Health in Grants Pass

Rotermund Says Care of Digestion Solves Problem of Long Life.

No one in Grants Pass has a better chance than the druggist to know the condition of the city's health, and what diseases are most common.

Rotermund believes that the problem of long life is solved by proper care of the digestive organs. Let the stomach get out of condition and soon there will be nervousness, irritation, furred tongue, specks before the eyes, weakness, debility, indigestion, and other physical and mental troubles that directly result from a weakened stomach.

Of all the vital organs, the stomach is the most frequently abused, and hence, the one which most frequently fails, and so with the discovery of a remedy like Mi-o-na stomach tablets, which is sold on an absolute guarantee to strengthen the digestive system, aid in assimilation of food, and cure all troubles caused by indigestion, an important step has been taken towards solving the question of good health and long life.

Take one of the little Mi-o-na tablets before each meal, with the fixed determination that you are going to get well, and it will not be many days before you can eat anything without year of indigestion.

Rotermund sells Mi-o-na on an absolute guarantee to refund the money if it does not cure. A large box of the tablets costs but 50 cents, if it helps you; nothing if it fails.

WILLIAMS

Fred Knox of Murphy was in our valley Tuesday.

Bigelow Bros. drove some beef cattle to Grants Pass Monday.

Rev. Starmer held services in the Methodist Church last Sunday.

Rev. Austin of Merlin will hold services in the Baptist church Sunday.

The Williamsburg Mining Company have begun work in their mine at this place.

L. Savage, our county school superintendent, is visiting the schools of Williams this week.

Quite a number of Williams creekers went to Norris & Rowe's circus at Grants Pass last Friday.

Miss Rena Bingaman left last week for Redding, Cal., to visit her brother, John Bingaman.

Judge Lindsay on Woman Suffrage

Judge Ben Lindsay, of Denver, is the highest authority in the United States on Juvenile Courts. He was lately asked what effect a voting constituency of mothers had had on the success of the Juvenile Court system in Colorado. He answered:

"The Juvenile Court of Denver has always had back of it the support of the women, especially the mothers of Denver, and whatever success it may be credited with is largely, if not entirely, due to their efforts."

In "Progress" for July, 1904, Judge Lindsay wrote:

"The results of women suffrage in Colorado since its establishment more than 10 years ago, have been so satisfactory that it is hard to understand how it encounters opposition in other states. I have never observed one evil as the result. I have never heard a criticism directed against woman suffrage that ever worked out in practice, or, if it did, was not equally applicable to male suffrage.

"It used to be said that the women would not vote; that they were not intelligent. I believe, in proportion to population, nearly as many as, if not more, women than men voted at the last city election. In no important election has less than 40 per cent of the entire vote been cast by women, and, considering that there are more men than women in this Western city, it is no more than fair to say that the women are equally interested in the affairs of government, and vote as intelligently and as independently as the men.

"One of the greatest advantages which has come to us from woman suffrage is the fear on the part of the machine policitians to nominate for public office men of immoral character or to defeat those who have maintained a reputation for honesty and decency. Again, at critical times and in important elections, when some great principle is at stake, especially with reference to local conditions where the home and the family are involved, the women of the state have always come to the rescue. The powers of evil realize that they have a powerful moral force to deal with when it is once aroused, and they also realize that, when it is aroused, it has the power to strike a blow.

"We have in Colorado the most advanced laws of any state in the Union for the care and protection of the home and the children, the very foundation of the Republic. These laws, in my opinion, would not exist at this time if it were not for the powerful influence of woman suffrage, which, at all times, has been back of them, and those who have conscientiously and faithfully administered them."

Artesian Water.

There is an excellent prospect that artesian water will be struck at M. L. Pellett's big orchard near Talent. Dabney & Troxel, who have the contrat for sinking 800 feet, on Thursday morning were pleased to find that at a depth of only 200 feet the water had risen to the surface and overflowed the well. They feel sanguine that they will obtain a good supply of artesian water.

The success of this experiment would result in the boring of many wells in different parts of the valley, and go far toward solving the irrigation problem which now interests the fruitraisers, farmers and others very much.—Medford Southern Oregonian.

Warning.

You cannot have good health unless your kidneys are sound, for the kidneys filter the blood of impurities which otherwise act as irritating poisons and break down the delicate organs of the body and cause serious trouble. If you have kidney or bladder trouble and do not use Foley's Kidney Cure, you will have only yourself to blame for results, as it positively cures all forms of kidney and bladder diseases For sale by H. A. Rotermund.

Advertisers get results in the Courier.

WILDERVILLE

Mr. Standish of Grants Pass made a call in this vicinity Saturday last.

May Verdin of Grants Pass was seen in this neighborhood Saturday of last week.

Webb Roberts is carrying a pretty sore finger. Came in too close touch with an ax.

Mr. and Mrs. R. M. Robinson made a trip to Grants Pass Saturday of last week.

Part of the timber is on the ground for the new bridge to be put across Chaney creek.

Some of the folks round about here attended the circus Friday of last week at Grants Pass.

C. F. Lovelace has received word from Nebraska of the death of his mother, who was 75 years old.

Mr. and Mrs. Clark of Wilderville visited Emma Hocking's school near Waldo. They report the school progressing fine.

Mrs. Akers' brother and his wife of Swede Basin and, Mr. and Mrs. Spaulding spent Sunday at the home of Mr. and Mrs. Akers of Wilderville.

Mr. Williams of Grants Pass came out on his automobile Monday of this week. In crossing Chaney creek the automobie balked and the man who hauls lumber came along just then and took one of his teams and helped him out on dry land.

Mr. and Mrs. Hocking made a trip to Grants Pass Wednesday of this week, the former on business and the latter for fun. Uncle Fuller.

Salvation Army.

Major Waite of Portland, Ore. will visit Grants Pass, Saturday, Sunday and Monday, May 19, 20, and 21. He is an Officer of 21 years experience in the Salvation Army. He is now Divisional Officer of the Oregon and Washington Division. This is his first visit to Grants Pass. He is a fine singer and good musician. He will conduct meetings at the Salvation Army hall on above dates. Come and hear him, everybody welcome.

Improved Smelter.

An improved smelting furnace recently installed in a foundry in Canada uses coal instead of coke, at about one-half the cost, and when smelting the sulphide ores the sulphur is used in combustion, making a still further reduction in expenses. It is stated that this furnacae does not require crushing and roasting of the ores, which means a very considerable saving. The following description of the furnace has been published:

"The new furnace is a double one, placed side by side, having connection through the bottoms. Fuel is placed with the charge only in the first. The top of the first is sealed, that of the second is left open. Air is admitted through a double row of pipes, instead of a a single row. The pipes are placed in the middle of the furnace, instead of at the bottom, for the purpose of obtaining a perfect combustion. The gases generated by the first pass in flames throug the bottom of the first into the second, where there is no fuel, but where, nevertheless, the expermient has shown the heat to be far fiercer than in the first, and where two to five charges are reduced while one is being put through the first, according to the amount of sulphur, etc., in the ore used."

To Cure a Cold in One Day

Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

MURPHY

Oh no, nothing the matter with Murphy, just been too busy to tell you about it.

Frank B. Smith, one of our Murphy citizens, is in the Pass this week under the care of Dr. Loughridge.

Our prospects for fruit of all kinds is splendid; grains and grasses in excellent condition and the farmers all busy with their irrigation work.

Miss Erma Sill, of Granite Hill, is attending school at Murphy making her home with her cousin, Miss Grace Bunch.

Mr. Burrow & Son have finished training hops. They have the best yard in this vicinity and keep it worked in season and in shape.

Mr. Mahon passed through Murphy the first of the week with a load of fire brick from the Rising Star mine for Christie's sawmill on Slate creek.

Everbyody went to the show Friday and if it came again next Friday everybody would go again. I wonder how many would ride as far to hear a free lecture from Booker T. Washington? Funny, isn't it?

The Applegate Boom & Lumber Co.'s mill here has been running two weeks under the supervision of Weidabush & Wiseman. Mr. Weidabush is a saw mill man from Colorado and is handling the mill in a businesslike way.

C O. Bigelow drove a nice bunch of beef cattle past here Monday and the same day Chas. Burkhalter went by with a load of butchered pork, while A. F. Knox dropped in a few minutes and told us he was talking dairy with a practical dairy builder now at the Pass. Now, that sounds much more like business to us than the cluck of a wagon loaded, with hay. If anybody can make money out of hay it is surely the man that raises it and we will gladly welcome the day when the tons and tons of hay that files past Murphy for 12 months in the year will go in the form of butter, beef and registered horses.

X. Y. Z.

Catarrh Cannot Be Cured

with LOCAL APLPICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, O.

Sold by Druggists, price 75c.

Take Hall's Family pills for constipation.

BUSINESS POINTERS.

Letcher is the only licensed optician in Josephine county.

Maps of Oregon Washinton and California at the Music Store.

Send your family washing to the Steam Laundry. All rough dry work 25 cent per dozen. Phone 373.

Your clothes called for and delivered and all flatwork that goes through the mangle washer, ironed at 25c per dozen. Grants Pass Steam Laundry. Phone 373.

Letcher has just received another stock of lenses and can fit all kinds of eyes. His apparatus for the testing of vision is all up-to-date and the most reliable kind.

Curtis & Co. for Watches, Clocks, Gold Rings and Jewelry, fine watch repairing, engraving. Goods sold at reasonable prices. Come and see us. I. O. O. F. Building, Grants Pass, Oregon.

Rates for Elks Convention.

Annual Convention Grand Lodge Benevolent and Protective Order of Elks, Denver, Colorado, July 17, 18, 19, 1906. Round trip tickets will be on sale July 10, 11, 12, 13, 14, 15, 1906 at following rates: One way through Portland, and one way through California, from Grants Pass, Medford and Ashland, $68.50. Both ways through Portland, from Grants Pass, $63.95; from Medford, $64.90; from Ashland, $65.30. Going limit July 19th; return limit, September 30th, 1906. Stopovers will be granted in either direction within the transit limit, except that no stopovers will be allowed in California on going trip.

A. L. CRAIG, G. P. A.