

JUST

Well Phrased
"Pa," said Hector, looking from the book he was reading, "what is meant by 'diplomatic phraseology'?"

"Well," replied Pa, "if you were to say to a homely girl, 'Your face would stop a clock,' that would be stupidity, but if you said to her, 'When I look into your eyes, time stands still, that would be diplomatic phraseology!'"

The One
Agent—I've been trying to see you all week. When may I have an appointment?
Manager—Make a date with my secretary.

Agent—I did, sir, and we had a grand time. But I still want to see you.

Fedder Tree?
A little girl was talking about a fedder, when her mother interrupted her.

"What do you mean by a 'fedder,' dear?" asked the mother.
"You know, Mommy," explained Judy, "A leaf from a chicken."

People with itching palms are supposed to get something. If their heads itch, they've got it.

Early Sales

While looking at my little nephew's unsatisfactory report card, I said, "Oh, Bobby, what's the trouble?"

"There's no trouble, Auntie," came the reply. "You know how things are marked down after the holidays."

Do This For Child's Cold

COUGHING, MUSCULAR TIGHTNESS OF

AT BEDTIME rub on Vicks VapoRub. Its relief giving action starts instantly...

WORKS FOR HOURS to relieve distress in the night even while your child sleeps!

When you rub it on throat, chest and back, Vicks VapoRub starts right to work to soothe irritation, ease coughing, relieve muscular soreness and tightness. And VapoRub keeps on working for hours.

In the night, VICKS VAPORUB brings relief. Try it!

NEWS that makes folks sleep all night!

Thousands now sleep undisturbed because of the news that their being awakened night after night might be from bladder irritation, not the kidneys. Let's hope! That's a condition Foley Pils usually delay within 24 hours. Since bladder irritation is so prevalent and Foley Pils so potent, Foley Pils must benefit you within 24 hours or DOUBLE YOUR MONEY BACK. Make 24-hour test. Get Foley Pils from drug, mail, or direct from Foley Pils Co., 100 N. Wacker Drive, Chicago 5, Ill. Full satisfaction or DOUBLE YOUR MONEY BACK.

Sure helps you shake off COLDS

say thousands about good tasting SCOTT'S EMULSION

If colds hang on, or you catch them often, maybe you don't get enough natural A&D Vitamin food. Then start taking good-tasting Scott's Emulsion! See how promptly it helps break up a cold and helps build you up, so you feel your own self again! Scott's is a HIGH ENERGY FOOD TONIC—rich in natural A&D Vitamins and energy-building natural oil. Economical. Buy today at your drug store.

MORE than just a tonic—it's powerful nourishment!

SCOTT'S EMULSION
HIGH ENERGY TONIC

High-School Graduates

CHOOSE YOUR CAREER IN A GROWING PROFESSION!

—open to girls under 35, high-school graduates and college girls.
—more opportunities every year for the graduate nurse.

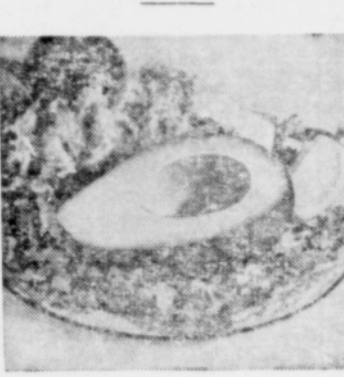
—best preparation for both career and marriage.
—ask for more information at the hospital where you would like to enter nursing.

WNU-13 06-48

DIONNE QUINTS
promptly relieve coughs of
CHEST COLDS
RUB ON **MUSTEROLE**

HOUSEHOLD MEMOS... by Lynn Chambers

These Budget-Wise Recipes Will Make Meat Go Farther



A calavo served half shell provides a quick and satisfying way of rounding out menus on meat-saving days. The calavo also may be filled with creamed vegetable or fish or a salad and served as the main dish for a meal.

Well, those food costs still are climbing, according to latest reports, and most homemakers are having to tackle the menu problem with undiminished vigor.

There's first aid for all of you in these recipes today, for they'll keep the budget trim as well as furnishing savory meals.

There's no limit to how you may extend meats—add a vegetable or two, fortify with rice, noodles or macaroni, or let the meat swim in cream sauce or delicious gravy. Any of these is guaranteed to add satisfied smiles to your diners.

Cabbage Roll-Ups (Serves 6)

- 1 head of cabbage
- 1 pound ground lamb or beef
- 2 onions, chopped
- 1 cup uncooked rice
- Salt and pepper
- 2 cups canned tomatoes
- ½ cup water

Cook cabbage until tender; drain and then carefully separate leaves from the stem end. Combine meat, onions, rice, salt and pepper. On each cabbage leaf place several tablespoons of the mixture, then secure with toothpicks.

Place the roll-ups in a greased casserole and add the tomatoes which have been mixed with water. Cook in a moderate (350 degrees) oven for one hour or until rice is tender.

Add cream sauce and pimiento to leftover veal roast as demonstrated in the following recipe, and you will have an excellent meat dish:

Veal a la King (Serves 8)

- ½ green pepper, shredded
- ½ pound mushrooms
- 3 tablespoons fat
- 6 tablespoons flour
- 4 cups milk
- Salt and pepper
- 3 cups diced cooked veal
- 1 pimiento, diced

Cook green pepper and mushrooms in fat for eight minutes. Remove from fat. Add flour to fat and blend. Add milk and seasonings and cook until thickened, stirring constantly. Add green pepper, mushrooms and remaining ingredients and heat. Serve on toast, in bread croutades or patty shells.

English Hot Pot (Serves 4 to 6)

- 6 potatoes, pared and sliced
- 1½ pounds lamb shoulder or breast
- 2 lamb kidneys
- 1 large onion, sliced
- Salt and pepper
- 1 cup water
- 2 tablespoons butter, melted

Place half of the potatoes in a greased casserole, then add meat which has been cut into cubes. Cover with sliced onion and season with salt and pepper. Add water. Place remaining potatoes on top, covering with meat completely. Brush with melted butter. Place in a moderate oven (350 degrees) and bake for two hours.

Want to have company on a budget? You couldn't serve a prettier



LYNN SAYS:

Food Favorites Improve Your Menus

If you'd like something novel in a frozen persimmon sliced and served with calavo set on a bed of crisp greens. Rinse the persimmon and place in the freezing compartment of the refrigerator until firm.

Fit square of biscuit dough into muffin pans to form cups. Bake until golden brown, then serve as cases for creamed meat, vegetables or fish.

LYNN CHAMBERS' MENU

- *Spanish Pork with Vegetables. Spinach with Hard-Cooked Egg Garnish
- Kidney Bean Salad Rolls
- Lemon Cream Pie Beverage
- *Recipe given.

dish than a cranberry topped meat loaf!

Cranberry Meat Loaf (Serves 12)

- ½ cup brown sugar
- ½ cup cranberry sauce
- 1 pound ground beef
- ½ pound smoked ham, ground
- ½ pound ground fresh pork
- ½ cup milk
- ½ cup cracker crumbs
- 2 eggs
- 1½ teaspoons salt
- ¼ teaspoon pepper
- 2 tablespoons diced onion
- 3 bay leaves

Spread sugar over the bottom of a greased loaf pan. Mash cranberry sauce and spread over sugar. Combine remaining ingredients except bay leaves. Shape into loaf and place in pan. Put bay leaves on top of loaf. Bake in a moderate oven (350 degrees) about one hour. Remove bay leaves before serving.

Pork, prepared Spanish style, is a favorite because of its savory seasonings as well as its color appeal. Vegetables go into the same dish with the meat.

*Spanish Pork (Serves 6)

- 2 pounds pork shoulder, boned and diced
- Flour
- Lard
- 4 medium sized potatoes
- 1 teaspoon worcestershire sauce
- 2 cups tomatoes
- 2 cups canned peas
- 1 green pepper
- Salt and pepper

Have pork shoulder cut into 1-inch cubes. Dredge in flour and brown in hot lard. Place alternate layers of meat and vegetable in casserole dish. Pour tomatoes over all. Season and cook in a moderate oven (350 degrees) until meat and vegetables are tender, about 1½ to 2 hours.

A Little Meat Will Go a Long Way

if you serve attractive cabbage roll-ups in a bed of buttered noodles. Round out the meal with buttered green beans and pickled beets and serve a simple baked fruit for dessert.

You might try these two dishes with specialty meats if you want to serve nutrition-rich meals as well as appetizing ones:

Savory Liver (Serves 6 to 8)

- 1 carrot, shredded
- 1 onion, minced
- 1 turnip, diced
- 1 bay leaf
- 2 tablespoons fat
- 1 tablespoon flour
- 2½ pounds liver (1 piece)
- 2 cups water or stock
- Salt and pepper

Brown vegetables with bay leaf in fat. Add flour and blend, then add liver and water. Simmer for 1¼ to 1½ hours.

Broiled Lamb Kidneys (Serves 6)

- 6 lamb kidneys
- 1½ cups french dressing
- 12 slices bacon

Clean kidneys and cut into halves. Marinate in french dressing for 12 hours. Drain kidneys and wrap in bacon. Place four inches below moderate heat and broil for 12 to 15 minutes, or until bacon is crisp and kidneys are tender. Serve on toast triangles.

Released by WNU Features.

A nice filling for yeast dough is made of honey mixed with butter and flavored with ½ teaspoon of cinnamon or nutmeg.

If you like a meaty flavored biscuit for toppings, use ½ teaspoon curry powder or poultry seasoning mixed in with the dry ingredients.

Cheese biscuits are novel when you want to serve an interesting hot bread. Simply add ½ cup of grated American cheese to biscuit recipe or to ready-mix. Add this before mixing in it.

Star Dust

STAGE SCREEN RADIO

Released by WNU Features.

By INEZ GERHARD

LIKE Myrna Loy, Merle Oberon and Gene Tierney, radio actress Alice Frost began her acting career with exotic oriental roles; like them, she is best known today as a typical American girl, the light-hearted, adventuresome "Pamela North" of the CBS "Mr. and Mrs. North." A heavy Oriental diet was too much for her, so she set about the serious business of learning to gather laughs. She was a stooge for such masters of the art as



ALICE FROST

Bob Hope, Fanny Brice, Walter O'Keefe and Col. Stoopnagle, working at it while other girls strove to become radio's equivalent of Bette Davis. Those years have paid off in her success as "Mrs. North."

February 13 is a big date for Dinah Shore. With Melissa Ann occupying the cradle made for her by her father, George Montgomery, Dinah returns to the air on her new program, "Call for Music," a variety show, brings us Dinah and Harry James and his orchestra, with "It Pays To Be Ignorant" giving up its Friday spot for the new show.

When J. Arthur Rank visited Hollywood, Michael Curtiz told him about a young actor, James Mitchell, whom he'd signed to a long-term contract. Mitchell, who resembles James Mason, has a leading role in Curtiz' "The 49ers"; Rank, who asked that Mitchell's test be sent to him in London, may borrow the young man if the Curtiz schedule permits.

Bravo to NBC President Niles Trammel, who started 1948 still hopeful and fighting for a self-imposed radio code of standards, a high level of program practices and content. For example, limited commercialism, clean copy, clean jokes. It was a good fight he put up at the Broadcasters' convention last fall, and apparently he intends to continue it.

Columbia Pictures will soon release a new musical, "Mary Lou," featuring Frankie Carle and his band. The song's publishers launched a drive to push it, and soon you will be hearing new recordings of "Mary Lou" played by nearly all the top bands. All that is, but Carle; Columbia Records wouldn't let him do it—Horace Heidt held prior rights.

Robert Kennedy, ex-Marine, was a truck driver when Director Richard Wallace and John Wayne heard him sound off after a minor traffic accident. He was so eloquent that they signed him for a role in RKO's "Tycoon."

When the popular "Ladies Be Seated" and "Hint Hunt" go traveling it is possible for worthy civic enterprises to benefit. Minimum admission fees are charged; for instance, in March "Hint Hunt" will appear for the Charleston, W. Va., Lions' club; the fifty cents fee for each person will go to a fund for hot lunches for underprivileged school children during the school year.

"Design for Death," RKO's documentary film, was made after some eight million feet of confiscated Japanese newsreels and feature dramas had been studied. It took Richard Fleischer more than three months to go over them.

On the Columbia "Lulu Belle" set, Glenda Farrell came up with a reminiscence that startled Dorothy Lamour and the others. In 1928 Glenda played a debutante in "Love, Honor and Obey" on Broadway. Clark Gable played her father!

ODDS AND ENDS—Captain Clancy of New York's 19th precinct cleared out the inmates from the 67th St. police station so that it could be used for scenes in RKO's "The Window." ... Henry Morgan's second picture, following "So This Is Hollywood," will be "So This Is Hollywood." ... Janis Paige's wedding gown was equipped with a weighted swing skirt, for dancing. ... When Phyllis Calvert returned to England after making "My Own True Love" for Paramount she took with her an assortment of things that are scarce over there—including a chromium-plated rolling pin.

Lovely Tailored Lingerie Set Two-Piecer Has Clever Detail



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Slip and Panties

A SIMPLE, well tailored slip for the larger figure that's as easy as can be to make. Few pattern pieces and a well illustrated sew chart that is smoothly followed. Pattern includes panties to match. If you like, edge the slip with dainty lace.

Pattern No. 8002 comes in sizes 36, 38, 40, 42, 44, 46, 48, 50 and 52. Size 38, slip, 2½ yards of 35 or 39-inch; panties, 1½ yards.

Two-Piece Frock

HERE'S a stunning two-piece frock that features the popular side-swept closing. It fits to perfection with lines that are especially slimming. Make short or three-quarter cuffed sleeves—and choose bright novelty buttons.

Pattern No. 1737 is for sizes 12, 14, 16, 18, 20, 40 and 42. Size 14, three-quarter sleeves, 4 yards of 39-inch fabric.

Send your order to:

SEWING CIRCLE PATTERN DEPT., 530 South Wells St. Chicago 7, Ill.

Enclose 25 cents in coins for each pattern desired.

Pattern No. _____ Size _____

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Settling a Quarrel

An unusual custom prevails among the Apa Tanis, a tribe of 20,000 living in an isolated section of the Himalayas. When two men are engaged in a personal quarrel, such as over a debt or a woman, they are allowed to kidnap members of each other's family and imprison them in a private stockade until a settlement is reached.

How To Relieve Bronchitis

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION for Coughs, Chest Colds, Bronchitis

MARY MARTIN

star of "True to Life," a Paramount picture, is one of the many well-groomed, well-informed Hollywood stars who use Calox Tooth Powder.

McKesson & Robbins, Inc., Bridgeport, Conn.

CALOX TOOTH POWDER

If PETER PAIN HAS YOU ALL TIED UP WITH

CHEST COLD

● Rub in Ben-Gay, quick! Gently warming Ben-Gay brings speedy, welcome relief from chest-cold discomfort. You see, Ben-Gay contains up to 2½ times more methyl salicylate and menthol—two pain-relieving agents known to all doctors—than five other widely offered rub-ins. Insist on genuine Ben-Gay, the original Baume Analgesique.

Also for Pain due to RHEUMATISM, MUSCLE ACHE, and STRAINS. Ask for Mild Ben-Gay for Children.

QUICK... RUB IN Ben-Gay