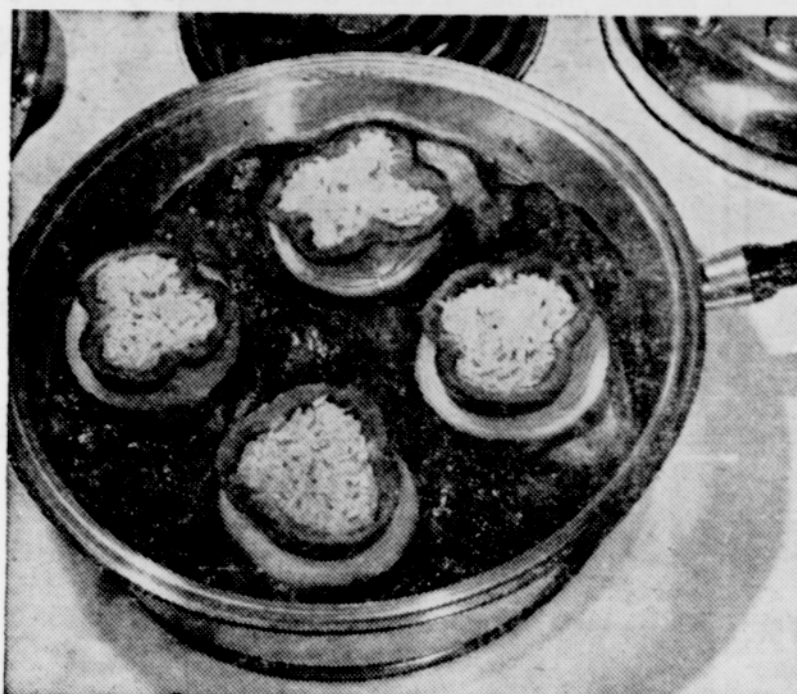


HOUSEHOLD MEMOS... by Lynn Chambers



Cook a Savory Main Dish in a Skillet
(See Recipes Below)

Skillet Dinners

WHEN YOU WANT to cook a really appetizing dinner for your family, do it in a skillet. Veal chops, pork chops, curries and chicken, all can be cooked to mouth-watering tenderness in a skillet after browning, by covering the skillet and turning down the heat. Mushrooms, green peppers, onions and all sorts of other seasoning can be added to make the food savory. Pork chops are a real favorite, especially if they are prepared in this manner with tomatoes, green pepper, celery and rice.

Pork Chop Skillet Meal

- (Serves 4)
- 4 tablespoons fat
 - 4 pork chops, 1" thick
 - 4 slices Bermuda onion, 1/4" thick
 - 3 cups canned tomatoes
 - 4 rings green pepper, 1/4" thick
 - 4 tablespoons uncooked rice
 - 1 cup celery diced
- Heat four tablespoons of fat in skillet on high heat. Turn switch to medium and brown pork chops until well browned on both sides, approximately 15 minutes. Place a slice of onion and one pepper ring on each chop. Place one tablespoon of rice in each ring. Pour tomatoes around meat and add celery. Place cover on skillet. When steaming (about eight minutes), switch to simmer and allow to cook for one hour.

*Skillet Chicken

- (Serves 3-4)
- 2 cups cooked chicken
 - 2 tablespoons butter
 - 2 tablespoons flour
 - 3 cups chicken stock or water
 - 1/2 teaspoon salt
 - Dash of pepper
 - 2 bay leaves
 - 1 sprig thyme
 - 2 small sprigs parsley
 - 8 small onions
 - 1/2 pound mushrooms
 - 1 tablespoon chopped parsley
- Melt butter in a saucepan. Stir in flour. Add stock slowly, stirring constantly, until sauce is thickened. Then add bay leaves, thyme and sprigs of parsley which have been tied together. Add salt, pepper, onions and mushrooms which have been cleaned and stemmed. Simmer on low heat for 45 minutes. Add the chicken which may be in large pieces, if desired. Heat chicken, but do not allow mixture to boil. Remove bay leaves, thyme and parsley which were tied together. Serve very hot, over biscuits or cooked rice, sprinkled with chopped parsley.

Skillet Veal Chops

- (Serves 4)
- 6 loin veal chops
 - 3 tablespoons flour
 - 1 teaspoon salt
 - 1/2 teaspoon pepper
 - 5 tablespoons fat
 - 1 cup sliced onions
 - 1 cup canned tomatoes
 - 1/2 cup hot water
 - 1 bay leaf
 - 2 tablespoons cornstarch
 - 1/2 cup cold water

LYNN SAYS:

Try These Seasonings For Vegetables

Bake carrots if you want to try something new and different. Sprinkle small scraped carrots with 1/4 cup of butter which is creamed with 1/2 cup sugar, one teaspoon salt, 1/2 teaspoon cinnamon and 1/2 cup of boiling water.

Garden-fresh green beans, sliced and buttered, will be even more tasty if you add some chopped mint leaves to them just before finishing the cooking.

LYNN CHAMBERS' MENU

- *Skillet Chicken
 - Hot Biscuits
 - Battered Green peas
 - Grapefruit-Melon Salad
 - Beverage
 - Fresh Strawberries and Cream
 - Sugar Cookies
- *Recipe Given

Dredge the chops in flour which has been mixed with salt and pepper. Sauté onions in two tablespoons of fat until brown. Place chops on top of onions, and add tomatoes, water and bay leaf. Cover and simmer on top of range for 45 to 60 minutes until tender. Remove chops to a hot platter. Makes a smooth paste of cornstarch and cold water and add to liquid in skillet. Stir and cook until thickened, then pour over chops.

Veal in Sour Cream

- (Serves 4)
- 2 pounds boneless veal shoulder, cut in 1" cubes
 - 2 ounces salt pork, cut fine
 - 1/2 cup minced onion
 - 1/2 clove garlic, minced fine, if desired
 - 1 teaspoon salt
 - 1/2 teaspoon pepper
 - 1 tablespoon paprika
 - 1 1/2 cups boiling water
 - 3/4 cup soured cream
 - 2 tablespoons flour
 - 1/4 cup cold water

Saute salt pork, onion, garlic and veal until meat is browned well on all sides. Add seasonings and water. Cook, covered over low heat until veal is tender, about one hour. Remove veal to hot platter and keep warm. Add sour cream to pan drippings. Stir flour and water together until smooth and add to ingredients in saucepan.

Curried Lamb

- (Serves 4)
- 1 cup uncooked rice
 - 1/2 cup sliced onions
 - 1/2 cup diced celery
 - 2 tablespoons fat
 - 1 1/2 cups cubed, cooked lamb
 - 1 teaspoon curry powder
 - 2 cups lamb stock or gravy
 - 1/2 teaspoon salt
 - 2 tablespoons flour
 - 1/4 cup cold water

Cook rice until tender and keep hot. In the meantime, saute onions, celery in fat in a skillet until lightly browned. Add lamb, curry powder, stock and salt. Cover and simmer 30 minutes. If desired, thicken liquid in pan with flour blended with cold water. Serve over rice.

Lamb Kidney Sauté

- (Serves 4)
- 8 lamb kidneys, split
 - 2 tablespoons fat
 - 1 tablespoon flour
 - 1 tablespoon chopped parsley
 - 1/2 cup beef stock
 - 1/2 cup canned tomato juice
 - 1/2 teaspoon salt
 - 2 teaspoons Worcestershire sauce
 - 4 slices toast
- Saute cleaned kidneys in fat in a skillet for 15 to 20 minutes or until tender, turning frequently. Reduce heat and sprinkle flour over kidneys. Blend flour with fat while turning. Add parsley, stock, tomato juice, salt and sauce. Cook over low heat until sauce is thickened. Serve on toast.

Cooked, chopped spinach takes on glamor if you place it in a casserole, top with cheese sauce and mushroom caps. Place in oven long enough to heat through.

When creaming green beans, add a few dashes of onion juice to the white sauce while you make it. This adds zip to the mild tasting vegetable.

Have you some dabs of leftover vegetables? Combine them in cheese sauce and stuff hollowed-out cooked onions with the mixture. Bake until onions are tender.

Farm Topics

Good Clean Pasture Helps Poultry Men

Home Grown Feeds Cut Operating Cost

Good clean pasture and plenty of home grown feeds for your pullet crop pays dividends in more eggs, lower production costs and bigger poultry profits. The use of range shelters, range feeders and barrel waterers makes such a program easily possible.

Missouri university tests show that pullets on well-fertilized alfalfa pasture consumed 17 per cent less feed than birds on bare range. The pasture-fed pullets needed less feed for each pound of gain. Birds on clean pasture were healthier

1935-39	1948
170 DOZ BUYS 1 TON	90 DOZ BUYS 1 TON

and more energetic. Mortality rate was lower and there were fewer culls. Out of 100 pullets at four weeks of age, 94 of the alfalfa-ranged birds later went into the laying house, compared to 70 of those raised on bare ground. Purdue university tests showed that ladino clover with corn and small grains provided a complete ration for laying flocks.

Getting good pasture and a cheap and plentiful supply of grain is a matter of putting farm soil in shape to produce bigger yields per acre. For this you need a rotation in which deep-rooted legumes and grasses are keystone. You need to build up the organic matter supply via plowed-under legumes, crop residues and manure. You need to feed the soil a good ration of plant nutrients, so it, in turn, can feed the crops. In such a program, fertilizer is an important member of the soil-building team.

At current prices, eggs will buy nearly twice as much fertilizer as 10 years ago. It takes only 90 dozen eggs to buy a ton of 3-12-12 fertilizer today, whereas it took 170 dozen back in 1939.

Check Work Stock



Owners of the 55,000 horses and mules on Maryland farms have been urged to "check intake valves, remove carbon from the cylinders, and adjust the carburetor."

Those terms aren't as mixed as one might think. Joseph M. Vial, extension animal husbandman, explained that a horse's mouth and teeth may be compared to intake valves on a tractor. The teeth need to be floated (just as the intake valve needs to be properly seated) if they are to meet evenly and let the horse chew his feed properly.

Just as tractors are troubled with carbon in the cylinders, horses may have trouble with internal parasites. These may be removed by any competent veterinarian and the horse will be a better worker during the coming summer.

The carburetor on the tractor adjusts fuel supply to the work load. For horses, this is accomplished by getting them in proper condition before the heavy work load comes. Vial recommends this be done by "feeding the horse a handful of oil meal with his grain at this time of year to keep him in good condition and by giving him as many jobs to do as possible; such as spreading manure or hauling logs."

Other recommendations include: "Keep water in his cooling system, keep his tires in good condition by having him properly shod and see that his harness fits."

Farm Record Keepers Told of "Short Cut"

"It's easier to keep up than to catch up," advises Clara Leopold, extension home management specialist at the University of Nebraska, to the home and farm account record keeper. Another hint, she says, is to keep a pencil attached to the account records.

According to Mrs. Leopold, a certain time each day should be set aside to jot down the daily transactions.

CLASSIFIED DEPARTMENT

TO RENT OR LEASE

GRAZING LANDS FOR RENT We have 7700 acres of fine range for sheep or cattle near Springdale, Wash. to lease for 1949 season.

NORTH COLUMBIA CO. Deer Park, Wash. Ph. 1251, Deer Park.

MISCELLANEOUS

BABY SHOES everlasting treasures of babyhood. Broomed or electro-plated by master potters. Sixteen mountings. Lifetime keepsakes. Write for colored folder & prices. Dealers wanted. NORTHWEST BRONZE & PLATERS, 3192 East 84th, Seattle 5, Washington.

NO. 36 STAR WELL DRILL, mounted on a 2 1/2-ton International truck, complete with tools, jacks, etc. No reasonable offer refused. J. L. Wilcox, Box 569, McMinnville, Ore.

FIREWORKS

- \$ 9.50 Assortment of Fire-crackers for.....\$5.95
- 5.50 Assortment of Fire-crackers for.....3.95
- 8.50 Ass't. fireworks.....5.75
- 9.60 Safe and Sane asst'd.....5.95
- 10.85 Ass'td. Aerial display.....6.95
- 13.85 Super mixed asst'd.....8.95

Write for free picture catalog of these items. Positively no C.O.D. send cash, M. O. or check and give name of express office if different from mail address.

CONTINENTAL FIREWORKS CO. Box 1301, Portland 7, Ore.

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

FOR SALE—Aerona Champ, excellent condition, low time since major overhaul on engine. Real Bargains. \$650 and up.

AT-6. Excellent condition. Special paint job. Smoke trail equipment.

Clipped wing Aerobatic Cub. Special paint job. Cruise 20-3250.

SMITH-LIVINGSTON AIR SERVICE Box 531, Corvallis, Oregon. Ph. 1150

REAL ESTATE—MISC.

SHASTA COUNTY HEADQUARTERS FOR BUSINESS OPPORTUNITIES: HOMES, SUBDIVISIONS, RANCHES! Herzing, 2000 Mt. St. Redding, Cal.

IDEAL hunting and fishing location. 160 acres; 1 1/2 acres young orchard; trout stream near buildings; 20 minutes drive to Lake Pend Oreille. Orval Fankratz, Rt. 1, Sandpoint, Idaho.

COUNTRY GENTLEMAN'S HOME 10 ac. Lake view. Lovely mod. 7-rm. home & 3-rm. mod. cottage. Highly profitable 4 ac. of raspberries. Good pickers' quarters, other bldgs.; 2 tractors, truck & all berry equip. \$11,000. \$7,000 down.

CHAS. ECKLAND, RTR. 211 E. 2nd St., Kent, Wash. Ph. Kent 944. Res. Auburn 1094-N-12

COLTON—48 ac. 10 ac. 1st. 2d growth L. cleared timber. 20 ha. 2300 W.A.C. L.P. 6000 W. Cox, Timber Mt., Vernonia, Oregon.

FARMS AND RANCHES

PUGET SOUND VIEW FARM—13 acres, near Mt. Vernon; hay, pasture, wood lot; good 3-bdrm. house; barn; 500 chickens, other bldgs.; also two good milk cows, and 15 goats. All for \$7,500. \$2,750 down. W. W. LIND & CO., 201 Collins Bldg., Seattle, Washington.

FOR SALE—550 acres, 60 cultivated, 400 in alfalfa, 100 in corn, irrigated, level bottom land, electricity, private water. \$10,000 terms. Will sell 160 separately. Robert Hague, Plains, Mont.

FOR SALE—170-acre farm. 45 acres under cultivation, rest in pasture and timber. 20 head livestock. 2-unit milking machine, tractor and equipment, 4-bedroom modern home, large barn and outbuildings. Really a buy. Show weekends or evenings only. Randolph Kalla, Rt. 1, Box 71, Rainier, Wash.

HOG TURKEY OR POULTRY RANCH A BIG BARGAIN BY OWNER

One of the best improved 5-acre poultry or hog ranches in state. Buildings for 3500 hens. Incubators, 8 batteries and picking house. Would also be suitable for turkey farm, or hog farm to care for 100 brood sows and their pigs up to 8 or 10 weeks old. If interested please write for information. C. W. Williamson, Kent, Wash. Box 2.

305-ACRE farm, 180 farm land, 45 acres grass. Most of crops in, fully equipped, 38 sheep, 2 horses. \$39,000. Eldon Fendall, Willamina, Oregon.

40-ACRE orchard, apples, pears, cherries. Creek, springs & level land. Cash or terms. Priced for quick sale. V. J. Phillips, Rt. 2, Box 160A, Hood River, Oregon.

WHIDBEY ISLAND

By owner, chicken ranch, all equipment, tractor, located on beautiful record producing Ebey's Prairie. Berries, fruit; 7-room modern house; 9 acres supreme soil; barn, 2 large brooder houses, 3 laying houses, granary, double garage, woodshed; soft water well; 750-ft. frontage. Cash or terms. Write Box 164, Rt. 1, Camanche, Wash.

DAIRYMEN look at this one. 200 acres, about 50 under plow, about 25 in alfalfa. Modern home, excellent heat. Grade A dairy barn and milking house. Two-unit milking machine, water running and under pressure. Milk school, and mail bus by door. 10 head of high-grade Jersey cows, 3 heifers to freshen this fall, 1 calf, 15 hens, 2 geese, hens, 1 pure-bred bull. Sprinkler system cost \$1400 good as new. 1 team horses, 1 set harness, 1 wagon, rubber tire, 1 rack, 1 mower, 1 rake, spring-tooth drag, harrow, plow, buildings first class. Four miles Chevelah. Possession at once. Pay roll now price is \$15,000, \$10,000 to hold. C. A. Johnson, Realtor, Chevelah, Wash.

NEAR MEDFORD—10-rm. mod. hme., excel. cond., 2 1/2 acres suitable for garden or subdivision. Ogilvie, 137 S. 7th, Box 731, Central Point, Ore.

IN PIYALUP Valley, 16 1/2 acres, \$12,950. 6 acres in raspberries, 8 acres ready for planting; sub-irrigated, concrete barn and chicken house, 7-room house, near school, bus, post office. Phone Puyallup 5-2592. McMinnville, Washington. Box 32.

NEAR COAST—160 ac. 13 ac. cult., on gravel rd., 1 mi. from hwy., 21 mi. from Waldport on Alsea hwy. (Id. 5-rm., newly furnished house, run, water, ice, attic, gr. barn, other bldgs. Stock and mach. 1/2 mi. river thru place, sch. bus, milk rty., elect. line being installed. Gd. hunting and fishing. Gd. year-round springs, some timber, family orchard and berries. \$10,500, terms. Owner on place. Mr. George Nelson, Alsea, Oregon.

NEAR MEDFORD—10-rm. mod. hme., excel. cond., 2 1/2 acres suitable for garden or subdivision. Ogilvie, 137 S. 7th, Box 731, Central Point, Ore.

BUSINESS & INVEST. OPPOR.

CLEANING plant, fully equipped, solvent plant, established 25 years; doing good business at money-making price; excellent opportunity for a couple or two experienced men to build up a splendid business; 25,000 to draw from; we are tired; home business, rent building and home. Business Cleaners, Dunsmuir, Calif.

FOR SALE—Crystal cafe, Pomeroy. In the only town in the county. In the county seat, Garfield County. Doing fine business. \$12,000. Illinois reason for selling. Interview Ted Webb, Phone 35, Pomeroy, Wash.

MACHINERY & SUPPLIES

LOGGING MACHINERY FDE Clatrac Isaacson Cable Dozer and Carco Winch. New Dec. 1946. Used very little. \$5000.00 of new price. 11x13 Willamette donkey 150 h. p. Cummins Diesel complete with lines. New sled. E. A. Lewellen, Castle Rock, Wash. Ph. 3791 Evenings after 7.

LIVESTOCK VALLEY SPRINGS BRAHMAN'S are better bred Brahman's. Few choice bred bulls, up to four years old, gentle enough to work good, few halter broke, will have limited number of choice reg. heifers for sale.

R. LEE POLLARD Valley Springs, Calif. Box 43, Phone 14

RABBITS & SKINS

WANT LIVE RABBITS 4 lbs. up, rabbit skins, hides, wool, mohair, carcass, live poultry. Baby & Company, 935 S. W. Front, Portland, Oregon.

ALCOHOLISM

CAN BE SUCCESSFULLY TREATED

● We furnish facilities for care of patients under treatment by medical physician.

● Literature on request

Phone

EAst 9529

MAR-DOR HOSPITAL, INC.

14 N. E. 20TH

BUSINESS & INVEST. OPPOR.

FOR SALE—Modern restaurant in the capital city of the Columbia Basin project, on the main street. Large adjoining corner lot. Living quarters and garage back of restaurant. Write 50