

Just a Royal Moth
With wingspread of five inches, the imperial moth is the largest of the royal moths. It feeds on trees such as hickory and butternut.

Tannin From Almond Hulls
Tannin extract for tanning leather may be obtained from almond hulls, according to a report from University of California.

Territorial Hundred
Hundred was a term applied to ancient territorial unit in England as a settlement for 100 warriors.

Yake Mother's Name
In Padany island, Sumatra, the children take their mother's name. All property is held by the mother and inherited by daughter. The father has no political, social, property or civil rights. The Pandi Katches' males of Bengal are even worse off. Out there if papa gets into debt, the wife has the right to sell him into slavery to pay off the bills.

Home Work Shop
More than 850,000 U. S. homes now have their own workshops equipped with up-to-date power machine tools, according to a report from SKF. With 80 per cent of the nation's new home buyers specifying carpenter shops in original plans, output of small motors for portable tools is running better than one million per month.

Let the Ads Guide You When Shopping

WNU-13 15-48

Maternity Fashion



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Variety of Salads Offers Inspiration For Meal Planning

How much can a salad do for a meal? Well, you all know it adds precious vitamins and minerals to the meal, but have you thought about how much flavor and true texture contrast it brings, too?

There are thousands of salads from which to draw for true meal inspiration. There's a crisp, green tossed type for the really heavy meal; there's a cheese and vegetable combination for the meal to which you want to add more protein, and then there's a tossed fruit or molded fruit when you want to



Flavor artistry like this can be practiced by any cook to add new meal interest. Subtly flavored, delicately pink tinted shrimp and mellow green avocados are as happy a blending of flavors and colors as ever graced a salad plate.

add toothsome interest to the meal or have the salad double for dessert. Don't neglect the plain lettuce salads when you lack inspiration for an idea. You can vary the lettuce with several different dressings made beforehand or tossed quickly together the last minute.

*Vegetable Salad Bowl (Serves 6)

- 2 small tomatoes
- 1/2 Spanish onion
- 1/2 cucumber scored
- 1/2 green pepper
- 1/2 bunch radishes
- 1 stalk endive
- 1/2 small head of lettuce
- 1/2 small head of escarole
- 1/2 small head of chicory

French or Roquefort dressing

Peel and chill tomatoes. Slice onion, cucumber, green pepper and tomatoes. Slice radishes half way through. Arrange on clean, crisp, chilled salad greens and place dressing in a small bowl in the center or toss through the salad just before serving.

Tomato Cottage Cheese Mold (Serves 8)

- 2 tablespoons plain gelatin
- 1/4 cup cold water
- 4 cups tomato juice
- 1 onion
- 1/2 cup celery
- 4 cloves
- 6 peppercorns
- 1 teaspoon sugar
- 1/2 teaspoon salt
- 1/4 cup lemon juice
- 1 pint cottage cheese

Soak gelatin in cold water for five minutes. Cook tomato juice with onion, celery, cloves and peppercorns for 10 minutes. Strain and add to soaked gelatin, stirring until dissolved. Add sugar, salt and lemon juice. Pour into large mold or several small molds. Serve with seasoned mayonnaise.

Health Salad (Serves 5)

- 1 cup raw, sliced cauliflower
 - 1 cup raw, grated carrots
 - 2 cups shredded lettuce
 - 1 bunch sliced radishes
 - 1/3 cup nuts, if desired
- Mayonnaise or boiled dressing
- Combine vegetables and lettuce. Chill. Add nuts and toss in dressing just before serving.

Do you like main dish salads for lunch? You'll enjoy these interesting types:

Tongue Marcaroni Salad (Serves 4)

- 1 small can tongue
- 2 cups chilled cooked macaroni
- 1/4 cup sliced, stuffed olives
- 1/2 cup diced celery
- 2 tablespoons diced onion
- 1/2 teaspoon salt
- Mayonnaise
- Salad greens

LYNN SAYS:

Interesting Facts
Make Food Pleasing

Are you crying again? Hold those onions under the cold water faucet while you peel them. Water keeps onion odor from penetrating the kitchen air, so save those tears for something worth while.

A pretty beginning for a Sunday breakfast is grape juice mixed with grapefruit sections. Add to this pancakes with nicely browned sausages.

LYNN CHAMBERS' MENU

- Baked Beans with Wieners
- *Vegetable Salad Bowl
- Hard Rolls
- Fresh or Stewed Fruit
- Cookies Beverage
- *Recipe given

Cube the tongue. Add all other ingredients and moisten with mayonnaise. Serve in a bowl lined with salad greens.

Asparagus Salad (Serves 6)

- 1 No. 2 can asparagus, drained
- Salad greens
- 6 slices boiled ham or salami
- 2 finely chopped hard-cooked eggs
- French dressing

Arrange chilled asparagus tips on salad greens. Sprinkle with eggs and pour dressing over all. Make cornucopias out of meat and place around the salad.

Fruit Salad Bowl (Serves 8)

- 2 heads romaine
- 1 pineapple, pared, cored and sliced
- 2 grapefruit, peeled and sectioned
- 1 red apple, sliced
- 1/2 pound grapes, seeded
- 1 orange peeled and sectioned
- Whipped cream mayonnaise

Line salad bowl with romaine and lettuce. Divide bowl into four divisions with half slices of pineapple. Arrange alternate sections of grapefruit and apple slices in one division, and place remaining fruits in separate divisions. Fill center with mayonnaise. Whipped cream mayonnaise is made by adding half whipped cream to half mayonnaise.

Molded Fruit Salad (Serves 6)

- 1 No. 2 can crushed pineapple
- 1 package fruit gelatin
- 1/8 teaspoon salt
- 6 ounces cream cheese
- 1 cup heavy cream
- 3/4 cup chopped nuts
- 1 cup seedless grapes or white cherries
- 3/4 cup diced marshmallows
- 1/2 cup diced celery
- 2 pimientos, diced

Drain pineapple. Measure juice and add enough water to make one cup. Heat juice to boiling and add gelatin and salt. Stir until dissolved. Cool, and when it begins to thicken, add cheese which has been softened and whipped with an eggbeater. Whip cream until stiff and fold into gelatin with remaining ingredients. Pour into individual or large molds and let chill until firm. Unmold on crisp lettuce.

Diced apricots or peaches may be used in place of pineapple.

Chef's Dressing (For Greens)

- Mix together 1 cup salad oil with 1/4 cup vinegar, 1 tablespoon lemon juice, 1 teaspoon salt, 1/2 teaspoon black pepper, 1/2 teaspoon paprika, 1/4 teaspoon sugar and 1 tablespoon grated onion. To make French



Tossed green salads are true harbingers of spring because they bring true colors of the gardens as well as freshness and crispness to the meal. Use tossed salads when the meal is heavy and when you require sharpness and crispness for contrast.

dressing, add 2 tablespoons of catsup to above. To make Roquefort dressing, add 1/4 cup crumbled blue or Roquefort cheese to above, made with or without catsup.

In serving salads, remember that they will be more tasty if all the ingredients are thoroughly chilled. It's also a good idea to chill the plates or bowls in which salads are served. Lettuce should be washed and dried carefully to prevent bruising the leaves. Shake the lettuce in a sugar bag for perfect drying.

Released by WNU Features

An easy and satisfying lunch on days you've awakened too late for breakfast consists of broiled bacon and fried eggs served in toasted buttered buns.

Keep your dried fruits in the refrigerator so they'll hold their original bright color, flavor and vitamin C. This also keeps them safe from insect damage.

Don't try to put fresh pineapple in gelatin and expect the latter to set. Pineapple contains an enzyme which peptizes the gelatin. Cook the fruit first.



Bigger Fowl Contest Extended for Year Poultry Raisers Seek Heavier Farm Flocks

Bigger and better drumsticks for "Junior" are sought in the national Chicken-of-Tomorrow contest, which will be extended through 1948. The decision to continue the event was made in response to demand from poultry raisers from coast-to-coast.

Unlike popular reducing fads among the hen's human counterparts, this barnyard project is designed to add weight to the farm flocks and to give American chicken



A day-old chick perches on a model of the Chicken-of-Tomorrow, the objective in a nationwide contest extended through 1948.

eaters more for their money. Poultrymen from all parts of the country are joining in the hunt for a breeding formula which will add at least 10 per cent more meat to the present-day chicken. A higher percentage of meat on the bone structure and even meatier wings are sought, thus assuring "Junior" that no longer will only a skimpy appendage be left as his lot when the dinner platter arrives at his lowly place.

The industry-wide educational breeding contest originally was set up on a three-year basis, with two years of state and regional contests culminating in a grand national championship this spring in Delaware. Forty top breeders throughout the nation will send eggs to the finals, where they will be hatched and raised under identical conditions under supervision of the department of agriculture. Winners will receive \$7,000 in prizes awarded by A & P stores, sponsors of the contest.

Expensive Alarm



Why keep a rooster when an alarm clock is cheaper?

That question is posed by Boyd A. Ivory, Wyoming agricultural extension service poultry specialist. A rooster, Ivory points out, eats about \$5 worth of feed a year at current prices. All you get in return, he insists, is a lot of crowing—accompanied by NO eggs!

A rooster is worthless in a poultry flock unless he is being used for breeding purposes in supplying fertile eggs for hatcheries or home incubation.

Hens won't lay any more eggs than they are laying just because a rooster is on the premises, so why not sell that "crowing-so-and-so"?

Trade him for a \$1.93 alarm clock that tells the time of day for the entire 24 hours and you'll save about \$3 in feed costs on the swap!

Quality Chicks Needed To Offset Feed Costs

One method through which poultrymen can combat the present high cost of feed is to purchase good quality chicks. Feed costs, records compiled by the extension service indicate, now amount to 60 per cent or more of the total costs of producing eggs and chicken meat in contrast to 50 per cent in normal times.

Tree 'Butchery' Blamed On Untrained Pruners

It often takes 50 to 75 years to raise a good shade tree. But, extension foresters insist, it takes only a few minutes for an untrained pruner to ruin its beauty. Poor trimming technique is destroying the beauty of many streets.

Examples of good pruning are seen on most public building grounds. On the other hand, on almost any street examples of tree "butchery" can be seen.

SEWING CIRCLE PATTERNS

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Pattern No. 8285 comes in sizes 11, 12, 13, 14, 16 and 18. Size 12 3/4 yards of 30-inch.

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FOR YOUR RECIPE FILE

RICE KRISPIES MARSHMALLOW SQUARES!

- 1/4 cup butter or margarine
- 1/2 lb. marshmallows (about 2 1/2 doz.)
- 1/2 teaspoon vanilla
- 1 pkg. Kellogg's Rice Krispies (5 1/2 oz.)

Heat butter or margarine and marshmallows over water until syrupy. Beat in vanilla. Put Rice Krispies in greased bowl and pour mixture on top. Mix well. Press into 9 x 13 greased shallow tin. Cut into 2 1/4" squares when cool. Yield: 24 delicious Rice Krispies Marshmallow Squares. Everyone will love them!

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