

HOUSEHOLD MEMOS... by Lynn Chambers

Cook in Cool Morning To Avoid Sweltering Over Stove at Dinner

ARE YOU the homemaker who's sweltering over a hot stove preparing the evening meal, somewhat on the grumpy side, short with the family and generally discontented? Or are you the cool and neat homemaker who simply opens her refrigerator door and swishes food on the table with neat flourishes?

If you aren't the latter, then do something about it now. Plan several menus for each week that have most of the food prepared early in the morning so they may be served chilled for dinner.

Some women always will object to this plan because, they say, the food is so light that husbands are not fully satisfied. The dishes I'm giving you today are on the hearty side even though they are served cold.

It's a good idea to serve some hot food with a cool meal, but this food



Egg and cheese loaf is an ideal supper dish because it has a high protein content. It can be made on the cool morning of a hot day and served for supper because of its welcome coolness.

may take the form of things that really cook within a short time.

Good hot foods to serve are vegetables, soups, biscuits or fruit or berry cobblers or other puddings.

IF YOU LIKE good solid meat on the table, as most men do, it can be served cold with just as much relish as a sizzling roast. Why not try one of these?

Swiss Salad (Serves 4)

- 2 cups cubed cold lamb or pork roast
- 1 cup cooked peas
- 1/2 cup walnut meats, broken
- 2 hard-cooked eggs
- 6 stuffed olives
- Lettuce
- French dressing
- Mayonnaise
- Paprika

Marinate meat and peas in French dressing and chill. Add nuts and arrange on lettuce leaves.

Sprinkle with paprika and dot with mayonnaise. Cut eggs into slices and remove yolks. Arrange the white rings around the salad. Cut olives into rings and place one inside each egg white. Press egg yolks through a sieve and sprinkle over salad.

Beef-Cheese Plate. (Serves 6)

- 6 slices cold roast beef or corned beef
- 6 slices Swiss cheese
- 6 deviled eggs
- 6 tomatoes
- 1 cup cole slaw
- Green and ripe olives
- Potato chips

Place tomatoes stuffed with cole slaw in center of platter. Bake with green and ripe olives. Alternate slices of cold meat with cheese and place around platter. Garnish with potato chips.

Egg and Cheese Salad Loaf. (Serves 6 to 8)

- 2 tablespoons gelatin
- 1/2 cup cold water
- 1 1/2 cups real mayonnaise
- 8 hard-cooked eggs
- 4 cups grated Cheddar cheese
- 1 cup chopped celery
- 1 1/2 teaspoons salt
- 4 tablespoons chopped green pepper
- 2 tablespoons chopped pimiento
- 2 tablespoons lemon juice
- Radish roses
- Carrot curls

LYNN SAYS:

Unusual Food Tricks

Tempt Appetites

When you make a chocolate cake, add a sprinkling of spices to the batter and then frost the cake with lemon-flavored powdered sugar icing. This gives an old favorite good variety.

If you're making a molded chicken salad, line the mold first with overlapping slices of cooked tongue if you want a pretty-as-a-picture platter.

LYNN CHAMBERS' MENU

- Chilled Tomato Juice
- Salmon Supper Salad
- Toasted Rolls
- Cherry Cobbler
- Beverage

*Recipe Given

Soften gelatin in cold water and dissolve over hot water. Cool and add real mayonnaise; mix well. Dice hard-cooked eggs, reserving a few slices for garnish. Add chopped eggs with cheese, celery, salt, green pepper, pimiento and lemon juice to mayonnaise mixture; mix well. Pack firmly into a loaf pan which has been rinsed with cold water. Chill until firm or chill overnight. Unmold on serving plate and garnish with radish roses, carrot curls and watercress. Decorate top with green pepper rings and egg slices.

*Salmon Supper Salad. (Serves 6)

- 1 head iceberg lettuce
- 3 green onions, diced
- 2 cups canned peas
- 2 tomatoes, cut in wedges
- 1 tall can salmon
- 3 hard-cooked eggs, sliced
- 1/2 cup French dressing
- 1/4 cup real mayonnaise
- 3 tablespoons chopped green pepper
- 3 tablespoons chopped pimiento
- 1 clove garlic

Cut lettuce into cubes and place in salad bowl or platter. Sprinkle with diced onion and canned peas. Arrange tomato sections on lettuce. Place large pieces of salmon in center and surround with slices of egg. Blend French dressing and real mayonnaise, add green pepper, pimiento and garlic. Just before serving, remove garlic. Serve with salad.

COOK THE MEAT in this recipe on a cool day, then make an aspic for it and you'll have an excellent dinner, fit for company:

Pot Roast in Aspic. (Serves 12)

- 4 to 5 pound rump roast of beef
- 1 large chopped onion
- 1 clove garlic, grated
- 2 tablespoons butter
- Salt, pepper and paprika
- 1 1/2 pints boiling water
- 2 bay leaves
- 1/2 cup tomato pulp
- 1 tablespoon flour

Brown onion and garlic in butter; add well seasoned meat and sear quickly on all sides. Add boiling water and bay leaves. Cover and simmer for two and one-half hours.



If you're one of those people who likes salmon in its natural state, serve it in nice chunks with these delightful accompaniments such as lettuce wedges, sliced eggs, canned peas and tomatoes. This makes a pretty and welcome cool platter for Sunday night supper or lunch.

Add tomato and more water if necessary; continue cooking meat until tender. Thicken gravy with flour mixed with a tablespoon of cold water.

Aspic.

- 2 tablespoons gelatin
- 1/2 cup cold water
- 2 beef cubes
- 1 cup boiling water
- 3 cups strained pot roast gravy

Soak gelatin in cold water; dissolve with the beef cubes in boiling water and add to pot roast gravy. Fill a mold with a layer of aspic and place in refrigerator to congeal. Put the cooked meat in the center and place small cooked carrots and onions around it. Cover with remaining gelatin mixture. Place in refrigerator to set.

Released by WNU Features.

Plums and pears make a good combination for a fruit cobbler or a molded salad. You also can add cherries if you like.

Did you ever try rice with mushrooms sauteed in butter? Try molding the mixture in a ring and serving green peas in the center if you want a dish that has a flavor thrill in it.

Ever try coconut custard pudding with thick, rich caramel sauce? It's just the cooling dessert you need with a rich meal.

Women's World

Fresh Slipcovers Will Hide Poor Points of Furniture

By Ertta Haley

NO, YOU don't have to go out to buy new furniture when your things begin to look weary. Slipcovers will do amazing things to cover the poor points or just give them a fresh, new look.

If you want to change the appearance of a room and can't maneuver the furniture just the way you would like, the answer lies in slipcovering it.

If you can't afford to redecorate the room, you can add gay new covers to the furniture and no one will ever know what you've done, but they probably will think you've gone out and bought new furniture.

If you are living in a one-room apartment and want to make it look less like a bedroom and more like a living room, the trick is to make it look like a studio simply by the use of clever slipcovering.

If you really want to change the room into something new and different, be bold in your changes. If you have flowered, flouncy furniture, tailor it, using good and true solid colors as well as nubby, textured fabrics that add real smartness and richness even to the simplest, oldest furniture.

Wall colorings do not necessarily need to be changed. You'll find that



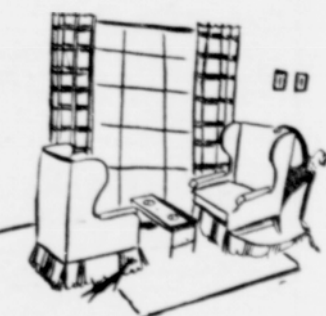
Box cushions are smart...

choosing well for the slipcovers actually will bring out different colors in the walls for textures and colors in slipcovers have a trick of doing something to the walls themselves.

Select Covers For Their Use

If you have growing children and pets abounding in the home, stoutly woven duck or sturdy cotton striped materials are best. They seem to shed the dirt before it touches them, they stand lots of wear and tear, and always will look neat and casual. Best of all, they are easy to keep clean.

An old sofa bought years ago can be made to look almost modern. It's best to choose some of the textured fabrics which are so popular right now. If the sofa is a little bit too large to look attractive, select a shade to match exactly the wall coloring and you'll find the sofa



Just as are zippered flouncies.

seems to sink into the room better and it consequently will look smaller.

Satin striped fabrics are best choice if you keep a very proper home which is not disturbed except by guests. With these fabrics, a deep hemline fringe adds richness. Vertical stripes add height to the furniture while horizontal stripes will make it appear wider.

Be Smart!



Jackets are very young and casual. They furnish vast wearing pleasure for the small outlay which they represent, not to mention their fashion value. At left is sketched a denim jacket whose smart shirt lines are all the more vivid for color contrast bands. At the right is a new idea in country jackets of lightweight wools such as houndstooth checks and gien plaids, always in neutral, muted colors that have that wear-with-everything versatility.

Plastic Pretties



Redecorating is not only fun but also economical when the results of your efforts stay fresh and new looking for months on end. Both bedspreads and curtains are made of Vinylite plastics in a lovely shade of peach, decorated with an all-over hand-painted design. These articles may be kept spotlessly clean merely by wiping with a damp cloth.

For bedrooms, choose candy striped fabrics or flowered types. If the room is small, a muted stripe will be most in keeping, but large rooms with few pieces of furniture need large floral prints to give them the necessary filling.

For rooms that are just in between you can, of course, combine a floral covering with a plain seat, or a solid with a striped material. This same type of thing can be followed through in making drapes.

Change Furniture Style Through Coverings

If you are living in a one-room apartment and do not have the desired bedroom, you can use a mattress on box springs for a bed. To make the room look less like a bedroom, however, the bed should have a slipcover rather than a spread.

For the bed, select a nubby or textured fabric in a color that goes well with the room. Inverted pleats can be used on all corners, and a tailored look should be the goal. Make the cushions very thick to reduce the size of the bed and thus achieve a sofa look.

If space is at a premium, upholstered boxes can be covered in the same fabrics as the bed itself and used for storing pillows, blankets and other goods.

To give a room a really smooth look, slipcovers must be carefully measured and made. Zippers are popular now that they are again available because they make the slipcovers easy to put on and the final result will be smoothness.

The original shapes of chairs of which you have tired can be changed with clever slipcovering. If, for example, you have a wing chair, cover it with a gay plaid and a solid toned seat to match one of the darker colors in the plaid. This will keep the chair from showing dirt.

For bedrooms and sewing rooms, wing chairs can be covered with floral prints or candy stripes. If you have household pets, it's wise to make at least two sets of flouncies that zipper on and off so that the flounce always will be neat and clean.

Dining Room Chairs Can Be Brightened

Few of us can afford a new dining room set as often as we would like, but slipcovering the chairs will save them for many a year.

The seat can be slipcovered, a flounce added to hide the ungainly legs at least partly. The back also can be slipcovered with a piece that simply slips over it.

If you like, the chair and back cover can be made in one and tied at the back. The cover can be tailored or frilly, the latter on the edge, if you like. Add draperies either to match the chair covers or to contrast with them, and your dining room will sport a new look.

Cotton quilting can also be used to hide the frame of the chair, if you really want to disguise it. This can be cut from a paper or purchased pattern; then pinned, fitted to the chair and stitched. The slipcover then is made to fit over the padding.

Fabric chosen for dining room chairs should be sturdy because this furniture receives a lot of use. Materials also should be washable, so they can be freshened often without going to the expense of cleaning. If you choose something bright and gay, but still in good taste, the joy of new slipcovers will last a long time.

The main thing about the covers is making them fit. Be exacting about measurements and fitting, and use elastic bands or self fabric tie-backs, not only under the seat but also at the back of the chairs so they fit smoothly and wrinkle less readily.

COVER-UP APRON IS EASY SEWING SMART, WELL STYLED YOKE DRESS



1751 14-44

Bib Apron

A pretty, practical bib apron that is so simple to make,—just five pattern pieces. It stays in place nicely with the buttoned back. Use colorful scraps to fashion the flower appliques. A nice shower gift, or bazaar item.

Pattern No. 1751 comes in sizes 14, 16, 18, 20; 40, 42 and 44. Size 16, 2 1/2 yards of 32 or 35-inch.

Send today for your copy of the Fall and Winter FASHION—52 pages of smart, easy to make styles, special features, fabric news—free pattern printed inside the book. 25 cents.



1682 12-20

Yoked Frock

This round yoked frock is especially young and smart. Two buttons close each shoulder, sleeves can be brief cap or three quarter length. Try a bold plaid fabric or soft solid tone.

Pattern No. 1682 is for sizes 12, 14, 16, 18 and 20. Size 14, cap sleeve, 3 1/4 yards of 35 or 39-inch.

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AROUND THE HOUSE

Mineral oil makes a good lubricant for egg beaters and will not ruin food if it drops into it.

When the corner edges of a linoleum floor covering comes loose, cement it down and keep a heavy weight on it for 15 or 20 hours.

Dropping a few dried prunes into the jar in which you keep brown sugar is a good idea. The prunes keep the sugar from turning hard.

Baking soda will clean the glass door on the oven when it starts to get black.

Try making dish towels out of worn-out bedsheets. Run an embroidered hem around the edges of the pieces of sheet.

Put a few drops of oil of wintergreen in the back corner of your refrigerator to absorb food odors.

Scientific tests have shown that four times a year is an adequate number of times to turn an inner-spring mattress.

Onions are probably the most dangerous vegetable to slice thin because they have a way of slipping out of the knife's way and leaving your fingers there to take the rap. Avoid this by setting the onion on a flat metal grater while you slice it. The grater won't allow the onion to slip out from under at the crucial moment.

Seek Big Noise To Scare Fish

The United States fish and wildlife service wants to find a noise which will scare young salmon away from the huge spillways and turbines that have been built in the Columbia river.

For years salmon have used the river as they come from the sea to seek fresh water for egg-laying. The old-timers among salmon have sense enough to use the fish ladders and elevators. But young fish, born above the dam, try to come down the hard way, through spillways and turbines. Thousands are killed. If a noise can be discovered which will scare the young salmon in the right direction, a lot of fish lives will be saved.

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