



HOUSEHOLD LIQUIDS
Liquid can be poured from a narrow-necked bottle faster and easier by shaking the bottle in a circular manner.

Teas may be deliciously flavored by adding sprigs of curly mint, apple mint, orange mint, spearmint, or lemon balm.

To clean pancake griddles, waffle irons, and popover irons, wipe them after each use with a cloth squeezed out in clear, warm water.

Some of those pictures hanging on the wall are a sight when you take them down. Heavy wrapping paper glued tightly to the back of the frames will keep out dust and protect pictures.

Select suitable cards for birthdays and anniversaries of your friends, address the envelopes, and keep them on file. Index by dates on which they should be mailed, then your friends will receive a thoughtful greeting from you on their special day. A small investment that pays big dividends in friendship.

WHY TAKE HARSH LAXATIVES?

Healthful Fresh Fruit Drink Makes Purgatives Unnecessary for Most People

Here's a way to overcome constipation without harsh laxatives. Drink juice of 1 Sunkist Lemon in a glass of water first thing on arising.

Most people find this all they need—stimulates normal bowel action day after day!

Lemon and water is good for you. Lemons are among the richest sources of vitamin C, which combats fatigue, helps resist colds and infections. They supply valuable amounts of vitamins B₁ and P. They pep up appetite. They alkalize, aid digestion. Lemon and water has a fresh tang too—clears the mouth, wakes you up, starts you going.

Try this grand wake-up drink 10 mornings. See if it doesn't help you! Use California Sunkist Lemons.

KID O'Sullivan SAYS

Outdoors in any weather, feet keep comfortable with SOLES as well as Heels by O'Sullivan



AMERICA'S No. 1 HEEL and sole Tough and Springy

COLD SUFFERERS!

666 STARTS RELIEF IN JUST 6 SECONDS

Get famous, prescription-type 666, for super-speedy relief from colds, sore throats, try 666 Cold Tablets, or 666 Liquid Cold Preparation today. Caution: Use only as directed.

Black Leaf 40 KILLS LICE Cap-Buck Applicator makes "BLACK LEAF 40" SO MUCH EASIER! JUST A DASH IN FEATHERS... OR SPREAD ON ROOSTS

Kidneys Must Work Well-

For You To Feel Well

24 hours every day, 7 days every week, never stopping, the kidneys filter waste matter from the blood. If more people were aware of how the kidneys must constantly remove surplus fluid, excess acids and other waste matter that cannot stay in the blood without injury to health, there would be better understanding of why the whole system is upset when kidneys fail to function properly.

Burning, stinging or too frequent urination sometimes means that something is wrong. You may suffer nagging backache, headache, dizziness, rheumatic pains, getting up at night, swelling. Why not try Doan's Pills? You will be using a medicine recommended the country over. Doan's stimulates the function of the kidneys and help them to flush out poisonous waste from the blood. They contain nothing harmful. Get Doan's today. Use with confidence. At all drug stores.

DOAN'S PILLS

Washington Digest

Union Rank and File Ask For Extended Labor Peace

By BAUKHAGE
News Analyst and Commentator.

WNU Service, 1616 Eye Street, N. W., Washington, D. C.

WASHINGTON.—Sitting in the committee room where the hearings on the forthcoming labor bills have been taking place I often have wondered how closely they were being followed by the rank and file of the union members. Of course, the leaders were listening with cocked ears to every syllable—were they listening with the same ears as the men?



Baukhage

The reason I ask that is because of a letter I received which asked:

"How can the thousands of union members like myself make people understand that what the leaders of our unions do are not the views of the small fry rank and file members?" He goes on to claim that these "international officers are elected at a convention attended by a certain few. And we who stay at home and pay their salaries by our monthly dues have nothing to say about who our national officers are to be or what policies are to be followed. The first inkling we have of what is going on is when we read it in the paper."

He points out that people like himself have no huge financial reserves, no way to make themselves heard.

"All we want," he insists, is to be "left alone. We want to work. We want to work hard because we are all financially broke. It is our fervent wish that everybody let us alone and let us work in peace."

When I read that letter on the air, another 59-year-old automobile worker (member of a CIO union) wrote in immediately to agree with the sentiments. He says: "All I ask for is 52 weeks' work in a year (including one week vacation with pay), no strikes, no lay-offs and no increase (underlined by the writer) in wages. Industry and farm prices would take away all and more of any increase I might get. I, too, wish we could get a secret poll of CIO members on such matters as above, but that is quite improbable—the union leaders would discourage any such vote."

Another listener reminded me of the so-called "Barnes bill" in Massachusetts to compel unions to file certain statements with the Commonwealth—a bill fought by union leaders—which was carried by so large a majority that observers figured that more than 50 per cent of the members of unions in the Bay state had voted in its favor.

A woman correspondent added her voice in support of the first worker. She wrote: "Men looking for work are trying to avoid jobs where they have to join unions."

Of course, there were many who disagreed. One of the most vehement was a 78-year-old Virginian who began work on the railroad in 1886. He described early days when unionization was just getting under way. He said: "When I joined the Brakemen, it was a crime. In fact, you had to keep it a secret or off went your head." He characterizes the union man who criticizes his leadership as "a parasite glad to get a raise and better working conditions, but who will let the other fellow pay for his fare."

An Ohio union member concurs, saying: "When anyone tells you that they do not have a say in what their officers do, they show no respect whatsoever for the truth. They should attend their meetings and help shape their policies, and don't blame their officers for what is done because it is their own fault."

Obviously, situations differ in different unions. When the bill is written by congress, I believe it will be so phrased that it will make it possible for the majority of union men, if not the majority of the leaders, to vote without qualms for the men who wrote it. That seems common political sense.

New Book of Wonders

When I was reminded that there was going to be an Agricultural Yearbook this year (the first since 1942) I hot-footed it over to the editor because the Agricultural Yearbook is news. Bad news when

they don't have one and good news when they do, which is every year since 1863 when Abraham Lincoln signed the bill authorizing establishment of the department of agriculture and outlining its functions.

At this writing the book is still in galley but will be out soon. Circumstances which interrupted the annual publication of this work have combined to make it perhaps the most interesting in the history of the department. Its title is "Science in Farming" and it will reveal some of the tremendous advances which have affected the products of agriculture during and because of the war. The editor is Alfred Stefferud and the authors of the some 150 odd articles which it contains are mostly scientists in the department. Some are staff members of state colleges, state agricultural experiment stations and other government laboratories. As editor Stefferud says, this yearbook will furnish "a wealth of information on how to live better and work better, information about food, clothing, housing, gardens, pests, forests, new processes and many other things."

There isn't room here to list all of the contents but the articles which deal with plant and animal genetics recount tremendous strides made in breeding, feeding and care, and combating insects and diseases. The hen getting her respiration measured in the picture is an example of the studies of conditions favorable to health and well being of poultry, cattle and horses which have been studied.

Then there are the new products which have been created out of old ones: Utilization of corn-cobs and stalks and straw; the manufacture of vegetable meals that used to be dumped; chapters on penicillin and



Bio-physicist H. G. Barott of department of agriculture places hen in respiration calorimeter to measure intake of oxygen and output of carbon dioxide and heat.

rutin showing the new bond between agriculture and pharmacy. I never guessed that rutin can be made from some 35 different plants and the richest in yield is the one that produces those tasty buckwheat cakes that I used to drown in maple syrup in my youth.

Then there is the story of "velva," the toothsome product made of over-ripe fruit. You may or may not know that one of the most difficult flavors to preserve is that of the apple. It was never captured even in candy, successfully. Now, however, it has been anchored and there is an apple flavor as satisfactory as vanilla. Incidentally one of the most fascinating articles is the result of a survey which reveals what Americans eat and why.

After even a rather hurried glance at the contents of this volume I realize how lucky are the people who have a friend in congress from whom they can obtain a copy of "Science and Farming." Under the law 200,000 copies of the yearbook are printed as congressional documents and nearly all of these are delivered to congressmen. It is left to their discretion to distribute them. They also can be purchased from the superintendent of documents of the U. S. government printing office. The price has not been announced at this writing but I imagine it will not exceed \$2 this year.

BARBS . . . by Baukhage

If radio could do as much to improve the production and quality of its corn as agriculture does it would be a happier world.

The American public spent three times as much on tobacco as it did on religion although the latter sum reached a new high last year. Which shows that some people still expect to smoke here as well as hereafter.

The only ordinary civilians who can give orders to generals and admirals are the newsreel photographers.

Unlike Poland, Czechoslovakia, Hungary and Austria still have some freedom. How soon will Russia be able to arrange free and unfettered elections in those three countries?

Washington MERRY-GO-ROUND

DREW PEARSON

UNEASY OVER FLIGHTS

WASHINGTON.—The splurge of recent air crashes is causing considerable worry to the secret service agents responsible for the life of the President.

The secret service is afraid the day may come when the President's special plane, "The Sacred Cow," also may encounter bad weather or mechanical trouble. They also know something about the President's propensity for taking off, rain or shine, and it keeps them awake at nights thinking about it. When he wants to go some place, he simply goes.

Result is that a quiet campaign is under way inside the secret service to persuade the President to abandon air travel generally. They want him to take the train—as President Roosevelt did on almost all occasions.

FDR enjoyed train travel. It rested him and gave him a chance to get caught up with his correspondence. Truman, however, loves the speed of an airplane. He can get to Kansas City in four hours whereas it would take him two nights and a day by train.

The secret service has never recovered from the scare it received on Christmas, 1945, when Mr. Truman flew home to Independence in weather that had grounded all commercial airlines. However, the President is a hard man to persuade, and his secret service bodyguards are not any too optimistic about the chances of keeping him grounded.

AIR CRASHES

Despite the recent series of air crashes, fact remains that commercial air lines hung up twice as good a safety record in 1946 as in 1945. Although the total number of aircraft fatalities increased, it is important to recall that the airlines flew twice as many passenger miles in '46. This cut the fatality rate in half.

Another factor most people overlook is that the Civil Aeronautics authority, which regulates commercial flying, is operating in the face of a pinch-penny congressional appropriation. Despite the small appropriation, CAA worked out a bad-weather instrument-landing system which has now been adopted by every country, including the Russians.

ARMY EDUCATION

Public opinion expert George Gallup proved to the last decimal point that more men would enlist in the army and navy if military authorities had "a system whereby educational training in the service would count toward high school or college diplomas."

The army's information and education branch was glad to hear that they should educate servicemen, but they want to know one thing: Who's going to educate Dr. Gallup?

What he apparently doesn't know is that the United States Armed Forces Institute makes every conceivable type of study course available to any soldier, sailor, marine or coastguardsman who wants it.

More than 1,900,000 men already have acquired schooling via USAFI. Also, they've got credit for it. In the last year alone, 20,000 servicemen received high school diplomas via the army. These diplomas and USAFI's college courses are accepted for credit by almost every school in the country.

Gallup goes on to make the weird statement that army authorities question the idea of the army's going into the business of general education.

Clearly, none of Gallup's scorekeepers asked the secretary of war or power-packed Gen. "Buck" Lamm, head of the army's information and education branch, about this. They not only don't question it, but they do it; sending teachers and books and quizzes and lessons by the thousands all over the world.

BACKSTAGE NAVY LOBBY

White House insiders report that brain trust Clark Clifford is having a tough time drafting an army-navy merger bill for congress that will both carry out the President's ideas and not offend the brass' hats.

President Truman wants it clearly stated in the bill that there will be a secretary of national defense, with full cabinet rank, and three under-secretaries with sub-cabinet rank, representing the army, navy and air forces.

The latter, however, is not at all what the brass hats want. They want full cabinet rank for each arm of the service—in other words, three new cabinet members.

CAPITAL CHAFF

Alert Senator Brewster of Maine, giving colleagues an off-the-record report of his Latin American trip, disclosed that British agents are selling British planes all over Latin America and outselling the USA. They are taking orders for delivery on jet planes which will be far ahead of our transports. In two years, Brewster predicts, the British will force Latin Americans to use British-type instruments for land-ling, making it hard for Americans to operate on the same fields.



Farm Topics

Herd Improvement by Artificial Breeding

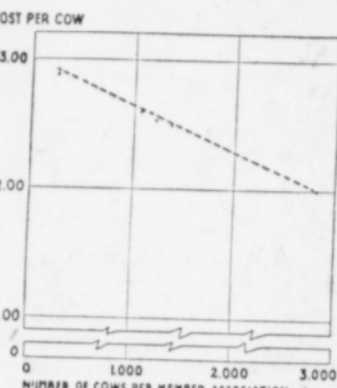
Co-Ops Can Lower Cost By Proper Management

By W. J. DRYDEN

An increasing number of farmers use artificial insemination in order to speed up dairy herd improvement and increase their income.

In the urge to expand rapidly, many farmers sometimes have overlooked the importance of technical problems in dairy husbandry, genetics and veterinary medicine.

By joining together within a certain zone, farmers may cooperate in forming an artificial breeding as-



sociation. This has decided advantages, chief among which is the financial one. To be successful the bulls purchased by the group must be outstanding—better than any one of the individual farmers could afford to maintain.

To properly conduct the insemination, the group should have available a qualified veterinarian. He need not be on a full time basis, but should devote sufficient time to check on all breeders as well as perform the actual insemination. If the organization is sufficiently large he could be engaged on a full time basis, devoting part of his time to disease control and preventative work.

Anchored Soil Will Defeat Dust Storms

Farmers in the Great Plains states are heading a warning that another cycle of dry years may bring back the disastrous dust storms of the early 'thirties," Paul T. Scott, South Dakota State college, writes in Cap-per's Farmer.

The farmers propose to beat nature to the draw by anchoring at least a portion of the susceptible acreage with hardy grasses.

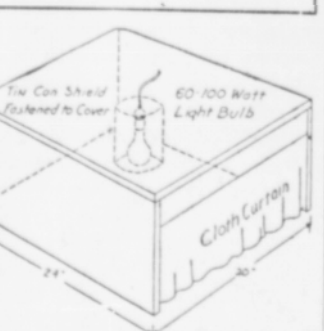
Most important discoveries made in the fight against erosion were the



Anchor the soil to prevent erosion.

adaptation of certain tame grasses and new methods of seed harvest for the Plains natives. Brome grass now has spread over the eastern portion of the Plains states and into the Corn Belt. Crested wheatgrass is proving a near-miracle as a land cover and pasture in the northern part. Mechanical processes have been developed for harvesting and seeding buffalo grass, the grammas and wheat grasses.

Backyard Brooder



Small Brooder For Backyard Poultrymen

This brooder, large enough for 25 to 50 chicks, is recommended by University of Maine. It can be made of wood or corrugated box the size indicated in the illustration, or slightly larger. Chicks can be brooded in the basement up to six or eight weeks.

Home, Farm Lead in National Accidents

With the accident rate skyrocketing and the home and farm leading over air, rail and highway as the scene of most accidents, it is time we settled down to some constructive thinking and acting along safety lines. Most of these accidents would not have happened if someone had been a little more careful, thoughtful or alert, or if the farmer would inspect his equipment before using it.

DOES WONDERS FOR CONSTIPATED MAN

Famous cereal keeps him "regular" without drugs

Discouraged about your constipation? Then read this sincere, unsolicited letter:

"I tried so many kinds of laxatives for constipation, but after a while they all failed to do their work. I started to eat KELLOGG'S ALL-BRAN some time ago and was surprised to find this wonderful product helped me as many laxatives had failed to do. I eat it every day now and am happy to say I feel like a new man!" Mr. B. Lee Ward, 115 Park Avenue, Edgewood 5, R. I.

Yes, eating ALL-BRAN regularly often brings lasting relief from constipation due to lack of bulk in the diet. For best results, eat it for breakfast every day—and drink plenty of water. Try it for ten days! If by that time you are not completely satisfied with KELLOGG'S ALL-BRAN, send the empty carton to the Kellogg Company, Battle Creek, Michigan, and get double your money back.

ALL-BRAN is not a purgative but a wholesome food made from the vital outer layers of whole wheat. Eat daily either as a cereal, or in muffins. Ask your grocer for KELLOGG'S ALL-BRAN.



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