



Ice Cream, Cake Make Acceptable Desserts For Nearly Every Meal

THERE'S NOTHING FANCY about ice cream and cake, but they make a wonderful dessert for any occasion, plain or fancy. Then, too, there are few who can resist turning down a heaping bowl of creamy ice cream and a slice of feather-like cake, so you have no worry about pleasing family or guests.

For youngsters who have difficulty getting their daily quota of milk and other dairy foods, ice cream is the perfect answer. The same is true, too, of adults who cannot drink their pint of milk.

Ice cream is a highly nutritious dairy food that furnishes energy as well as minerals such as calcium and phosphorus. It also gives significant amounts of vitamins A and B2 and quality protein, all of which are needed for proper growth, strong muscles, bones and teeth.

You don't need to do anything special to make a festive dessert out of ice cream. Simply pile it in a glass bowl for easy serving



A large serving bowl of ice cream surrounded with luscious fudge cup cakes topped with swirls of chocolate frosting and pecan halves make a gala dessert for a festive occasion. Pass this with assorted sauces or jams and jellies for sundaes.

and to get the full benefit of its luscious appearance. Around the bowl you may have bought or homemade cupcakes or several bowls of assorted jellies, jams or sauces for make-your-own sundaes.

HERE ARE SOME delicious cupcakes which you may want to serve:

Fudge Cupcakes (Makes 12 cakes)

2 squares unsweetened chocolate
1/4 cup sugar
2 tablespoons milk
1 teaspoon vanilla
1/4 cup butter
1/2 cup sugar
1 egg
1 1/2 cups sifted cake flour
1 1/2 teaspoon baking powder
1/4 teaspoon baking soda
1/4 teaspoon salt

Melt chocolate over hot water, add one-fourth cup sugar and two tablespoons milk; stir until very smooth. Add vanilla and remove from heat.

Work butter and sugar to a soft cream, add egg and beat hard until blended. Stir in milk, then the flour mixed and sifted with the other dry ingredients. When mixed, stir in chocolate mixture and pour into buttered cupcake pans. Bake in a moderate (375°) oven for about 25 minutes. Cool and cover tops with:

Apple-Raisin Sauce (For Ice Cream)

2 cups sweetened, strained apple sauce
1/2 teaspoon cinnamon
1/2 cup seedless raisins
1 tablespoon orange marmalade

Mix apple sauce with all other ingredients and heat slowly to the boiling point. Simmer 10 minutes over a slow fire or until raisins are plump. Cool before serving.

Coffee Cream Sauce (For Ice Cream)

1 cup light brown sugar
1 tablespoon instant powdered coffee

LYNN SAYS: Make the Most Of Your Meats

When you roast beef or lamb, cut small slits in the fat of the meat and insert in these small slits slivers of garlic. This adds a lot of flavor to the meat that many like. Remove garlic before serving.

Honey mixed with orange juice and grated orange rind may be poured over the scored fat of ham. Sautéed mushrooms may be added to beef gravy to provide interesting flavor.

LYNN CHAMBER'S MENU

Baked Fish Fillets, Tomato Sauce
Buttered Asparagus
Baked Potatoes
Cole Slaw-Pineapple Salad
*Fudge Cupcakes with Ice Cream
Beverage
*Recipe Given

1/4 teaspoon salt
1 teaspoon cornstarch
2 tablespoons butter
1/2 cup coffee cream
Mix sugar with cornstarch, coffee and salt. Add butter and cream and stir over a slow fire until boiling. Boil for one minute, remove from fire and cool slightly. Add one teaspoon vanilla. Serve cold.

Another delicious way to serve ice cream and cake is to arrange two slices of spice cake for a serving. Place a portion of ice cream in the center and top with fruit sauce, an apple-raisin sauce, as given below, or crushed pineapple, pineapple and ginger or mince-meat sauce.

Chocolate Frosting

2 squares unsweetened chocolate, melted
2 tablespoons hot milk
1 1/2 cups sifted confectioners' sugar (about)
1 teaspoon vanilla
pecan nut meats

Melt chocolate over hot water, add hot milk, sugar and vanilla to make a thick frosting. Beat vigorously to make it creamy and more sugar, if necessary, to make frosting spread easily, without running.

Coffee flavor goes beautifully with vanilla ice cream. If you like a sauce, here's just the one:

HERE ARE SOME excellent uses for leftover cake that are served with ice cream. A bit of dressing makes them glamorous desserts.

Quick Alaskas (Serves 6)

6 leftover cup cakes
3 egg whites
6 tablespoons granulated sugar
1 teaspoon lemon juice
1 quart vanilla ice cream

Cut the centers from the cakes, leaving a wide center to hold the ice cream. Save the cake centers for another dessert. Beat the egg whites until stiff enough to hold peaks. Fold in sugar, one table-



Leftover cake is easily glamorized if served in this way: place two thin slices of the cake on a plate, center with ice cream and top with a spicy fruit sauce like apple-raisin, given in this column.

spoon at a time, then lemon juice. Just before serving, place the cakes on a bread board, fill centers with ice cream and cover the ice cream and all the outside of the cake with a thick layer of meringue. Bake in a moderate (375°) oven for five minutes and serve immediately.

Ice Cream Trifle

3 cups crumbled spice, pound or sponge cake
1 cup orange juice
1 cup chilled pineapple juice
Ice cream
1/2 cup chopped nuts

Place cake crumbs in a large serving bowl and pour mixed fruit juices over them. Let stand for at least one-half hour. Fill bowl with small scoops of ice cream, then sprinkle with chopped nuts.

Leftover beef, like lamb may be curried and served on hot, fluffy rice.

If hamburgers tend to look skimpy, place a thick slice of cheese on them before broiling. Add drained horseradish to medium white sauce if you want to a boiled cut of the meat.

Mince scallions and parsley may bring out delicious beef flavor in be added to melted butter to bring out the full flavor of chicken, steaks or chops, which have been broiled.



Ways to Better Government

CONGRESS has received all of the report of the commission named to study the administrative departments of the federal government, and make recommendations for the effective reorganization of such departments.

The commission was, in every sense, strictly nonpartisan. It consisted of an equal number of Democrats and Republicans, both in and out of the government. It was named by President Truman, the speaker of the house of representatives, and the president of the senate. Each named an equal number of both the major political parties. The then speaker, Joe Martin, named former President Herbert Hoover as a member of the commission, and, at the suggestion of President Truman, Mr. Hoover was selected as chairman of the group.

Partisan politics had no place or part in the selection of the commission members, nor in its months of deliberation, study of conditions, nor its final recommendations. The one—and only—purpose of all members was to untangle the badly-tangled departments, bureaus, administrations, and what have you, that had been a growth of many years. In fewer words, the purpose was to provide a better administration of government, and reduce the cost.

The recommendations the commission has submitted to congress would, if enacted into law, accomplish, in a large way, all of the desired ends. Those recommendations were made without any consideration of their effect on any political party, or any group, or groups, of government employees. The only consideration was that of simplifying the government operations in the interests of all the American people and reducing the cost.

We send to Washington, to represent us in both the house and senate, some whose attitude is: "Party first, country second." Such representatives and senators, regardless of party affiliation, look askance of anything that might affect partisan patronage; that would reduce the number of government employees. The government employees, whose jobs might be affected, are persistent in their efforts to prevent legislation of which they are selfishly fearful.

The great majority of the American people want the recommendations of that commission enacted into law; they want the simplified government for which the recommendations provide, the elimination of needless red tape, and the over-lapping authority of many departments and bureaus; they want the savings—some three billion dollars each year—to be effected.

How badly do the American voters want these results? How great is their individual interest in their government? Do they want such things badly enough to cause them to express their wishes to the two senators from their state and to the congressman from their district? Or is the interest of each great enough?

If the result is not worth that small effort on the part of each American voter, the government is hardly worth saving as far as they are concerned. The partisan politician, seeing a threat to some of the patronage he has enjoyed, or may enjoy in the future; the millions of federal government employees, facing a possible loss of his or her job, all will be actively opposing the enactment into law of the recommendations of the commission.

The sentimentalists of this and other countries are agitated over Holland's treatment of the so-called native government in the East Indies. The fact is it is not a government "of, for and by the people." It is the attempted rule of a self-appointed dictator whose outside support now comes from the Communists and did come from the war party in Japan. The people of Indonesia were far better off under Holland's rule and would be better off if that rule could continue. The Indonesians are in no way prepared for self-government. It took better than 40 years to prepare the Filipinos for such a task.

There are 15,830,889 people on the federal government's "hand out" lists and more are trying to get on. All are sure they should have larger benefactions than they have been receiving. Those nearly 16 million people vote and they do not "bite the hand that feeds them."

Punishment for the traitor is death. We do not so much as pronounce a sentence of banishment even when they confess.

Feminine Two-Piecer for Women Brother-Sister Set Fun to Sew



Warm Weather Frock
A HANDSOME two-piece frock for the larger sized figure that's perfect for warm weather ahead. The comfortable yoke and sleeves are in contrast, front closing is finished in soft scallops.

Pattern No. 8421 is a new-rite perforated pattern in sizes 34, 36, 38, 40, 42, 44, 46 and 48. Size 36, 4 1/2 yards of 39-inch; 3/4 yard contrast.

For Little Ones
FOR the tiniest family members—a darling puffed sleeve dress with slip and panties; and for a boy or girl, a simply made romper that requires less than a yard of fabric.

Pattern No. 8416 is a new-rite perforated pattern in sizes 6 months, 1, 2, 3 and 4 years. Size 1, dress, 1 1/2 yards of 36 or 39-inch; slip and panties, 1 1/4 yards; romper, 1/2 yard.

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Plenty of Room For a Subdivision

Conceivably, a man could build a house and have his bedroom in New Mexico, his bathroom in Arizona, his kitchen in Colorado, and his living room in Utah.

The only drawback to such a plan is the fact that this would-be site—the common meeting point of Utah, Colorado, Arizona, and New Mexico—is quite inaccessible to the ordinary traveler since it is deep in Indian territory, miles from human inhabitants, and used for winter grazing land.

Surveyed by a surveyor named E. N. Darling in 1863, the four-state boundary is at the intersection of the 37th parallel of north latitude and the 109th meridian of west longitude.

NEWS that makes folks sleep all night!

Thousands now sleep undisturbed because of the news that their being awakened at night might be from bladder irritation—not the kidneys. Let's hope so! That's a condition Foley Pills usually allay within 24 hours. Since bladder irritation is so prevalent and Foley Pills so potent Foley Pills must benefit you within 24 hours or DOUBLE YOUR MONEY BACK. Make 24-hour test. Get Foley Pills from druggist. Full satisfaction or DOUBLE YOUR MONEY BACK.

FIRST AID to the AILING HOUSE

by Roger C. Whitman

Question: My new plastic tablecloth has made the ends of the breakfast table sticky. How can this be removed from a varnished birch finish and not ruin the finish?

Answer: Try wiping the sticky places very lightly with benzine, being careful not to press hard on the finish. Be careful of fire, and close the door leading to the kitchen. If the table is in the kitchen, do not work there. If the benzine dulls the finish, apply a thin coat of paste wax, let it dry and then polish with a soft cloth.

Question: Can anything be done to stop the radio interference caused by our oil furnace? Some say to ground the furnace. Our furnace is on the main floor as we have no basement.

Answer: Radio interference from oil burners, motors and other electrical equipment can be eliminated, but this calls for the service of an expert electrician or radio serviceman. The manufacturer of your oil burner might be able to take care of the nuisance.



FOR WOMEN (WHO BAKE AT HOME) ONLY
GOOD NEWS GETS AROUND



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