



Cool Off With an Egg Julep!
(See recipe below.)

Cool Refreshment

No summer menu collection is complete without a set of cool drink recipes. These tasty drinks are so handy and convenient to have for both family and company use, that each summer season should see us well armed with a new set of recipes. After you have decided on the different types of cool refreshments you will serve, see that you have all the ingredients on hand so they can be whipped together at a moment's notice.

Cool drinks fall in several categories. You should have several recipes which are really nutritious for the youngsters when they come in from play. Then, too, you should have another set of recipes that are tasty as well as nice to serve guests who may drop in afternoon or evening.

Cool drinks will be more of a success if they are served in frosty looking, decorative glasses. And don't forget the appeal of tinted ice cubes. Use harmless food color, if you like, or freeze bits of cherries, other fruit or mint sprigs with them. For iced tea or coffee, freeze the beverage itself into cubes so that the drink will not be too diluted when served.

HERE ARE several nutritious drinks which will make a big hit with the children.

'Egg and I' Julep. (Serves 10)

3 eggs, beaten
¾ cup sugar
¼ teaspoon salt
2 cups orange juice, strained
½ cup lemon juice, strained
Crushed ice
Club soda

Blend eggs, sugar and salt. Add fruit juices. Shake or beat until the sugar is dissolved. Pour over finely cracked ice and fill glasses ½ full. Add club soda slowly. Serve promptly.

Chocolate Banana Milk Shake. (Serves 6 to 8)

4 sieved large, ripe bananas
4 cups milk
½ cup chocolate flavored malt drink
Ice

Press the bananas through a sieve, then combine them with the milk and chocolate flavored malt drink. Use a shaker or tightly covered jar. Add ice. Shake well and serve at once.

Mint-Chocolate Frost. (Serves 4)

½ cup cocoa
½ cup corn syrup
1 cup hot water
1 teaspoon vanilla
½ teaspoon mint extract
1 quart milk
½ teaspoon salt
½ pint vanilla ice cream

Combine cocoa and syrup. Add hot water, stir well and cool. Add remaining ingredients and beat with egg beater until well blended. Serve in tall glasses. Additional scoops of ice cream may be used on top to give the effect of a soda.

LYNN SAYS:

Hints for Better Cooking

Never wash berries until just before they are used. To keep the juice in strawberries, wash the berries before removing hulls. The best way to wash them is to float them in a pan of water and lift out gently. Repeat the process until the water remains clear.

Oranges and lemons will squeeze more easily if they are rolled against the table until they are slightly soft. If they are too hard to roll, heat them slightly.

LYNN CHAMBERS' MENUS

Veal Cutlet Tomato Sauce
Parsleyed Potatoes
French Green Beans
Head Lettuce with
French Dressing
Oatmeal Bread
Citrus Chiffon Pie
Beverage

Chocolate Malted Milk. (Serves 1)

½ cup chilled milk
2 tablespoons chocolate syrup
½ cup carbonated water
Chocolate or vanilla ice cream

Add milk to syrup slowly, stirring constantly. Pour into tall glasses. Add carbonated water and stir well enough to mix. Add ice cream and serve at once.

RECIPES WITH their main ingredient as fruit juice or a combination of them are given here. These come under the guest beverage classification but also may be served the family when you want to give them a special treat.

Cranberry Pineapple Ale. (Makes 6 cups)

1 pint cranberry juice
2½ cups pineapple juice
1½ cups ginger ale
Cracked ice

Combine fruit juices with ginger ale. Add ice and serve, well chilled.

Frosted Ginger Ale. (Makes 6½ glasses)

¼ cup light corn syrup
¼ cup sugar
1 cup hot water
5 whole cloves
1 stick cinnamon
¼ teaspoon allspice
¼ teaspoon nutmeg
1½ cups orange juice
1 cup grapefruit juice
3½ cups ginger ale
Ice

Boil together syrup, sugar and water for 5 minutes. Add spices and let stand 1½ hours. Strain through several thicknesses of cheesecloth. Add fruit juices and chill. Just before serving add ginger ale and pour into ice filled glasses.

Orange Lime Fizz. (Serves 4)

2 cups orange juice
½ cup granulated sugar
12 sprigs mint
4 tablespoons lime juice
1½ cups carbonated water
Ice

Heat 1 cup of orange juice to the boiling point. Add sugar and mint which has been chopped. Cool, cover. Strain and add remaining orange juice and lime juice. Just before serving add carbonated water and ice.

Ambrosia. (Makes 6 quarts)

4 cups apricot nectar
4 cups orange juice
1½ cups lemon juice
½ cup lime juice
1 cup powdered sugar
4 quarts carbonated water
Ice

Combine juices and sugar and stir until latter is dissolved. Just before serving add the carbonated water and pour over ice.

Released by Western Newspaper Union.

To cut hard-cooked eggs readily, use a fine wire or a sharp knife dipped in cold water to prevent the yolk from sticking.

To cut meats for salad, use a pair of kitchen shears in place of a knife. You will be able to work much more quickly.

Bacon should be placed in the skillet before the unit is heated. Cook slowly, pouring off the fat as it accumulates.

To remove pinfeathers from fowl, a pair of tweezers is very satisfactory.

Woman's World

Decorative Scheme Can Assure Cool Atmosphere for Summer

By Ertla Haley

ALL of us expect, and have a right to expect, comfort and convenience from our homes. But our ideas of what they should be change from season to season with the weather. During the cool, crisp months, we like warm colors and a crisp, crackling fire, with hominess and cheer reaching out at us as we enter.

In summer, however, any suggestion of warmth is likely to drive us to whatever is the coolest spot in the house. In my childhood I always headed for the basement with its stark white-washed walls, but at least I always found comfort.

Colors and fabrics are so important to keeping a cool feeling within us that we should strive to put this psychology into practice. The summer is no time for heavy drapes in lush reds or deep purple. We need light-weight fabrics in cool blue or icy green. We need them not only for the cool feeling they give us, but also for the ease with which they can be kept clean and fresh looking to take away any rise in temperature we might experience.

In the bedrooms, it is best to have cool white or pastel shades which will close out the heat and make for a feeling of restfulness. The curtains, too, should be light and airy, preferably made of some sheer open fabric that gives us a chance to feel we actually are breathing.

In the youngsters' playroom or nursery, if you are lucky enough to have venetian blinds, you may dispense with curtains entirely. In their place, I'd suggest just running a piece of ruffling around the windows to give them a finished appearance. This should be about two or three inches wide.

Select Fabrics For Cleanability

Naturally we want to cut down our cleaning as much as possible during summer, and one of the ways this can be done is to select easy-to-clean fabrics for our furnishings. For kitchen and bathroom, the plastic materials that are simply wiped off with a damp cloth are by far the best.



Solve Cleaning Problems...

In the porches, you may use glazed chintz, as this has a dirt resisting finish and it does keep the finish after washing. Or, you might even use oilcloth in the porch as much as possible. This too may just be wiped off.

For dining, use as many paper accessories as possible so you can eliminate some of the laundry from the dining room. Also, plan to eat outdoors as much as possible, as a lift to your morale as well as for your comfort.

You'll be much more comfortable during the summer months if you don't let cleaning get you down—or out of hand. When you can use paper in place of washable fabrics or in place of dishes, by all means do so, as it's an effort to stand over a sink full of dirty dishes or a tub full of soiled clothing when the weather beckons.

Plan to do the cleaning early in the morning before the weather becomes sweltering hot, and you will be well repaid by having leisure hours in the afternoon.

Change Bedding For Summer

One of the major changes you will want to make for warmer weather involves bedding. Sleep must be

Be Smart!



That ultra-feminine touch of this season can mean almost anything that's fresh and beautiful... also colorful! A single luxurious rose, a quaint little nosegay against its cuplike background of lace, a huge taffeta sash in stripes or plaid for a dress or belero.

Eyelet Batiste



This lovely lady is ready to go dancing in a glamorous white formal of exquisite cotton batiste and organdie. The strapless bodice in eyelet batiste fits sleekly until it meets the full organdie skirt. A flouncy organdie ruffle dips downward from back to front. Red carnations over one shoulder add a bright touch of color.

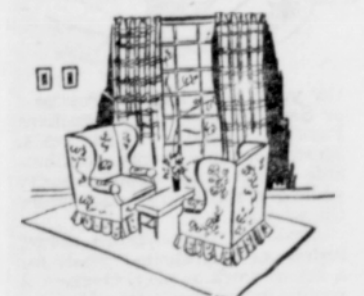
comfortable no matter what the weather, and a few precautions will guarantee it so.

Within the last few months a number of plastic covers have been reaching the stores. They include mattress covers as well as pillow covers and shut out dust and dirt efficiently from the bedding itself. Once you put it on, you can be assured that no dust will reach the bedding, and you will be relieved of a cleaning problem.

There is no laundering on either of these items. They are cleaned as any plastic, simply, quickly and easily just by swishing with a damp cloth.

If you do not have a set of summer bedspreads, preferably in cotton, then plan to get some immediately. They give bedrooms a light airy feeling and many of the tufted spreads, quilts and seersucker spreads need no ironing at all. They will take tubbing nicely, and if hung properly will be smooth and wrinkle-free, ready to put back on the beds as soon as they are dry.

Many women dispense with spreads entirely by using light summer quilts for the bed. They look so summery and add such a gay note to the rooms, and are so easy to clean, it would be foolish even to consider using spreads. After all, the more gay the home, the more informal the atmosphere, the more pleasure the place will be during summer.



With Easily Cured-for Fabrics.

Quilting is not difficult, and most women like to do it, so it might be a good idea to use up odds and ends of material for these very useful furnishings.

All rugs that soil easily should be replaced by easy-to-clean ones during the warm weather as there is so much traffic from outdoors to indoors. Porches which take the major share of the wear should be fitted with grass rugs of one type or another or by linoleum, for both are easy to clean surfaces.

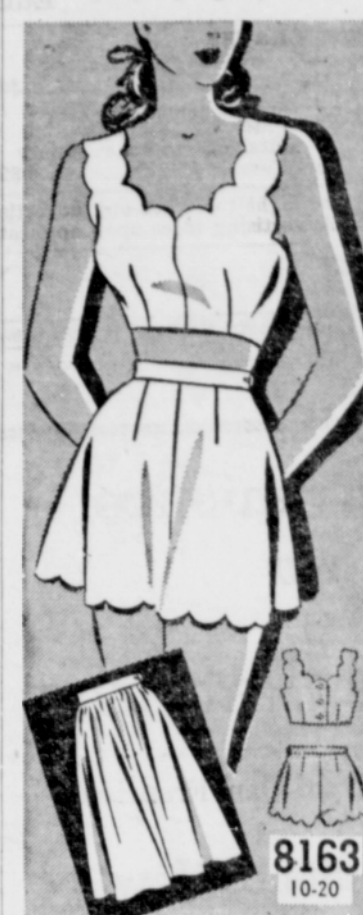
In the bedrooms you might dispense with any of the larger rugs entirely as these are certainly a job to clean, and fit the room with several attractive throw rugs that are easy to pick up and shake or clean otherwise.

If you are fortunate in having the use of a loom for weaving "rag rugs," this will give you an outlet for those balls of leftover materials. If you do not have a loom for weaving, there are a number of boards and gadgets available for making yarn and twine rugs quite inexpensively.

Just a word of caution about rugs: Do select them for their color scheme as well as utility. If you do not have colors that lend themselves to your rooms, you can, of course, do a dyeing job readily and make the rug a real asset to the room. Use colors such as green, rust or blue, which will not show every bit of soil that is tracked into the house.

SEWING CIRCLE PATTERNS

Sports Trio for Sunny Weather Simple Two-Piecer Is Flattering



8162

34-48

Summer Two-Piecer

Smart Sports Set

SCALLOPS give an air of smartness to this enchanting sports set. The brief top buttons in back, the nicely tailored shorts are as comfortable as can be. A full dirndl skirt is included for you to wear when you've tanned enough.

Pattern No. 8163 comes in sizes 10, 12, 14, 16, 18 and 20. Size 12, top, ¾ yard of 35 or 39-inch; shorts, 1¼ yards; skirt, 1¾ yards.



A little olive oil or glycerine poured on a soft cloth and rubbed on bathroom fixtures keeps them in excellent condition and makes them easier to polish.

Wash blankets on a warm spring day when there is a light breeze.

Don't overlook tender young spinach when tossing a vegetable salad. It's a way to tempt the spinach haters at your home into eating it. Besides it is colorful and nutritious.

Cause of paint cracking usually is that the top coat is harder than the undercoat. This often results when one paints over a surface that is not dry.

In using a hacksaw best results are obtained if the stroke is done in such a manner as to bring into play virtually the entire length of the blade.

A damp sponge rubbed lightly over upholstered furniture will remove surface dust, dog or cat hairs.

Paint thinned with turpentine spreads readily and dries quickly without leaving a high sheen.

Hard woods, and especially oak, are not good for framing jobs since they split easily and do not stay straight.

Find 16th Century Figures In Rare Medieval Armor

Since the 16th century, the Church of the Madonna delle Grazie, near Mantua, Italy, has had the upper part of its interior walls lined with life-sized human figures that custodians believed were made of papier-mache. But in 1937, an authority on antiques examined the 17 military figures and discovered they were dressed in excellent suits of rare medieval armor.

SMALL FRY by Stagg BETTER TASTING



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