

**CLASSIFIED ADS**

**WOOD BIDS WANTED**

Union high school District No. 1 will accept bids for 50 cords of Fir wood not less than 4 inches in diameter nor more than 8 inches, and in length as follows: 6 cords of 16 inch; 22 cords of 2 foot; and 22 cords of 4 foot. Bids will be opened at the school house in Kerby Saturday evening, Feb. 5, 1944 at 8:30 p. m. The board reserves the right to reject any or all bids. LUCIUS ROBINSON, Chairman, EFFIE M. SMITH, Clerk. R. D., Cave Junction, Ore.

**FOR RENT**—The Franklin Berry farm just north of Kerby. Ada Buck, P. O. box 70 or address 107 S 4th street, Grants Pass. 36-1tc

**FOR RENT**—Partly furnished 3 room cottage, includes lights and hot water. Fireplace. Ye Rustic Inn. 38-2tp

**FURNITURE** — When you need New or Used Furniture, think of Manchel's. Keep up the home the boys are fighting for. Manchel's Furniture, 112 N. 6th St., Grants Pass. -2-tf.

**ABSTRACTS** — Title insurance, affiliated with Commonwealth, Inc., Josephine County Abstract Co., Masonic Bldg., Grants Pass.

**HAVE BUYERS** for ranches, large and small. You furnish the property and we furnish the buyers. List with Sam J. Miller, Muir Auto Court, Cave Junction. 5-tf

**WANTED**—20 gallon or better crock or earthenware. E. S. Nelson, Kerby. 38-1tp

**WANTED**—To buy cattle, young stock preferred. George Hilton, Williams, Oregon. 38-2tp

**THREE HUNDRED** big, rugged, unpampered Hereford range and herd bulls and sixty-five females will be sold at the Red Bluff, California, Hereford sale at 10 a. m. on January 29. Show and banquet on 28th.

Sale under auspices of Tehama County Cattleman's Association. Consignments by leading breeders from Oregon, Washington, Montana, Utah, Colorado and California.

Write Hereford Sale Committee, Box 391, Red Bluff, California, for catalogue and information. 38-1tc

**FOR SALE**—One Nubian buck goat and three does. Inquire at Mortenson's place, just south of the Lind home on Caves highway. 38-1tp

**FOR SALE**—Choice baled oat and vetch hay. George Hilton, Williams, Oregon. 38-2tp

**FOR SALE**—Old growth fir wood. Inquire at the H. C. Vernon place on Caves highway. 38-1tp

**FOR SALE**—Meadow grass hay, alsac, red clover, timothy, etc. See Reese R. Esgar, near Holland. 38-1tp

**FOR SALE**—Feeder pigs. E. F. Vahrenwald, Holland, Oregon. 38-1tp

**FOR SALE**—Four fat baby beef calves. M. H. Maurer, near Holland. 38-1tp

**FOR SALE**—What have you? An ad in this column sure gets results, and they cost so little.

**FOR SALE**—No trespassing cards at The News Office. 52tf

**FOR SALE** — Mining location blanks, both quartz and placer and trespass notices at the Illinois Valley News office.

**BUSINESS CHANCES** — Auto court, grocery store and other bargains. See L. E. Athey at the News office.

**STRAYED**—To my place one three year old Guernsey Jersey steer marked crop off right ear, swallow fork on left ear. Owner can have same by paying for this ad and feed bill. Jim Payne, Route 1, Cave Junction. 38-1tp

L. E. (TED) ATHEY is now a licensed real estate broker and would appreciate listing of property from those who wish to dispose of their holdings.

**FIRE AND AUTOMOBILE** Insurance. See L. A. Athey at the News office. tf

**"Smoke-Jumper's" Training Wings**



"A smoke-jumper" gets training on the "let-down rig" at Seeley Lake, Lolo National Forest, near Missoula, Mont. This jumper has on complete uniform except for gloves. The pocket on his right trouser leg contains a length of rope so the "jumper" can let himself down, should he land in a tree. He carries also a two-way radio. U. S. Army medical officers are among those assigned to Seeley Lake for parachute training. Trained "jumpers" are to be kept on yearlong duty for rescue work.

RURAL PRESS SECTION—OWL.

**VITAMIN C LACK CAUSED SCURVY**

Scurvy is one of many diseases long known to man which was found to be caused by the lack of a vitamin—ascorbic acid or vitamin C. In the thirteenth century, scurvy took a heavy toll among the crusaders. The voyages of great explorers — Columbus, Magellan, Vasco de Gama—were plagued by it. Of the 160 men who sailed with de Gama around the Cape of Good Hope, 100 died from scurvy. In 1600, four ships left England for India. Three of them served the usual diet and had many victims of the scurvy, the fourth had bottles of fruit juices on board, which were served every morning before eating. That ship suffered no casualties. Yet it was almost 200 years later before the British admiralty finally ordered each ship to carry fresh lemon juice, mix it with sugar, and issue one ounce daily. Finally, science discovered the cause of scurvy to be a lack of ascorbic acid or vitamin C. Vitamin C is found in fruits, es-

pecially in citrus fruits; in tomatoes and other vegetables such as cabbage and peppers. It is lost by prolonged cooking or by long exposure to air. Vitamin C is essential for the development of healthy teeth and other tissues.

The sunshine vitamin, vitamin D is formed in the skin by sunlight and occurs in fish, liver oil, liver oils and irradiated milk. It helps the body to assimilate calcium and phosphorus, necessary for proper formation of bones and teeth.

Vitamins are easily lost in cooking. Some—thiamine, riboflavin, niacin, and vitamin C—get out into the cooking water. Heat destroys some of them, particularly thiamine and C. Foods lose some vitamins while waiting to be used. Vitamin A is slowly lost this way—vitamin C more rapidly.

Certain foods should be prepared in certain ways to prevent vitamin loss. Fruits and vegetables should be stored in a cool, dark place until ready to cook. Leaves should be washed in cold

water without bruising, and cooked in a covered pot only eight or ten minutes.

Carrots should not be scraped or left soaking in water for the vitamins will be lost. They should be eaten raw, or boiled in a little water in a covered pot.

The outer, greener leaves or lettuce contain the most vitamin A and, if in good condition, should not be thrown away.

To keep the most vitamins, boil potatoes with their skins on.

Further information about vitamins may be obtained by writing for the pamphlet "Vitamins From Farm to You," U. S. Department of Agriculture, Washington, 25, D. C.

**STANDARD OF CALIFORNIA RECEIVES INSTALLMENT IN MEXICAN SETTLEMENT**

Standard Oil Company of California today received a check for \$1,913,997.59, representing first payment on a settlement for its interest in Mexican oil properties expropriated by the Mexican government in 1938.

The total settlement with Standard of California amounts to \$3,589,158 plus 3 per cent interest from the date of expropriation. The balance of this sum is payable

in four yearly installments, the last of which will be due in September, 1947.

The amount payable to Standard of California was agreed upon by the United States and Mexican governments last September. At that time the two governments also agreed upon settlements of similar claims by other American oil companies.

**BUY WAR BONDS**

**The Army Won the Battle of Salerno**



Now It's Up To Us To

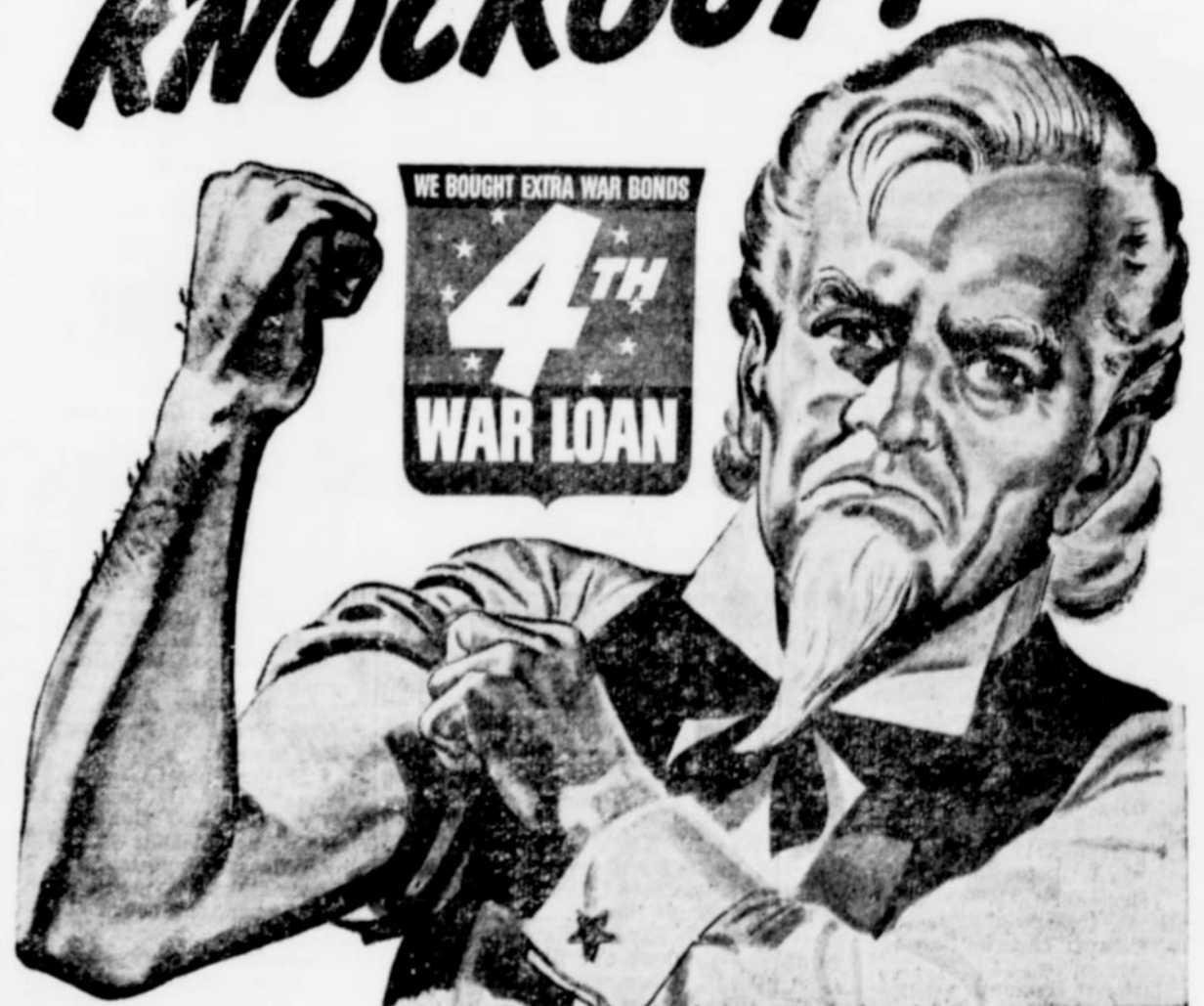
**Win the Battle of the 4th War Loan**

Buy Bonds the Way the Army Fights -- All Out!

**Grants Pass Lumber Co.**

GRANTS PASS

**Now for the KNOCKOUT!**



**Have you done your part in the**

YOUR gallant fighting men are giving all they've got to put over the knockout blow. But you must do your share to back them up. Your share in this all-out drive means investing in War Bonds until it hurts. The very least you can do is invest in at least one extra hundred dollar Bond (costs \$75.) . . . and as many more as possible. Help your company meet its quota. Display the 4th War Loan emblem at home. Do this and you'll help your country . . . help yourself.

**4th WAR LOAN?**

Let's All BACK THE ATTACK!

★ This is an official U. S. Treasury advertisement—prepared under the auspices of Treasury Department and War Advertising Council. ★

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**THE GOLDEN RULE**

GRANTS PASS, OREGON

**ALMANAC**



"When in doubt, win the trick"—Hoyle

- JANUARY**
- 22—Gen. Jackson defeats Creek Indians, 1814.
  - 23—Japs invade Australian islands of New Britain and New Guinea, 1942.
  - 24—Marshall strikes gold in California, 1848.
  - 25—Thailand declares war on U. S. and Britain, 1942.
  - 26—Establish Rocky Mountain park in Montana, 1915.
  - 27—Rockefeller donates \$7,000,000 for research for tuberculosis serum, 1903.
  - 28—Carnegie endows research foundation, 1902.

Complete Line of U. S. TIRES

Recapping and Repairing  
**DUCKWORTH**  
The Tire Man  
Grants Pass

**CHADWICK HOTELS**

- COFFEE SHOPS  
In Connection
- HOTEL REDWOOD Grants Pass, Oregon
  - HOTEL JACKSON Medford, Oregon
  - HOTEL OREGON Eugene, Oregon
  - HOTEL SENATOR Salem, Oregon
  - HOTEL MARION Salem, Oregon
- McCredie Hot Mineral Springs  
McCredie Springs, Oregon

For Drugs, Toiletries  
Fountain Service  
Come to  
**OWL PHARMACY**  
In Grants Pass

**FRENCH LAUNDRY & DRY CLEANERS**  
Agencies  
Barber Shop, Cave Junction  
Bruce Hanna, Kerby  
Lew Hammer, Selma  
Waldo Motel, O'Brien  
Call: Wed. and Sat.



**Gone up in Smoke!**  
You can't afford to be Without Insurance  
Don't Wait Until it is TOO LATE!  
SEE M. C. ATHEY  
at The News Office

