

## GOOD FRIDAY: Here's How to Make Those Hot Cross Buns!

Since medieval days the hot cross bun has been a symbol of Good Friday. Nowadays the thrifty housewife makes her own hot cross buns, as illustrated in these pictures taken at the studios of Eleanor Howe, noted Chicago food economist.

The ingredients:  $\frac{1}{4}$  cup sugar; 2 tablespoons butter;  $\frac{1}{2}$  teaspoon salt; 1 cup scalded milk; 1 yeast cake softened in  $\frac{1}{4}$  cup of lukewarm water; 2 eggs; 4 cups flour;  $\frac{1}{2}$  teaspoon of cinnamon;  $\frac{1}{4}$  teaspoon of nutmeg;  $\frac{1}{2}$  cup of currants.



Put sugar, butter, salt in bowl. Add milk. Stir. Cool. When lukewarm add yeast and use egg. Beat. Sift together flour, cinnamon, nutmeg and add to liquid. Mix. Stir in currants.



Place in greased bowl, cover, and let rise until double in bulk. Turn dough onto lightly floured board, shape into ball and knead until smooth and elastic. This requires about five minutes.



Flour hands lightly, and shape dough into small balls, about the size of a large walnut. Then place them on a greased baking sheet and let them rise in a warm place until they are about double in bulk.



Brush rolls with remaining eggs well beaten. With sharp knife, cut cross in top of each bun. Then let buns rise until light. Bake in moderately hot oven (about 400 degrees) for 15 to 20 minutes.

## Los Angeles Plant Uses Black Sands

While black sand is more or less a "bug-a-boo" in this section of the mining world, nevertheless, there must be some fire where there is so much smoke. Read what Carl S. Kelly, staff financial writer of the Los Angeles Examiner, has to say about black sand.

"One of the vexations of placer mining is the accumulation of so-called black sands which clog sluice boxes and interfere with operations without yielding any profit. Fire assays show these substances often carry high values in gold and platinum but the sands are so refractory that the practise has been to discard them. Until recently no known treatment would recover the values except at prohibitive cost.

"Now a plant has been established in Glendale by the Engineering Ore Reduction Company which is employing a process worked out by Ben R. Binns, metallurgical chemist, who was a veteran of the Cripple Creek and Goldfield camps. The residue black sands from placers all over California, Nevada and Arizona are being treated, with astonishing results. Joseph E. Dirking, an officer of the company, has been visiting the mining areas and collecting supplies of the sands. Mr. Binns is the chief engineer of the company.

"While the generic term black sands is employed, these residues are often gray or brown and sometimes more highly colored, Mr. Dirking explained. They include magnetites, titanates, chromites, and chromates and even zirconates. Sheelite, the ore from which tungsten is derived, has also been found to carry substantial values in gold when treated by the Binns process.

"The Glendale plant is now employing 15 men, chiefly technicians, and the management is planning to expand operations to employ 60 on a three-shift basis. Young men from U. C. L. A. are to be trained.

"That the big dredging companies are indifferent to the values they could be recovering is another piece of fiction," said Mr. Dirking. "We know of two of the largest companies which are saving their black sands and have been doing for several years."

"Other operators who today are throwing away the sands they could be concentrating are making it possible for tomorrow's miner

who may be more amendable to new ideas to make his stake in otherwise worked-out ground."

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### ITEMS OF INTEREST TO TOWNSENDITES

Priest advises close study of the Townsend Plan — The Rev. Malachy Cleary, assistant pastor of St. Mary's Church in Saugerites, New York, quote: "Of all the theories and panaceas offered for solution of our economic problems it was the speaker's opinion that the Townsend Plan, although still an untried idea, seemed to offer a solution of getting idle money back into circulation. He recommended that his listeners study the Plan and try to arrive at a decision as to its merits and feasibility."

Dayton, Ohio, students debate the Townsend Plan. Three high schools are sponsoring debates on the subject of the Townsend Plan as a result of organizing work among students by Trailblazers for the Townsend Youth Association.

Caldwell, Plan foe, to quit the House — Millard F. Caldwell of Florida has announced that he will not be a candidate for re-election. There is considerable speculation as to whether Mr. Caldwell's determination to quit Congress is due to the knowledge that the growth of the Townsend movement in his district was a distinct menace to any ambition he may have had about being re-elected. Wouldn't surprise "me none."

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### Former Soldiers Can Enlist in the Reserves

PRESIDIO, SAN FRANCISCO, March 21st. — Word received from the War Department announces that the qualifications for enlistment in the Regular Army Reserve has been liberalized to the extent that married men, men with other dependents and men who have been out of the service for any number of years are eligible for enlistment, provided they have at least one year's service in the Regular Army and are under the age of 36, it was announced today at Headquarters Ninth Corps Area, Presidio of San Francisco, California.

Men accepted in the reserve will be enlisted with the same grade held at time of discharge from the

Regular Army, it was further stated.

The Regular Army Reservist, or MODERN MINUTE MAN, enlists for a period of four years and receives a stated enlistment allowance payable every four months and has no duty to perform other than to stand by subject to call to

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active duty in the event of a national emergency, Major Charles C. Quigley, Corps Area Recruiting Officer stated.

Major Quigley pointed out that the advantages to ex-army men enlisting in the reserve are many, which include mainly the opportunity for the ex-soldier to protect the grade he held at the time of his discharge from the Regular Army. He further added that in the event the reservist is called to active duty during an emergency he will receive an additional allowance to three dollars for every month he has been a member of the reserve with a maximum of

\$150.00. The strength of the Regular Army Reserve, as authorized by Congress, is 75,000 men. Arrangements have been made at all army recruiting offices in the corps area to furnish ex-army men literature covering this service and to also accomplish enlistments therein Major Quigley concluded.

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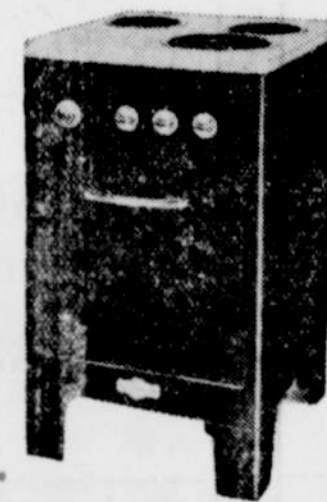
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