

WOMAN'S WORLD

Home Decorations Should Reflect Taste

TO HAVE A HOME in the truest sense of the word means that the home should reflect those who live in it.

When you walk into a home, you should be able to get a certain feeling and insight about the family who lives there, even before you know them very well.

Properly furnished and decorated, a home will reflect your interests and hobbies. It will give some insight into the personalities of the people living in it.

Sometimes these qualities are all too transparent for a home can give the impression of carelessness, lack of interest and hobbies. The first thing to do, if that's the case, is to change it by making the home the interest and hobby.

Make Living Room Place to Live

Today's homes are quite a bit smaller than those of the past decade, and for this reason, every room must be used to the fullest advantage.

Gone is the "parlor" which was opened for company only. You may be fortunate enough to have a den, study or library which is much used, but for most families the living room is the center of most social and family activity.

If you don't use the living room enough and find yourself crowded in one of the other rooms, then do some simple remodeling or reshuffling of furniture to make the room.

For example, if yours is a social family, and you like to entertain, plan plenty of comfortable seating

Chambray Fashion



Two-toned chambray styles this feminine warm weather dress by Terry Rodgers. Unique applied cut-outs and a modified "pussy-cat" bow in contrasting chambray highlight the plunging neckline of this fashion-right casual. A skirt with fullness flaring out from the hips, gives that extra freedom which adapts itself for all-around wear.



Decorate rooms to fit . . .

space in the living room. Group chairs and sofas into "conversational groups" which make sitting and chatting a pleasure.

If everyone in the family reads a lot, good chairs are essential. Good lighting is a problem here too, and each comfortable chair to be used for reading needs a light that will make this interest easy.

Plan Music Corner If That's Your Interest

Does the family enjoy music? If this centers around the piano, this instrument will be the main interest in the living room. Try to arrange chairs and sofas so that you can enjoy sitting around listening comfortably.

Many families enjoy records, and if so, one of the best corners of the room should be devoted to this interest. The radio, phonograph or combination unit, should be the center of interest with chairs arranged comfortably around it.

Have plenty of storage space, in

cabinets, for the records or albums or both. You may also want to have



Your living plans.

books and magazines on the subject in an easily accessible spot for this activity.

How to Restyle Rooms In Good Taste

Take a critical look at your furnishings and see whether they meet with your approval. Do you have any pieces of furniture which are not used? Eliminate them and substitute

tute with something that would be of more use, either practically or decoratively or, preferably, both.

Sometimes it's wise to buy a whole matched set of furniture such as a suite of upholstered furniture. However, if this does not include enough of the pieces you'll need, or, on the other hand, contains too many pieces for the space or use you have, then try selecting sectional or separate pieces that will be most valuable.

One family may need only two comfortable easy chairs, while another needs three or four or even more. These may be bought separately, to harmonize pleasantly, or covered to match other pieces.

You no longer need to have all one kind of wood in your living room. Dark and light woods are used together, in good taste, in the same room because they complement each other.

Perhaps you've found a desk in one of the light modern woods. There's no reason why you can't use it in a room with some dark mahogany or walnut finishes.

KATHLEEN NORRIS

Recall Forebears on the Fourth

CAN YOU TAKE your thoughts back, in this week of July Fourth, to a New England farm 100 years ago?

It is one of those picturesque farms that you and I see on our happy vacation trips; we stop with a queer inexplicable twist in our hearts as we look at the steep high roofs, the elms sending leaf-shadows across the high small-paned windows, the well-sweep, the mellowed lines of barns and sheds stretching away toward orchard and pasture, the summer graciousness of one of the thousands of homesteads that were the American scene in the dramatic days of America's beginnings.

If we go in there are more exclamations of sheer admiration and delight. Oh—a spinning wheel and a loom! Oh—hand-hammered fire-irons painted like the redcoats of King George, so that any casual spitting upon them might be pleasurable as well as necessary! Oh, Revere teapots and Chippendale chairs, blue home-made and gay patch-work quilts, four-posters with faded calico valances, warming pans and melodeons, highboys and dressers in applewood or weathered maple!

The floors are soft, almost yielding beneath our feet; the doorways low and irregular, and between the old part of the house—circa 1800 and the new, added 40 years later, indoor irregularities are masked by cupboards, by steps up and down, by a narrow stair here and an angled passage there.

Draught of Patriotism

Who doesn't know New England, or that part of the Old South that matches it in Revolutionary age, doesn't know America. And it isn't too late to pack some bags, climb into the car and cruise off in that direction now. As a great draught of patriotism and enthusiasm and wonder, it is a lesson we all need. Wonder—yes, that's what we women feel as we visualize the life women led on these beautiful old farms. Men led the hard life of

and stains our battleship linoleum knows, and they and the children's clothes and the heaped heavy dishes knew no other cleaning agent than homemade bars of yellow soap.

They gathered bedraggled baby clothes and rumpled bed linen and school children's stockings just as you and I do, but they didn't have flying foaming washers and swift fragrant dryers. No, they soaped and scrubbed on tin-faced washboards, dried on kitchen lines, ironed with heavy iron pressers that cooled every few minutes and had to go back on the hungry great range that devoured firewood as a hippopotamus gulps down food.

They fought on, when the spring rains kept all the children, all the measles and mumps and whoops shut indoors, when boots brought in their own weight in mud, when milk soured on the way from the springhouse to the table, and when the terrible "second-summer" meant that the current baby was always a source of burning anxiety.

And they kept good, kept busy, kept rejoicing in the Lord. They preserved the niceties—washed small hands and combed unruly heads; changed linen, dragged steaming kettles to the wash tub.

They fostered learning; there was a switch ready if the school-marm—she boarded about among the different families—reported impudence or idleness.

One Can Think Bulges Away

Physiologist Cites Mental Procedure

NEW YORK—Almost any matron with a bridge-table spread and an aching back can restore herself to competitive shape again, if she'll go lie down and think the bulges and pains away, Dr. Alda Kelly claims.

Dr. Kelly, a cheerful, slender woman, herself, has come up with a real morale booster for girls who want to reach for a sweet and still be able to touch their toes. She's worked out a reconditioning method through which she says you can get your girlish figure and fancies back merely by thinking you are exercising to beat the band.

That's right. You don't have to move a single muscle—except, of course, the one between your ears.

Dr. Kelly, a physiologist, calls herself a "neurosomatic reconditioner." That's scientific girl talk for a person who teaches people how to get the most out of life with the least possible amount of energy—and that includes banishing bulges, too. She said her system worked on 100 housewives in Cleveland, so there isn't any reason why it shouldn't work on a lot of others just as well.

Essentially, her plan involves the idea of sending the right kind of gentle, relaxed impulse from the brain to the nervous system. The nerves carry the good word to the muscles, which obediently become strong and supple without flexing or reflexing.

"Just pretending has the same effect as real motion, and it saves a lot of energy," Dr. Kelly has found. "A man can build up some muscles merely by thinking he's lifting weights. It's slow, but it works."

Dr. Kelly specializes in problem girls. When a cranky, aching, overworked housewife goes to see the neurosomatic conditioner at the Shailer Emery Lawton foundation, she is put through a series of 24 treatments and gets home-work assignments of 10 minutes a day.

Mrs. Harassed Heckled Housewife starts out by lying down and thinking she's a rag doll with the stuffings leaking out.

Be Smart!



Dotted Swiss is a revival of one of the soft fabrics of a generation ago, but no longer is it confined to the typical styling of the past. It is particularly popular for the pretty draped effects of the current season. Another new and equally interesting interpretation is the dotted swiss for jumper dresses, so stunning in dark grounds combined with white or worn without a blouse when weather or occasion dictates.

SEWING CIRCLE PATTERNS

Simple Smartly Styled Frock Twosome for Sun-Filled Hours



1874
11-20

1885
12-42

Pleasant Wearing

YOU'LL GET many hours of pleasant summer wear from this simple yet smart daytimer. And it's so easy to sew—try a printed fabric or cool, dark sheer.

Pattern No. 1885 is a sew-rite perforated pattern for sizes 12, 14, 16, 18, 20; 40 and 42. Size 14, 4 yards of 39-inch.

The Spring and Summer FASHION offers a wealth of suggestions for smart summer wardrobes—special features, fabric news, free pattern printed inside the book, 25 cents.

SEWING CIRCLE PATTERN DEPT.
530 South Wells St. Chicago 7, Ill.
Enclose 25 cents in coins for each pattern desired.
Pattern No. _____ Size _____
Name _____
Address _____

Smile Awhile

Fifteen-year-old Viola had reached the crossroads of life but for her it was positively the end, but really, her father went up to her room when he heard a lot of sobbing after she had returned from a dance.

"Why, Viola, darling, what happened?" he asked gently.

"Oh, Denny and I had a fight," she explained. "Now I just know I'll never get married. It seems I'm not old enough for the young men and not young enough for the old men."

He—"They tell me Colonel Lively is a sexagenarian."

She—"The old fool; and at his age, too!"

Once there was a very rich old bachelor whose sole recreation seemed to be in leading the girls a merry chase. One young girl was a little doubtful about the advisability of chasing a man so old.

"Don't you think he is a little too old to be considered eligible?" she asked her aunt.

"My dear," she replied with a wisdom born of years of experience, "he is a little too eligible to be considered old."

Son—"Well, dad, you've managed to live to a ripe old age. How did you manage to keep the germs of disease away from you all these many years?"

Father—"I'll let you in on a little secret, son. I attribute my longevity to the persistent use of garlic. Now don't breathe that to a soul."

Son—"The secret or the garlic?"

Number one boy—"My grandfather lived to be 98 years old."

Number two boy—"Gee, that's old all right. What finally got him?"

Number one boy—"Plot number 6, section 13 of Evergreen Cemetery."

NEWS that makes folks sleep all night!

Thousands now sleep undisturbed because of the news that their being awakened night after night might be from bladder irritation—not the kidneys. Let's hope so! That's a condition Foley Pills usually allay within 24 hours. Since bladder irritation is so prevalent and Foley Pills so potent Foley Pills must benefit you within 24 hours or DOUBLE YOUR MONEY BACK. Make 24-hour test. Get Foley Pills from drug-gist. Full satisfaction or DOUBLE YOUR MONEY BACK.

Higher wages . . .
Shorter hours . . .
More and better
goods for everyone

how?

BY TEAMWORK
TO PRODUCE MORE
EFFICIENTLY FOR
EVERY HOUR WE WORK



THE READER'S COURTROOM

Zealous Doc Caught on Tonsil

—By Will Bernard, LL.B.

Do Tonsils Have a Dollar Value?

A businessman went to a surgeon for a nose operation. While he was under anesthesia, the doctor decided that the man's tonsils were in bad shape—and removed them. Later the man sued the sur-



geon for removing the tonsils without permission. The doctor argued that, even though he may have been hasty, no harm had been done because tonsils weren't worth anything anyhow! However, the court sustained a jury verdict of \$2,000. The jury said: "The law presumes that every organ in the human body has some function to perform—even though medical science has not ascertained it."

Must a Trolley Conductor Help a Fat Woman Down from the Car?

The conductor of a trolley was busy collecting tickets, when the car stopped at a corner. One of the passengers who wanted to get off was a 207-pound woman. Rather than wait for the conductor to come and help her, she started to disembark. But she tripped on the edge of the step and tumbled down. Injured, she later sued the trolley company for damages. She argued helped. The court ruled otherwise.

May a Careless Driver Collect Damages if Hurt in an Accident?

Speeding along a country road, a motorist swung out to pass the car ahead—driven by a woman. Despite his honking, the woman did not slow down at all. In a sudden rage, the man cut in sharply—and a little too soon. The two cars tangled and both of them skidded into a ditch. Despite the woman's carelessness, the court granted her claim.

Are You a "Trespasser"—If You Enter Someone's Property by Mistake?

Motoring at night on a dark country road, a man took a wrong turn and drove out onto a dock. Thinking it was a bridge, he kept going—until he plunged off the end, right into the water. Luckily, he managed to break a car window and swim to safety. He later brought a damage suit against the dock



owner, blaming him for not putting up some kind of warning signal. However, the court rejected the motorist's claim, on the ground that he had "trespassed" on the dock. The judge said that, although the man had driven onto the dock by mistake, he was still technically a trespasser—and thus had no kick coming.



. . . a picturesque farm . . .

farmers and settlers, too; up in the dark freezing nights of winter to look to lambs and calves, sweltering in the hot rocky pastures through the summer noons.

But the women! Ah, you foremothers of our present easy day, how did you do it, what made it worth your while!

The cemeteries tell a part of the story of these first American women. Stop to read the stones, when you pass an old graveyard. There you will find the Aarons, the Silases, the Johns and Joshuas and Williams, reaching decent ages; 68, 76, 90.

Women's Names, Too

And there you'll find, too, the women's names. Sarah, first wife of the above, aged 26. Mary Jane, 3rd wife of the above, 18. Eliza and Matilda and Abigail aged 23, 31, 19. It cost our women something, did America.

Imagine their waking in a stone-cold great house, with the snow packed outside, the November sky lowering and dark, the seventh child a fretful feverish teething burden at 11 months, the eighth child already on the way. Imagine the dark descent to the stone-cold, chatter-toothed struggle in the kitchen; ashes cold in the cold stove, snow on the low window sills, water frozen in the pail.

The floors we find so satin-smooth today were subject to all the spills