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Courier.

MANAGEMENT OF SERVANTS

How to Engage a Maid and Instruct Her Intelligently.

When engaging a servant be careful
to explain her work to her; also show
her that the work must be done in
your way and not hers or the way her
former mistress had it done. When
she does well in her work encourage
her by a few words of praise. Never
reprove her in the presence of others
and above all while she is serving a
meal, says the New York Journal.

Retain your temper at all times.
Give your orders for each day as early
as possible, and if it seems necessary
write them down very distinctly and
clearly on a piece of paper and fasten
it up in the pantry, kitchen or some
other convenient place.

See that she is extremely neat in her
dress, hair neatly and simply arranged,
no jewelry worn, a perfectly clean
apron, collar, cuffs and cap and a
spotless gown. It is well to give strict
orders in regard to the hours when the
servants are allowed to have visitors.

Tell the maid who opens the door
never to let the visitors stand in the
hall, but to show them immediately
into the drawing room. Instruct her
carefully what she must say in reply
to messages left at the door or when
persons who call are not to be ad-
mitted.

Most persons prefer to have the maid
say that "Mrs. Brown is not at home,"
meaning that she is not at home to
callers. It is purely a matter of form
and is not considered an untruth.
However, some persons are scrupulous
in this matter and prefer to have the
maid say, "Mrs. Brown begs to be ex-
cused this afternoon."

How to Clean Matting.

To clean matting it should be first
swept thoroughly with a stiff broom,
following the grain of the straw, then
swept across the grain with a soft
broom that has been dipped in warm
water, says the New York Telegram.
Then wash thoroughly in warm water
in which a handful of salt has been
dissolved. Nothing brightens colored
matting so much as the salt, and,
moreover, it goes far to prevent it fail-
ing. The light colored matting should
be washed in water in which borax
has been dissolved. If any grease
spots are noticed before the matting
is cleansed cover them with a mixture
of prepared chalk wet with turpentine,
which after being allowed to remain
on for two days should be removed
with a stiff brush. In the event of the
grease having sunken in about one-
eighth of washing soda added to the
mixture will be effectual. Sweet milk
is said to keep the matting in a good
state of preservation, and it is only
necessary to use the application about
once a year.

How to Cure Insomnia.

There are several common sense
ways of obtaining sleep. One of them
is the application of cold wet cloths to
the back of the head and neck. This
treatment will not be followed by a
reaction if it is continued for a number
of minutes, and it often works surpris-
ingly well, says a writer in World's
Work. Another way of solving the
problem is to soak the feet in a hot
bath until the veins become dilated
with blood, or the whole body up to
the hips may be given a hot soak.
With some people a two or three min-
ute hip bath is the most effective rem-
edy. Others find help in a few slow
exercises which do not jar or excite
the system, but simply bring some fa-
tigue to the big muscles of the trunk
and limbs. Friction of the skin, espe-
cially of the lower part of the body, is
another means.

How to Cure For a Molting Canary.

In handling a molting canary keep it
very warm, at least at 70 degrees, and
carefully protected from drafts. A bird
tonic, purchasable from any good drug-
gist, should be given until the little
pet recovers health and spirits. Usual-
ly a bird stops singing through this
period, and the rest is beneficial.
Heavier food should be given, such as
hard boiled yolk of an egg, with finely
powdered cracker crumbs and a little
cayenne pepper or a whole hard boiled
egg chopped very finely and a little
pulverized sugar. Opportunity to bathe
every day should be given and the chill
first taken from the water.

How to Make Lemon Sherbet.

For lemon sherbet put to boil in a
clean basin two scant quarts of water
and one pint of sugar, says the New
York Telegram. Cook until clear, skim-
ming if necessary. Meanwhile squeeze
six lemons and grate a little of the yel-
low peel into the juice. Dissolve a ta-
blespoonful of gelatin in a quarter
cup of cold water, heating it over the
teakettle. When the sirup is clear
pour into the lemon juice, add the gel-
atin, cool and freeze. The beaten
whites of two eggs may be used in-
stead of the gelatin to give the ice
body if preferred.

How to Prepare Plants For Winter.

If you have geraniums—or any other
plant for that matter—that you intend
to make use of in the window garden
next winter do not allow them to bloom
during summer, says a writer in Out-
ing. Nip off every bud as soon as
seen. Throw the strength of the plant
into the development of branches.
These should be shortened from time
to time and made to produce side
branches. In this way you get a
bushy, compact plant with a score of
blossoming points where there would
be but few if you allowed the plant to
train itself.

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ter allowed in the Courier.

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Grants Pass, Ore., Sept. 1, 1906.

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