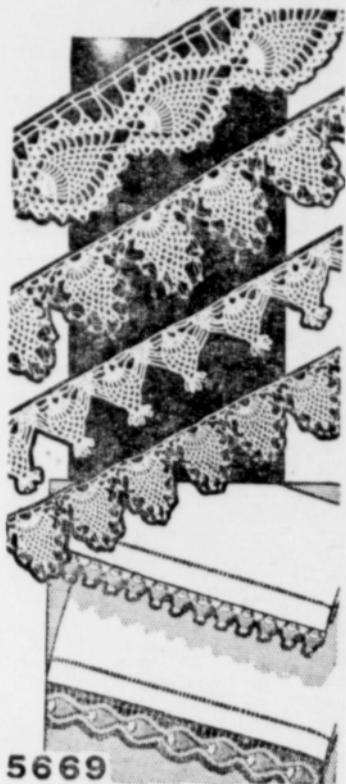


**Pineapple Edgings
For Your Linens**



5669

THE ever-popular pineapple design shown here in a series of edgings that you can use on fine handkerchiefs, bed and table linens. These crocheted edgings are from 2 inches wide down to 1 1/4 inches, are easily and inexpensively done.

To obtain complete crocheting instructions, stitch illustrations and complete directions for Pineapple Edgings (Pattern No. 5669) send 20 cents in coin, your name, address and pattern number.

Due to an unusually large demand and current conditions, slightly more time is required in filling orders for a few of the most popular patterns.

Send your order to:

SEWING CIRCLE NEEDLEWORK
828 Mission St., San Francisco, Calif.
Enclose 20 cents for pattern.
No. _____
Name _____
Address _____

"Ah-h-h! I Can Breathe Again!"



If your nose sometimes fills up with stuffy transient congestion—put a few drops of V-a-tro-nol in each nostril. It quickly reduces congestion and makes breathing easier in a hurry... gives grand relief from sniffly, sneezy, stuffy distress of head colds. Follow directions in the package.

VICKS VA-TRO-NOL

REASON IT OUT AND YOU'LL PREFER THIS



ALL-VEGETABLE LAXATIVE

In NR (Nature's Remedy) Tablets, there are no chemicals, no minerals, no phenol derivatives. NR Tablets are different—act different. Purely vegetable—a combination of 10 vegetable ingredients formulated over 50 years ago. Uncoated or candy coated, their action is dependable, thorough, yet gentle, as millions of NR's have proved. Get a 25¢ box. Use as directed.



HIGH-SCHOOL GRADUATES!

NURSING IS A PROUD PROFESSION!



- many opportunities for graduates in fine hospitals, public health, etc.
- leads to R. N.
- a well-prepared nurse need never be without a job or an income.
- open to girls under 35, high-school graduates and college girls.
- ask for more information at the hospital where you would like to enter nursing.

Relief At Last For Your Cough

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION

for Coughs, Chest Colds, Bronchitis

Star Dust

STAGE SCREEN RADIO

Released by WNU Features.

By INEZ GERHARD

IT IS difficult to talk to Zachary Scott about his stage and screen career because he prefers to talk about so many other subjects. His delightful wife, Elaine, for instance. His twelve-year-old daughter, Waverly; confronted by an unexpected extension of his New York stay, he could easily bring Waverly on from Hollywood to join her parents: the problem was the horse he



ZACHARY SCOTT

had given her for Christmas. Tall dark, handsome, Scott will soon be seen in Eagle-Lion's "Dangerous Illusion," as the heavy, not the hero. "Cass Timberlane" is another recent picture of his. He likes pictures, but would like to do another Broadway play.

When Berry Kroeger, narrator of "The Big Story," was asked to go to Hollywood for a screen test, the program's director hunted for a successor, came up with Robert Sloane, who in the past had written, acted and directed the program. Sloane had become an actor when he was graduated from Dartmouth, had quite a career on the stage before he began writing radio scripts. In addition to his newly acquired "Big Story" role he still finds time to write scripts for "Reader's Digest" and "Mr. and Mrs. North."

A \$100,000 diamond and emerald necklace that Rosalind Russell wears in "The Velvet Touch," her Independent Artists production, was flown back east to John Rubel, the famous jewel designer, when she was done with it. She is wearing more than a half-million dollars' worth of diamonds and jewels in the picture—quite a change from her Sister Kenny costumes!

Tyrone Power is mapping plans to circumnavigate the globe this year, now that his 33,000-mile tour of Africa and Europe is a thing of the past. Greenland, Scandinavia, the Middle East, India, Australia, New Zealand, Hawaii and home, that's the plan. He will start out after he finishes "That Old Magic," his next picture for 20th Century-Fox.

Gordon MacRae, well known to radio fans, has been signed to a long-term contract by Warner Bros. He has been hailed in show business as the next entrant in the Crosby-Sinatra-Como bracket. His first assignment at the Burbank studio will be as star of "Rise Above It," a musical. He is now on a singing tour of the nation's picture houses.

Larry Parks seems to have turned swashbuckler. Columbia has assigned him to the male lead in "The Gallant Blade," giving him a role similar to the one he played in "The Swordsman." Marguerite Chapman co-stars.

When Rita Hayworth was three her father, Eduardo Cansino, taught her to hold a pair of castanets. Now she is taking dancing lessons from him for "The Loves of Carmen." This is their first film association since they appeared together at the Agua Caliente Casino, when Rita was signed for a dancing role in her first film. It was "Dante's Inferno." Remember?

Production of a new series of "Dr. Christian" pictures is under consideration, as a result of the interest inspired in the radio program by the broadcast of the party honoring Jean Hersholt on the CBS show's 10th anniversary.

Sei Jeri Groves, New Zealand-born actor, of English gypsy and French-Polynesian descent, will play a 17th century soothsayer in "The Adventures of Don Juan." You may recall him as the Indian fire dancer in "Northwest Mounted Police."

ODDS AND ENDS—Alec Templeton is a faithful "Inner Sanctum" listener; frequently phones the producer to ask the identity of an actor who has appeared on the program. . . . Joan Bennett's daughter, Diana, is doing a book of comic sketches based on her experience as salesgirl and model in a Hollywood store. . . . George Montgomery rides a horse again in the film based on the life of Frederic Remington—first time since he made his film debut in those Zane Grey westerns. . . . As a tribute to Ernst Lubitsch, "This Is the Moment," which he left unfinished, will bear only his name as producer-director.

HOUSEHOLD MEMOS
by Lynn Chambers



Don't Forget Salads in Winter Meals
(See recipes below.)

Cold Weather Salads

Just because you don't have a garden full of green things outside your window is no reason for you to neglect salads in cool weather meals. Actually there's an abundance of material on the market for refreshing and delightful salads.

We like to recommend salads because they add texture and contrast to the meal, but most important of all, because many fresh and uncooked foods may be combined into them. And why is it so important to have fresh things? Because the vitamin and mineral riches are not cooked out of them, and we need them more than ever in winter.

You can add bits of meat and cheese to vegetable salads and serve them with a piping hot cup of soup, and your lunch, for example, will be complete and well balanced.

Luncheon Salad.
(Serves 6 to 8)
1 cup green beans, cooked or canned
1 cup carrot strips, cooked
1 cup celery strips
1/2 cup french dressing
2 hard-cooked eggs
1 head of lettuce
1 cup ham, cut in strips
Marinate green beans, carrots and celery for one hour. Slice hard-cooked eggs on bed of lettuce with vegetables. Sprinkle with slivers of ham and serve.

Sauerkraut and Beet Salad.
(Serves 6 to 8)
1 package lemon-flavored gelatin
1/2 cup cold water
2 cups sauerkraut, chopped
1 cup beets, cooked and cubed
Soak gelatin in cold water. Drain sauerkraut and save juice. Add enough water to make 1 1/2 cups. Heat and add to dissolved gelatin. Add sauerkraut and beets. Pour into molds rinsed in cold water. Chill until firm and unmold on salad greens. Serve with mayonnaise.

Mixed Vegetable Salad.
(Serves 6 to 8)
1 cup cooked peas
1 cup cauliflower, cooked
1 cup green beans, cooked
1/2 cup french dressing
1/2 to 1 lettuce cups
1 1/2 teaspoons anchovies
Marinate vegetables in french dressing. Toss in anchovies and mix lightly. Fill lettuce cups and garnish with radishes and spinach leaves, if desired.

Here are other vegetable salad combinations you'll find handy for quick reference these days:

Shredded carrots, chopped celery, diced apples and preserved ginger.

Grated carrots, diced celery, cooked lima beans and a dash of onion juice.

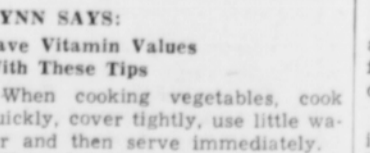
Cabbage, celery and green stuffed olives.

Green beans, cooked, with diced hard-cooked eggs and strips of pimiento.

Lima beans, cooked and marinated, serve with tomato slices.

Shredded cabbage, apples and raisins.

The fruit salad parade for winter is just as exciting and colorful as that of vegetables. Start off com-



LYNN CHAMBERS' MENU

- Veal and Rice Casserole
- Baked Squash with Creamed Onions
- Whole Wheat Rolls
- *Brazilian Salad
- Honey-Baked Pears
- Cookies Beverage

*Recipe given.

binning shrimp with apples for a nice luncheon dish:

Shrimp-Apple Salad.
(Serves 6)
2 hard-cooked eggs
1 can shrimp, cleaned
2 tart apples, diced
1 green pepper, diced
8 stuffed olives, sliced
1/2 cup mayonnaise
1 tablespoon lemon juice
Crisp lettuce
Paprika

Combine shrimp, eggs, apple, green pepper and olives with lemon juice and mayonnaise. Serve in crisp lettuce cups, garnished with a dash of paprika.

Cranberry-Fruit Salad.
(Serves 4 or 5)
1 tablespoon gelatin
2 tablespoons cold water
1 1/2 cups hot cranberry jelly, strained
2 bananas, diced
2 oranges, diced
1/2 cup walnuts, chopped
Lettuce
Salad dressing or mayonnaise

Soak gelatin in cold water for five minutes. Dissolve in strained cranberry juice. Cool and place in refrigerator. When slightly thickened, fold in bananas and oranges. Pour into molds. Chill until firm, then unmold on lettuce and serve with dressing.

Here are two elegant salads for entertaining at your next afternoon social. The frozen one may be made ahead of time to save last minute work. Serve them with sandwiches or cookies and a beverage, and you have delightful refreshments simply made.

Frozen Fruit Delight.
(Serves 6 to 8)
3 ounces cream cheese
1 teaspoon salt
1/2 cup mayonnaise
4 tablespoons lemon juice
1/2 cup crushed pineapple
2 medium bananas, sliced
1/2 cup walnuts, chopped
1/2 cup maraschino cherries, chopped
1 cup heavy cream, whipped

Blend together cream, salt, mayonnaise and lemon juice. Add the pineapple, bananas and walnuts. Fold in cherries and whipped cream. Pour into refrigerator tray and freeze until firm. Serve on bed of greens.

***Brazilian Salad.**
(Serves 4)
1/2 cup red grapes, seeded and halved
1/2 cup diced pineapple
1/2 cup apple slices
1/2 cup celery, diced
1/2 cup white cherries, seeded
2 tablespoons Brazil nuts, chopped
Lemon juice
Mayonnaise

Mix all ingredients and toss with lemon juice, then mayonnaise. Serve on lettuce.

Released by WNU Features.

Fats should be heated carefully, avoiding smoking. Smoked fats lose food value as well as tending to become rancid more readily.

Milk should be purchased according to each days needs. Store it immediately, never letting it stand in the sun, as this will destroy the vitamins.

Buy flour, bread and cereals that have been enriched. This means that some of the vitamins and minerals lost in the milling or refining have been restored.

SEWING CIRCLE PATTERNS
Pretty Apron Takes One Yard
Smart Date Frock for Juniors



8108
32-46

Practical Apron.

JUST one yard of brightly colored fabric is all you need to make this pretty, practical bib apron in the smaller sizes. Bold ric rac is used for edging—note the handy pocket.

Pattern No. 8108 is for sizes 32, 34, 36, 38, 40, 42, 44 and 46. Size 34, one yard of 39-inch; 3 1/2 yards trimming.

The fall and winter issue of FASHION contains a wealth of sewing information—special features—free pattern printed inside the book. 25 cents.

8254
11-18

Youthful Frock.

GLAMOUR plus for teen-agers! A stunning date dress that's bound to be the envy of your friends with its gay shaped peplum and flattering neckline. Try a glowing velvet or soft rustling taffeta or faille.

Pattern No. 8254 comes in sizes 11, 12, 13, 14, 16 and 18. Size 12, 3 1/4 yards of 39-inch.

Send your order to:

SEWING CIRCLE PATTERN DEPT.
828 Mission St., San Francisco, Calif.
Enclose 25 cents in coins for each pattern desired.
Pattern No. _____ Size _____
Name _____
Address _____

Hotel Built in Treetop at Water Hole—\$50 a Day

For years, one of the world's oddest hotels has been operating in a jungle ten miles from Nyeri in Kenya Colony, Africa. Built in the branches of a giant tree, 40 feet above the ground, Treetops Hotel is for the sole accommodation of guests who wish to watch, in safety, the variety of wild animals that, at dusk and dawn, come to the water hole and salt lick beneath it. The rate is \$50 a day which includes transportation to and from the dangerous spot with armed guards.

Get Well QUICKER
From Your Cough Due to a Cold
FOLEY'S Honey & Tar Cough Compound

FASTER - SMOOTHER!
TWENTY GRAND
OLD FASHIONED
BLADES
5 Blades only
SINGLE OR DOUBLE EDGE 10¢

MOTHER, MOTHER, I'VE BEEN THINKING OF THAT CAKE YOU BAKED TODAY. SO TASTY AND SO LIGHT AND FLUFFY. TELL ME HOW TO BAKE THAT WAY.

BAKE THE CLABBER GIRL WAY. MY DEAR, WITH CLABBER GIRL BAKING POWDER.

Ask Mother, She Knows... Clabber Girl is the baking powder with the balanced double action... Right, in the mixing bowl; Light from the oven.

CLABBER GIRL
Baking Powder

IF PETER PAIN KNOTS YOU UP WITH MUSCLE ACHE

• Rub in gently-warming, soothing Ben-Gay for fast relief from muscular soreness and pain. Ben-Gay contains up to 2 1/2 times more methyl salicylate and menthol—famous pain-relieving agents known to every doctor—than five other widely offered rub-ins. Insist on genuine Ben-Gay, the original Baume Analgesique.

Also for Pain due to RHEUMATISM, NEURALGIA, and COLDS.

Ask for Mild Ben-Gay for Children.

QUICK... RUB IN Ben-Gay