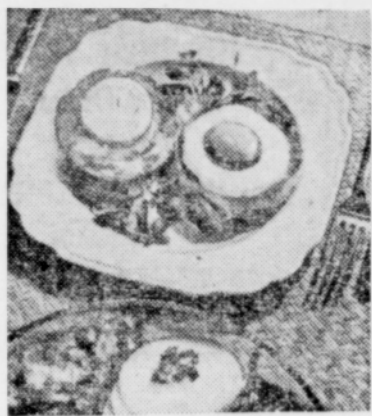


HOUSEHOLD MEMOS... by Lynn Chambers



Various Sandwiches Make Good Porch, Picnic Suppers



Sandwiches such as these "egg-burgers" are the perfect answer to summertime eating. When served with salad and relishes, beverage and fruit, you have a complete meal ready in no time.

It's estimated that sandwiches are eaten at the rate of 30 million daily here in the United States, and it's no wonder, because they are one of the simplest, most nourishing foods to serve.

Do you like to make suppers simple on hot, sweltering nights? Serve a sandwich-salad supper on the cool back porch. Do you like to whip up a picnic at a moment's notice? Then wrap together a few sandwiches, fruit and beverage to take along to beach or woods.

Simplest of all sandwiches is the slice of meat between two pieces of bread; but it tastes even better if you add some toothsome spread or accompaniment to it, such as:

1. Cover with a thin slice of cranberry jelly, especially ham or roast pork.
2. Cover with thinly sliced sweet or sour pickles or mustard.
3. Spread with horseradish mixed with mayonnaise.
4. Cover with lettuce and boiled dressing or sandwich spread.
5. Cover with chili sauce or catsup.

When you have leftover meat, chop it or put it through the meat grinder and serve in any of these ways:

1. Mix with mustard and season with chopped pimiento or green pepper.
2. Mix with equal parts of finely shredded cabbage and serve with chopped pickle or onion.
3. Season with chow-chow or pickle relish and season with enough boiled dressing or mayonnaise to mix through.
4. Mix with chopped olives, green pepper and dressing.
5. Mix with chopped hard-cooked eggs, chopped green pepper and mayonnaise.
6. Mix with chopped celery and moisten with mayonnaise.

When you plan to feed a bunch of hearty eaters and the weather is a bit on the crisp side, then serve hot sandwiches for a real treat. The barbecued type is ideal for the occasion.

Barbecued Hamburgers. (Makes 6)

- 1/2 cup milk
 - 1/2 cup soft bread crumbs
 - 1/2 pound ground beef
 - 1/2 teaspoon salt
 - 1/2 teaspoon pepper
 - 2 tablespoons Worcestershire sauce
 - 1 tablespoon cider vinegar
 - 1/2 cup tomato catsup
- Combine bread crumbs and milk. Add ground meat, salt and pepper. Form meat into patties, then brown on both sides in two tablespoons of fat.

Combine seasonings and vinegar with catsup and pour over meat. Cover and simmer slowly about 10 minutes, or until sauce is very thick. Serve hot between heated or toasted bun halves.

The above sauce also may be used for sliced, cooked beef roast or for frankfurters as barbecues.

LYNN SAYS: Use These Memos In The Kitchen

When ironing ruffled curtains, it's easier to do the ruffles first and then the body of the curtain. Start at the top of the hem and iron down. Use a moveable ironing board, or lay a clean blanket on the floor, covered with a sheet to do the best ironing.

Rub greasy containers with cornmeal if you want to clean them easily.

LYNN CHAMBERS' MENU

- Assorted Sandwiches
- Potato Salad
- Sliced Tomatoes
- Celery
- Beverage
- Cole Slaw
- Pickles
- Carrot Sticks
- Lemon Sherbet

If you want to use ham or pork for barbecued sandwiches, use the following sauce:

Barbecued Ham or Pork Sandwiches.

- 1/2 cup chopped onion
- 1 clove garlic
- 1/2 cup tomato catsup
- 1/2 cup Worcestershire sauce
- 1/2 teaspoon pepper
- 1 cup tomato soup
- 1/2 cup vinegar
- 1 tablespoon butter
- 2 tablespoons sugar

Mix all ingredients together and simmer a few minutes. Use to baste meat while it is cooking.

When meat is tender, slice and add to sauce in pan with 1 cup sweet pickle relish, and serve sauce as a relish on the sandwiches.

If you are having a large crowd in either for a picnic or for a porch supper, plan to have several different varieties of sandwiches on a large platter, a selection of salad, fresh fruit and cookies and beverage. The sandwiches may be made in the morning and wrapped in heavy waxed paper and chilled. Here are some suggestions:

1. Beef or tongue, sliced thin and spread with mustard-horseradish on rye or pumpernickel bread.
2. Cold pork, chopped sweet pickle, salad dressing and lettuce on white bread.
3. Sardines mashed with chopped hard-cooked eggs, moistened with lemon juice and boiled dressing and Worcestershire sauce.
4. Swiss cheese, tomato slices and water-sliced beef with lettuce and mayonnaise on rye bread.
5. Chopped hard-cooked eggs mixed with chopped stuffed olives and salad dressing with lettuce on whole wheat bread.
6. Ground, cooked chicken mixed with an equal amount of chopped cooked ham, seasoned with chopped olives and mayonnaise on white bread.



A creamy iced beverage and slices of a simple cake, or fruit and cookies, fittingly top off a sandwich supper.

For a nourishing "burger" type of sandwich, you might like these made with eggs.

De Luxe Eggburgers. (Serves 6)

- 6 eggs
- 2 tablespoons fat for frying
- 6 round buns
- 6 slices cheese
- 1 medium-sized onion
- Salt and pepper

Split buns. Lay halves, split side up, on baking sheet, place cheese slices on them and toast in hot oven or under broiler until cheese begins to melt and other half is toasted. Meanwhile fry eggs medium firm, turning once; season. Place eggs on toasted halves. Top with onion rings. Serve hot, open or closed. Pass chili sauce, chopped pickle relish or mustard.

For beverage at porch or picnic, use 1 rounded tablespoon of all purpose grind, decaffeinated coffee to every cup of water. Make by boiler or percolator method. Freeze coffee in ice cube tray. At serving time, heat milk but don't let it boil. Fill glasses with coffee cubes and pour on hot milk. The result will be a smooth, creamy, iced beverage.

Released by Western Newspaper Union.

Place newspapers under grass and fiber rugs so they will catch the dirt. Then on cleaning day remove the newspapers and you will have caught the dirt; replace with fresh newspapers.

Shake turkish towels vigorously to raise the nap on them after washing. This also removes wrinkles.

Before washing the bathroom floor, it's a good idea to use a vacuum cleaner attachment to pick up dust and small particles of dirt which are annoying when cleaning.

Woman's World

Adults' Old Clothes Will Make Garments for Growing Children

By Ertta Haley

MOTHERS with several growing children often become very discouraged with the clothing problem because the children seem to spring out of everything so swiftly. It's true that rapid growth may take place within a few months, and sleeves and skirts that were long enough a short time ago now look awkward.

The best way to keep the clothing budget within bounds is to remodel and use every scrap of material available. It's perfectly amazing what ingenuity can do with the old shirt, the remnant or the old bedspread or apron.

Before we discuss the making of new garments from old, let's see what can be done with altering garments that the youngsters have outgrown.

Little girls' dresses may be altered very nicely for a season, at least, with inserted skirt bands or waist panels, depending upon which way the youngster has grown.

For insert panels in the skirt, either for width or length, or both, select something which goes with the material of the dress. Sometimes your best choice is a plain broadcloth material such as is found in a shirt; and at other times your best choice is a print or even a plaid, if the material is solid. This type of remodeling does not require making over the entire garment, but the inserts should be fitted in carefully enough to maintain a neat look.

If the remodeling does not require an extensive addition of material, you might use some wide bands of trimming material that often can be purchased by the yard.

Make Pinafores from Old Aprons

Any mother who has a little girl undoubtedly has learned the value of having several pinafores and changes of blouses for her. Aprons frequently can be used for making the pinafore itself as long as the material still will give some good,



Use Daddy's shirts for making...

hard wear. Do not hesitate to do a little dyeing if it is necessary to give the garment some color.

It's easy to find material for blouses from some of Mother's old blouses, Dad's shirts or even other aprons, and these are amazingly easy to make. Bits of lace, ric rac or other trimming may be found to give both pinafore and blouse a bit of detail interest.

You may find it advisable to cut several blouses out at one time and sew them at your convenience. If trimming, fabric and buttons are different, the blouses will not look as though they came from the same pattern, and you can save time cutting several of them at once while you have your material handy—and your equipment all laid out for cutting.

It's wise to stick with cottons or washable rayons for garments of this type, as you will want something that washes and irons easily. Next to being worn, they will be in the wash tub and under the iron most of the time.

Men's Shirts Ideal For Play Clothing

For the youngsters just above toddling age, sun clothes are the most practical investment during the warm weather. These are very easy to sew and take little material, and for this reason men's old shirts prove ideal material for remodeling.

It will not be necessary to rip the shirt apart completely to cut the

Be Smart



Something to enjoy every time you wear it—a hat of white cotton pique. This new fashion is unbelievably smart, and goes well with linens and cottons

Bustle Back



Reminiscent of another romantic era is this off the shoulder, bustle back, junior sun frock. The fabric is one of the newest developments of modern science, a one denier spun rayon. The material is fine, soft and drapable. It washes and irons beautifully.

suits from them, as the back and sides of the shirt can be laid flat on the table, the pattern pinned to it and the garment cut.

In fact, while you are cutting one garment, why not cut several and then sew as you have the time? The sewing is not too much of a task, as all the seams are simple. On little boys' suits most seams will be plain, except those around the legs which are best if a flat fell or French seam is employed.

Little girl's sun dresses are very simple to make, as they are usually one piece garments that may be pinked while being cut and then all plain seams employed when sewing together.

Trimming are not at all necessary in sun clothing, but, of course, if you have the time and want to add a contrasting edge or some-



Sunsuits for young fry.

thing of that type, you are at liberty to do so. See that it is attached securely so there will be no raveling and mending. Make it simple so you can press the garment easily.

Make Underwear, too, From Other Clothing

If it seems difficult to keep the children in underwear, it's easy to keep them outfitted with remodeled clothes. Mother's slip and even Dad's shirts offer a wealth of material for little girls' and boys' undergarments.

Slips and panties for the girl are easy to make from cast-off cottons and rayons, and the sewing of them is very simple. Use French seams for durability.

Good quality broadcloth or percale or even muslin from shirts is ideal for boys' or girls' panties. Several of these may be cut at one time, provided you have a good, well-fitting pattern, and in most cases, there need be no preliminary ripping apart of the garment at the seams to get at the wealth of material.

Adult's slack suits that have shrunk beyond use or wear are very practical for making coveralls and play clothing for roughing it. In most cases you will find this material easy to cut and sew.

If the old fabric seems faded, as in the case of many slack suits, simple dyeing will do the trick. Either dyeing a darker shade or re-dyeing the same color will give good results, and in many cases will give an almost brand new looking fabric.

SEWING CIRCLE PATTERNS

Diagonal Lines Fashion Favorite 'Easy-to-Sew-Frock' for Juniors



8183
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A VERSATILE daytime dress that has that smart, well groomed air every woman admires. The slanted lines are a fashion favorite, and are accented with glowing novelty buttons. Handsome in a bold stripe.

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'Lost Colony' Presentation Nets Fishing Town Wealth

In the summer of 1937, the inhabitants of Manteo on Roanoke island off North Carolina gave a series of performances of The Lost Colony, a play written for them about the English colonists who mysteriously disappeared soon after settling there in 1587. The play was so successful that it has since been presented annually, except between 1942 and 1945. In the six summers, 500,000 people spent \$4,000,000 in this 1,000-population community whose previous income came mainly from fishing.

Beginner's Frock
EASY sewing for the young sewer—a clever little puff sleeved dress that's cut all in one piece with drawstring at the waistline to make it fit like a dream. Choose a pretty flower sprigged fabric or soft pastel.

Pattern No. 8181 comes in sizes 11, 12, 13, 14, 16 and 18. Size 12, 2 1/2 yards of 35 or 39-inch.

The Summer issue of FASHION has a wealth of sewing information for every woman who sews for herself and her family. Special features, free pattern printed inside the book. Price, 25 cents.

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