern. All lumber needed is stock size and can be obtained at lumber yards everywhere.

Send 35c for Barge Boat Pattern No. 77 to East-Build Pattern Company, Dept. W, Pleasantville, N.Y.

#### Might Have Been Highest

If Aconagua hadn't "blown its top," its name might be far more famous than it is today. This Argentine mountain might have been renowned as the world's highest peak. According to World Book encyclopedia, Aconagua, highest mountain in the western hemisphere, erupted many centuries ago with such force that it totally destroyed its summit and all signs of its volcanic crater.

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### NO LAXATIVES NOW—SAYS HAPPY 79-ER!

"Had to fight constipation the last 50 years. Nothing helped. Then I got wise to eating KELLOGG'S ALL-BRAN every morning. Almost at once I had results. No laxative for last 5 months!" writes 79-year-old Mr. J. Wenig, 7723 So. Mich. Ave., Chicago, Ill. One of many unolicited ALL-BRAN letters. Are you constipated due to lack of bulk in the diet? Tasty ALL-BRAN may help you. Eat an ounce daily, drink plenty of water. If not satisfied after 10 days, send empty box to Kellogg's, Battle Creek, Mich. DOUBLE YOUR MONEY BACK!



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Made with a face cream base, Yodora is actually soothing to normal skins. No harsh chemicals or irritating salts. Won't harm skin or clothing. Stays soft and creamy, never gets grainy. Try gentle Yodora—feel the wonderful difference!

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### Kidneys Must Work Well—

For You To Feel Well 24 hours every day, 7 days every week, never stopping, the kidneys filter waste matter from the blood. If more people were aware of how the kidneys must constantly remove surplus fluid, excess acids and other waste matter that cannot stay in the blood without injury to health, there would be better understanding of why the whole system is upset when kidneys fail to function properly.

### DOAN'S PILLS

## SPORTSMAN'S HORIZON

### Top Sport

In the event you've ever engaged in the age-old argument as to what is America's top outdoor sport, here's some information that'll do you good, if you say "fishing" is tops:

According to a poll recently conducted by the American magazine, fishing is absolutely America's top outdoor sport. It is a billion-dollar industry and sportsmen who fished spent 1.35 billion dollars in 1948 in pursuit of their sport. Sportsmen who hunted and fished, both, spent 10 million dollars more than was spent for the combined sports of bowling, golf, skiing and motor boating.

Hunting ranked fourth in the number of devotees and expenditures, the nimrods having spent 750 million dollars.

### Hunting Quiz

How many of the following questions about shooting small game animals and birds can you answer correctly?

- QUESTIONS:**
1. At what range are ducks and geese usually taken?
  2. How fast is a canvasback traveling when he's crossing your sights with the throttle wide open?
  3. How many pellets does it take to kill a mallard?
  4. What is a reasonable top range for shooting rabbits and other upland game?
  5. What are the best shot sizes for upland birds, small game and wildfowl?

- ANSWERS:**
1. At least 35 yards and frequently more. This means you should use large shot, to insure a clean kill, and fire a dense pattern. That's why many duck hunters recommend a full-choke shotgun.
  2. From 90 to 100 feet a second. Mallards, black ducks, spoonbills, Canada geese, brant, bluewing teal and greenwing teal may hit 90 feet a second; redheads scurry along at 75 to 95 feet each second.
  3. Tests made with Western cartridge company's Super-X ammunition show that an average of five No. 4 pellets are required for a clean kill on a mature mallard at 60 yards. Head shots, of course, are exceptions.
  4. Forty yards. Squirrels, quail, grouse, partridges, woodcock, snipe, rail, plover and doves also are usually taken up to this same top range. You want a fast load; small shot sizes in a modified choke, improved cylinder, or under some conditions, cylinder barrels. Recommended are 12, 16, 20 and 28 gauge shotguns with 26, 28 and 30 inch barrels.
  5. For normal range and usage, it has been found these sizes are best: For snipe, woodcock, rails, quail in early season and small shore birds, No. 8 or 9. For doves, quail in late season, large shore birds and small winged pests, No. 7, 7½, and 8. For pheasants, prairie chickens, grouse, rabbits and squirrels, No. 4, 5, 6 and 7. For turkeys and large furred vermin, BB, 2 and 4. For duck shooting over decoys, No. 5 and 6. For all other duck shooting, No. 4. For geese, BB, 2 and 4.

**Stream Fishing**

Whether or not the streams you fish appear stagnant in mid-summer, certain fish usually will seek highly-aerated waters during hot weather—and it is in such waters that the angler should exercise his best skill and efforts if he expects to reel any fish.

It has been the experience of practically every veteran angler that the best mid-summer catches of bass are taken from eddy waters around rocks, logs, root-wads and along stream edges where plants and roots combine to provide cover and accessible food. Undoubtedly bass frequent such places for a combination of both food and the aerated condition of the water. Even so, many anglers pass up such spots in their hurry to seek large, deep holes, which may prove not half so productive.

Channel catfish and jack salmon are usually found during the daytime along the bottom of deeper holes of water; but as night falls and for long periods thereafter, they come out into the shallows and riffles to feed.

Since predacious fish feed most heartily at night, anglers find the beginning of this period, and its end, as the most productive periods.

### Bait Trouble?

If you've been having bait trouble, why not try gar flesh, leeches, goldfish or goosberries? According to the Missouri game and fish division bulletin, they all work. Two Cameron fishermen reported catching several catfish on bait they made from cutting up a 46-inch gar. Catfish also were caught on leeches and goldfish and, at Milan, goosberries took several bluegills.

The stories were all verified.

## Farm Topics

### Tobacco Important In Marshall Plan

Is Present Prop Of Tobacco Farmer

Tobacco, from the time of the Virginia colony, has marched along as an intimate part of the American story to the present day. In the wake of World War II, as the United States emerged the strongest economic power, the American cigarette became temporarily a universal wampum—the chief currency in both Berlin and Burma.

"You have a cigarette economy from Paris to Peking," a member told the house of commons in 1946. John Rolfe, husband of Pocahontas, would be astonished if he could see what he started when he brought in the seed of modern tobacco. In 1948, the United States made about 367 billion cigarettes, and the tobacco industry directly paid in excise and import taxes nearly two billion dollars.

From Virginia and Maryland the tobacco fields, growing over 25 types, have spread into North and South Carolina, south Georgia and



northern Florida, Connecticut and Massachusetts, and the great burley area of Tennessee, Kentucky and the north bank of the Ohio.

America and the world have smoked the tobacco in pipes, cigars and cigarettes, and snuffed it in powdered form and chewed it. The "chaw" is the most American of tobacco habits. European visitors have looked upon this habit with disgust. In 1947, addicts chewed 100 million pounds of tobacco.

The cigarette is the prime favorite. The modern cigarette, as we know it, was created almost on the eve of World War I. The formula for the popular brands sounds appetizing and nutritious. They mix with the bright leaf some Turkish tobaccos, much sweetened Burley and some Maryland. A quantity of glycerine or its equivalent preserves moisture. The whole is made tasty with such flavors as sugar, rum, licorice, chocolate, and vanilla-like products or chemicals.

The cigarette has even wooed many of the ladies away from their pipes or snuff sticks.

Tobacco is of considerable importance in the Marshall plan—and the Marshall plan is the present prop of the tobacco farmer.

### Chlordane Will Rout Mound-Building Ants

One hundred per cent kill of mound-building ants has been obtained with chlordane under controlled tests conducted by entomologists working under the sponsorship of the Colorado agricultural research foundation.

Dr. George M. List, head of the department of entomology, reports three per cent chlordane applied as a spray in quantities of 250 to 300 cubic centimeters per nest produced the desired results.

Spraying the material into nests at the entrance and working the nozzle through the soil forming the mounds proved to be the most effective method of application.

The problem of the mound-building ant is often overlooked or underestimated, List said. If there are 10 such nests on one acre, and each nest has made barren one square rod in addition to the seed robbed from adjoining plants, a godly per cent of the acre produces little or no vegetation.

### European Corn Borer Reduced Crop in 1948

The European corn borer reduced the 1948 crop of field corn by 85 million bushels, the U.S. department of agriculture announced in Washington, D.C. Surveys recently completed by the bureau of entomology and plant quarantine, with cooperating agencies, indicate this loss in corn production is more than double that of 1947.

### Mechanical Cleaner Suggested for Barns

If you're building a new barn, or remodeling an old one, it would be a good idea to include plans for installing a mechanical barn cleaner.

That's the advice of M. W. Forth, an engineer with the University of Illinois college of agriculture. Forth says it would pay to make provisions for a barn cleaner even though plans might not call for one right away.

## HOUSEHOLD MEMOS

### Flatter Summer Meals With Properly Cooked, Attractive Vegetables

WHEN the thermometer speeds into the nineties, every home-maker worries about meals and family appetites. Even though appetites appear robust on picnics, they are apt to seem on the slim side for a meal in the family dining room.

Is there a certain remedy for the waning appetite amidst the wiling heat of hot summer days? Yes, certainly, there are several sure-fire ways of coaxing the family into eating what they should. One of the best ways is to serve attractive vegetables which are so plentiful for them, in the form of vitamins and minerals, into a scanty diet.

Vegetables add color, and consequent interest, too, to the family dinner table with their glorious greens, reds and orange yellows. Who could ask for a better artist's palette with which to decorate the mealtime scene?

Serve vegetables fresh, whenever possible since this saves food value. When they are cooked, however, use only a small amount of water, season carefully, but not heavily, and cook until tender. Vegetables are best if they have some of their natural crisp texture, even though cooked.

Seasonings should be mild so that you don't mask the delicious natural flavors and thus jade the appetite further. You may add some of the nice sauces for variety, however, and thus create interest that might not otherwise be present.

YOU CAN'T BEAT a salad bowl of summer vegetables, especially when there's a tasty dressing to go along with it. Here's a suggestion with a delightful dressing seasoned with blue cheese and anchovies:

#### \*Summer Salad Bowl (Serves 6-8)

- 2 cups fresh spinach leaves
- 1 small head lettuce
- 2 cups shredded green cabbage
- 1 bunch watercress
- Fresh dill
- Tarragon
- 1 cup diced celery and tops
- ½ cup green pepper rings
- 1 cup crumbled blue cheese
- ½ cup French dressing
- 1 2-ounce can anchovy fillets

Rub salad bowl with cut clove of garlic. Break spinach and lettuce into bite-sized pieces in the salad bowl. Add cabbage and watercress; sprinkle with the herbs, fresh dill and tarragon. Add celery and green pepper. Sprinkle with cheese. Chill. Just before serving, add French dressing and anchovy fillets. Toss lightly.

#### Chinese Salad (Serves 4-6)

- 2 cups canned bean sprouts, drained
- ½ cup diced celery
- 1 medium cucumber, sliced thin
- 1 green pepper, minced
- 2 tomatoes, cut in small cubes
- French dressing
- Minced chives

Combine all vegetables and toss



Treat fresh vegetables kindly and you'll be well rewarded for their acceptance at meals. New potatoes, quick cooked in their skins, are tender and delicious when tender with cheese-crusted tomatoes and plump, green asparagus spears with a nippy sauce.

#### LYNN SAYS: Keep Meals Cool When Thermometer Soars

Refreshing fruit platters come in for a big bid during summer. Place cherries and grapes in the center of your largest, coolest platter. Surround with a mound of each of the following: peach halves with a cluster of blueberries in the center; cantaloupe edges, pineapple chunks mixed with halved strawberries, honeydew melon wedges and watermelon triangles.



Vegetables, cooked or fresh, chilled and seasoned, arranged attractively on a salad platter add appetite appeal to the main course. Arrange mounds of the small vegetables like corn kernels, green lima beans or peas with strips of carrots, asparagus or celery on lettuce and pass with a tangy dressing.

- LYNN CHAMBERS' MENU**
- Leftover Roast Beef with Barbecue Sauce
  - Baked Potatoes
  - \*Summer Salad Bowl
  - Toasted Rolls
  - Butter Beverage
  - Blueberry Pie
  - \*Recipe Given.

with French dressing, to which may have been added one teaspoon of soy sauce, if desired. Refrigerate the salad ingredients for one hour. Drain off extra dressing and serve with mayonnaise. Sprinkle top with minced chives before serving.

#### HERE'S an excellent way to prepare and serve asparagus:

- Asparagus with Sour Cream Sauce (Serves 6)
- 2 pounds asparagus spears
- ½ cup thick sour cream
- ½ cup drained horseradish
- ¼ teaspoon salt
- ¼ teaspoon paprika

Cook asparagus in a small amount of boiling, salted water until tender, about 25 minutes; drain. Meanwhile, make sauce by beating the sour cream slightly, add remaining ingredients and blend thoroughly. Serve with cooked asparagus spears.

#### Broiled Tomatoes (Serves 6)

- 3 medium tomatoes, cut in halves
- 1 teaspoon salt
- ½ teaspoon pepper
- ½ cup buttered bread crumbs
- ½ cup grated American cheese

Season each tomato half with salt and pepper. Blend crumbs and cheese and sprinkle on each tomato half. Arrange in a baking pan and bake in a moderate (375°) oven for 15 minutes, or broil 8-10 minutes under low heat.

A GOOD main dish to serve at home or to tote to a picnic uses corn and tomatoes, seasoned beautifully with bacon, green pepper and a cheese topping.

#### Corn-Tomato Casserole (Serves 6)

- 4 strips bacon, diced
- ¼ cup chopped onion
- ¼ cup minced green pepper
- 2½ cups chopped tomatoes
- 2 tablespoons brown sugar
- 1 teaspoon salt
- ¼ teaspoon pepper
- 2½ cups corn, cut from cob, or canned corn
- ½ cups dry bread crumbs
- ½ cup grated cheese

Fry bacon in a skillet until crisp. Place in a 1½ quart casserole. Add onion and green pepper to bacon fat and cook until tender. Add tomatoes, sugar and seasonings. Simmer for 15 minutes. Stir in corn. Cook for eight minutes, if using uncooked corn. Place all mixture from skillet into the casserole. Top with bread crumbs, then with cheese, and bake, uncovered, in a moderate (350°) oven for 30 minutes.

Don't discard cold, fried trout. Serve it on a bed of watercress or lettuce and pass with sour cream in which are floating thin slices of cucumber. Serve with a lemon wedge.

Lamb chops take well to barbecue sauce and broil quickly to keep your kitchen cool. Serve with a fruit garnish of pineapple, banana half and grapefruit segments.

Chilled soups are ideal for starting off the meal with proper spirit. You might try jellied consommé or icy cold cream vichyssoise.

### Britain Charges Belgians With Eating Work Horses

LONDON.—Despite Belgian importers' guarantees, the 2,000 British horses shipped there annually practically all are slaughtered for food, instead of being worked as agreed, Arthur W. Moss, of the Royal Society for Prevention of Cruelty to Animals, charged.

"The meat is processed and mostly sold in the form of Antwerp sausages," he said, after returning from Belgium.

"Immediately the horses on my ship were disembarked, they were branded on the neck with a hot iron and a hole was punched in the right ear to insert a number peg. The following day they were slaughtered."

### ASK ME ANOTHER?

#### A General Quiz

##### The Questions

1. Where is the United States Military Academy located?
2. What is a native of Wales called?
3. From what source are the names of the United States battleships selected?
4. What heavyweight champion was the largest in stature?
5. The word "chukker" is used in what sport?

##### The Answers

1. West Point.
2. A Welshman.
3. The States of the Union.
4. Primo Carnera.
5. Polo.

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