

The Benefit of Change.

We are like house plants—we need a change of soil now and then, to be transplanted. New scenes, new experiences, new surroundings, a change of climate, dry air instead of moisture, sunshine in place of cloud.

This is sometimes essential to health. There are conditions near at hand that are better than Europe can offer. Take a month or two in California. Plant yourself for a time where there are no irritants, where the hotel is beyond criticism, the landscape pleasing,^{and} where warm sunny weather invites to walks and drives. Pure and dry air, and the increased electric influences of sunshines are vastly helpful.

You can take this trip at very little expense, and enjoy a ride over the scenic Siskiyou and Shasta mountains, which at this time of the year with their snow covered peaks, are unsurpassed for their grandeur.

For complete information regarding rates, points of interest and delightful hotels in California, address

W. E. CONAN,
General Passenger Agent, S. P. Co.,
Portland, Oregon.

ONE WOMAN AMONG THE THOUSANDS.

We received a letter from Waycross, Georgia, a few days ago, from a lady who had married the man who writes us that she had been troubled with female complaint for a long time, until she was reduced almost to a shadow. It effected her mind, she could not remember anything that would get so confused and so nervous and irritable she could hardly sleep. She described her case as one similar to thousands of other women, and then quoted the following: "I have gained 18 lbs. last month, and never felt better in my life, having no trace of her former troubles, slept well and ate her meals with a relish. This lady commenced the use of Dr. Gunn's Blood and Nerve Tonic just six weeks before she wrote the letter from which we copy the above. This tonic is in tablet form and should be taken right after meals. It turned me out to eat twice as much blood, making solid flesh and feeding the nerves, driving disease by making healthy flesh. Pale, weak, thin people should use this tonic. Sold by W. F. Kremer for 75c per box or three boxes for \$2. Sent postpaid on receipt of price. Address Dr. Boosko Co., Phila., Pa.

TRAGEDY AVERTED.

"Just in the nick of time our little boy was saved," writes Mrs. W. Peters of Pleasant City, Ohio. "Pneumonia had played its havoc with him and a terrible cough had broken. Doctors treated him, but he grew worse everyday. At length we tried Dr. King's New Discovery for consumption and our darling was saved. He's now sound and well." Everybody ought to know, it's the only cure for coughs, colds and all lung disease. Guaranteed by W. F. Kremer, druggist. Price 50¢ and \$1.00. Trial bottles free.

CATARRH OF THE HEAD AND THROAT.

■ Makes your voice husky, causes you to ache all over, stops up your nose, makes you snore, makes you itch and burn, brings on catarrhal headache, causes you to sneeze, & S. B. Catarrh Cure attacks this common dreadful disease, on new and correct principles. It eradicates the disease from the system and restores the mucous membranes to a healthy condition and will cure catarrh no matter where located. For sale by all druggists. Book on catarrh free. Address Smith Bros., Fresno, Cal.

WORKING OVERTIME.

Eight hour laws are ignored by those tireless, little workers—Dr. King's New Life Pills. Millions are always at work, night and day, curing indigestion, biliousness constipation, sick-headache and all stomach, liver and bowel trouble. Easy, pleasant, safe, sure. Only 25¢ at W. F. Kremer's drug store.

SO SWEET AND PLEASING IN TASTE!

Mrs. C. Peterson, 635 Lake St., Topeka, Kan., speaking of Ballard's Honey and Syrup says: "It has never failed to give full satisfaction, and all cough remedies are my favorite, and I must confess to my friends that it will do, and has done, what is claimed for it—to speedily cure a cough or cold; it is so sweet and so pleasing in taste!" 25¢, 50¢ and \$1.00 bottle at Slover Drug Co.

A PHYSICIAN WRITES.

"I am desirous of knowing if the profession can obtain Herbarine in bulk for prescribing purposes?" It has been of great use to me in treating cases of dyspepsia brought on by excesses or overwork. I have never known it to fail in restoring the organs affected, to their healthy activity," 50¢ bottle at Slover Drug Co.

CHILDREN'S COUGHS AND COLDS.

Mrs. Joe McGrath, 327 E 1st St., Hutchinson, Kan., writes: "I have given Ballard's Honey and Syrup to my children for coughs and colds for the past four years, and find it the best medicine for children. Until many cough syrups contain no opium, but will soothe and heal any disease of the throat or lungs quicker than any other remedy. 25¢, 50¢, and \$1.00 at Slover Drug Co."

IT SAVED HIS LEG.

P. A. Danforth of La Grange, Ga., suffered for six months with a frightful rheumatism on his leg but writes that Buckeye Arrow Root has wholly cured it in a few days. For sore wrists, piles it's the best salve in the world. Cure guaranteed. Only 25 cts. Sold by W. F. Kremer, druggist.

IT IS UP TO THE DOCTOR.

A lady writes us a few weeks ago from Winchester, Va., that she had been under a doctor's care for 4 years for dropsy, and was seemed to center under her left shoulder blade, and was so severe at times that she could neither eat nor sleep. She had lost faith in her home doctor, and asked us to send her samples of our Dr. Gunn's Improved Liver Pill which had been recommended to her. We sent her two pills. In a few days she sent for more. Now she writes that the pain under shoulder blade is gone, and she enjoys her meals again.

Charles Hottinger of Sublimity, Oregon, George L. Brown and J. T. Kearns of Stayton, Oregon, Charles Hayes, of Kingston, Oregon, William Hayes of Kingston, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

NOTICE FOR PUBLICATION.

Timber Land Act, June 3, 1878.
United States Land Office.

Grants Pass, Oregon, March 13, 1903.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892,

CHARLES HAYES
of Lyons, County of Lincoln, State of Oregon, has this day filed in this office his sworn statement No. 4623 for the purchase of the SW 1/4 of Section No. 10 in Township No. 34 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on the 28th day of May 1903. His names as witness:

Charles Hottinger, of Sublimity, Oregon, William F. Hayes, Kingston, Oregon, Charles E. Mills, of Lyons, Oregon, John P. Funk, Stayton, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

J. T. BRUNOS,
Register.

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Timber Land Act, June 3, 1878.

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JOSPEH T. KEARNS
of Stayton, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4624 for the purchase of the E 1/4 of the NW 1/4 and the SW 1/4 of Section No. 26 in Township No. 33 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on the 28th day of May 1903. His names as witness:

Charles Hottinger, of Sublimity, Oregon, Charles Hayes, of Lyons, Oregon, John P. Funk, Stayton, Oregon, Charles Hayes, of Kingston, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

J. T. BRUNOS,
Register.

NOTICE FOR PUBLICATION.

Timber Land Act, June 3, 1878.

United States Land Office.

Grants Pass, Oregon, March 13, 1903.

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WILLIAM F. HAYES
of Stayton, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4625 for the purchase of the NW 1/4 of Section No. 26 in Township No. 33 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on the 28th day of May 1903. His names as witness:

Charles Hottinger, of Sublimity, Oregon, Charles Hayes, of Lyons, Oregon, John P. Funk, Stayton, Oregon, Charles Hayes, of Kingston, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

J. T. BRUNOS,
Register.

NOTICE FOR PUBLICATION.

Timber Land Act, June 3, 1878.

United States Land Office.

Grants Pass, Oregon, March 13, 1903.

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CHARLES HOTTINGER
of Sublimity, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4626 for the purchase of the NW 1/4 of Section No. 26 in Township No. 34 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on the 28th day of May 1903. His names as witness:

George W. Kearns, of Grants Pass, Oregon, Charles Hottinger, of Sublimity, Oregon, Charles Hayes, of Lyons, Oregon, John P. Funk, Stayton, Oregon, Charles Hayes, of Kingston, Oregon, William Hayes of Kingston, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

J. T. BRUNOS,
Register.

NOTICE FOR PUBLICATION.

Timber Land Act, June 3, 1878.

United States Land Office.

Grants Pass, Oregon, March 13, 1903.

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JOSEPH T. KEARNS
of Stayton, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4627 for the purchase of the NW 1/4 of Section No. 26 in Township No. 34 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on the 28th day of May 1903. His names as witness:

Charles Hottinger, of Sublimity, Oregon, Charles Hayes, of Lyons, Oregon, John P. Funk, Stayton, Oregon, Charles Hayes, of Kingston, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

J. T. BRUNOS,
Register.

NOTICE FOR PUBLICATION.

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United States Land Office.

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CHARLES HOTTINGER
of Sublimity, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4628 for the purchase of the NW 1/4 of Section No. 26 in Township No. 34 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on the 28th day of May 1903. His names as witness:

George W. Kearns, of Grants Pass, Oregon, Charles Hottinger, of Sublimity, Oregon, Charles Hayes, of Lyons, Oregon, John P. Funk, Stayton, Oregon, Charles Hayes, of Kingston, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

J. T. BRUNOS,
Register.

NOTICE FOR PUBLICATION.

Timber Land Act, June 3, 1878.

United States Land Office.

Grants Pass, Oregon, March 13, 1903.

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CHARLES HOTTINGER
of Sublimity, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4629 for the purchase of the NW 1/4 of Section No. 26 in Township No. 34 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on the 28th day of May 1903. His names as witness:

George W. Kearns, of Grants Pass, Oregon, Charles Hottinger, of Sublimity, Oregon, Charles Hayes, of Lyons, Oregon, John P. Funk, Stayton, Oregon, Charles Hayes, of Kingston, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

J. T. BRUNOS,
Register.

NOTICE FOR PUBLICATION.

Timber Land Act, June 3, 1878.

United States Land Office.

Grants Pass, Oregon, March 13, 1903.

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CHARLES HOTTINGER
of Sublimity, County of Marion, State of Oregon, has this day filed in this office his sworn statement No. 4630 for the purchase of the NW 1/4 of Section No. 26 in Township No. 34 South, Range No. 4 W, and will offer proof to show that the land sought is more valuable for timber or stone than for agricultural purposes, and to establish his claim to said land before J. O. Booth, County Judge, at his office at Grants Pass, Oregon, on the 28th day of May 1903. His names as witness:

George W. Kearns, of Grants Pass, Oregon, Charles Hottinger, of Sublimity, Oregon, Charles Hayes, of Lyons, Oregon, John P. Funk, Stayton, Oregon, Charles Hayes, of Kingston, Oregon.

Any and all persons claiming adversely the above-described lands are requested to file their claims in this office on or before said 28th day of May 1903.

J. T. BRUNOS,
Register.

NOTICE FOR PUBLICATION.

Timber Land Act, June 3, 1878.

United States Land Office.

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CHARLES HOTTINGER
of Sublimity, County of Marion, State of Oregon, has this day filed in this office his sworn