

The Benefit of Change.

We are like house plants—we need a change of soil now and then, to be replanted. New scenes, new experiences, new surroundings, a change of climate, dry air instead of moisture, sunshine in place of cloud.

This is sometimes essential to health. There are conditions near at hand that are better than Europe can offer. Take a month or two in California. Plant yourself for a time where there are no irritations, where the hotel is beyond criticism, the landscape pleasing, and where warm sunny weather invites to walks and drives. Pure and dry air, and the increased electric influences of sunshines are vastly helpful.

You can take this trip at very little expense, and enjoy a ride over the scenic Siskiyon and Shasta mountains, which, at this time of the year with their snow-covered peaks, are unsurpassed for their grandeur.

For complete information regarding rates, points of interest and delightful hotels in California, address

W. E. Conant,
General Passenger Agent, S. P. Co.,
Portland, Oregon.

ONE WOMAN AMONG THE THOUSANDS.

We received a letter from Waycross, Georgia, a few days ago, from a lady who has lived there for many years. She writes us that she had been troubled with female complaint for a long time, until she was reduced almost to a shadow. It effected her mind, she could not remember anything that would get so confused and so nervous and she could hardly stand upright. She described her case as one similar to thousands of other women, and then ended the letter by saying she gained 18 lbs. last month, and never felt better in her life, having no trace of her former trouble, slept well, ate her meals with a relish.

WILLIAM F. HAYES of Kingston, County of Linn, State of Oregon, has this day filed in this office his sworn statement No. 4619, for the purchase of the SW1/4 of Section No. 4 W, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on Thursday, the 28th day of May, 1903.

J. T. Bridges,
Register.

NOTICE FOR PUBLICATION.

Timber Land Act June 3, 1878.
United States Land Office.

Grants Pass, Oregon, March 13, 1903.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892.

CHARLES E. MILLS

of Lyons, County of Linn, State of Oregon, has this day filed in this office his sworn statement No. 4623 for the purchase of the SW1/4 of Section No. 4 W, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on Thursday, the 28th day of May, 1903.

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JOSEPH T. KEARNS

of Stayton, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4624 for the purchase of the SW1/4 of the NW1/4 and the E1/4 of SW1/4 of Section No. 26 in Township No. 34 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on Thursday, the 28th day of May, 1903. He names as witness:

George W. Kearns, of Grants Pass, Oregon, Charles Hottinger, of Sublimity, Oregon, George L. Brown, of Stayton, Oregon, Frank X. Hottinger, of Sublimity, Oregon.

Any and all persons claiming adversely to the above-described lands are requested to file their claims in this office on or before said 28th day of May, 1903.

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CHARLES HOTTINGER

of Sublimity, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4624 for the purchase of the NW1/4 of Section No. 2 in Township No. 34 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on Thursday, the 28th day of May, 1903. He names as witness:

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