

## Two Good Signs



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### FAT GOOSE LIVERS.

Are Free from Disease, Say Frenchmen Who Pack Them.

Several Forms of Fole Gras Prepared and Shipped by the Dealers of France—Interesting Particulars.

Fattening geese for the sole purpose of enlarging their livers is something of an industry in France, where the novel occupation is carried on in order that choice material may be obtained for that distinctive French morsel, pate de fole gras. French packers have recently been considerably aroused because the charge was made against them that they substitute beef suet and pork for what are termed "diseased goose livers." This they denounce as not only ludicrously improbable but wholly without foundation, says a London paper.

In the first place, they contend that a fatted goose liver is no more diseased than the meat of an overfed hog. Both are abnormal, and in that sense only might be regarded as a product of unsanitary conditions. When a goose is being prepared for fole gras it is usually confined for a time at least by a tether fastened to a stake, beside which it waits with a healthy appetite for its frequently supplied portion of French cornmeal, which is the food chiefly relied upon for fattening. The goose is not encouraged to take too much exercise, any more than any other fattening animal. He is not fed for his health, but to incline him to take on fat. The result of this is to greatly enlarge the liver, which is regarded as the most valuable part of the carcass.

Fole gras d'ole, the fat goose liver, is prepared for use and export in several forms, each of which is calculated to meet the whims of fastidious people. One form is the fole gras naturel, another is pate de fole gras, while still another is pure de fole gras. The fole gras naturel is simply the cooked liver served without any form of seasoning except the fat or oil of the liver itself. The pate de fole gras of commerce consists of the cooked liver packed in tin boxes of standard size which the liver is roughly cut to fit. The space not occupied by the liver is filled with the trimmings of the liver or pork finely hashed and pressed in. Over this is poured the melted fat, sometimes of the liver and sometimes of the beef suet. The pieces of liver clipped off in this process of fitting the cooked liver to the box are used with other hashed meats and favoring matters like truffles in preparing what is known in commerce as pure de fole gras.

The practice of using suet instead of the natural fat of the goose liver, as a support or matrix by which the interstices between the liver and the box are filled, is not so wholly reprehensible as might at first appear, since it has certain good reasons, or at least excuses. In the first place, the suet and the somewhat firmer meat packed about the liver prevents the latter from being broken up by sliding about in the box, as it is likely to do on long journeys when only the thin oil of the liver is used.

Another fact, which shippers have learned by costly experience, is that the pure fat of the goose is much more likely than beef suet to become rancid when used as the sole cake of the fole gras. It is also claimed that the rancid, greasy fat of the goose is sometimes repulsive to persons of weak stomach, and that Americans who are especially opposed to what they term "messy dishes" are unnecessarily opposed to pure suet made with a pure goose fat. The modifications described are prepared simply to reconcile the prejudiced American taste to the foreign delicacy. Though the principal purpose of the change of material was no doubt to reduce the cost of production, the result is said not only to be a reduction in price to the consumer, but to give him an opportunity to enjoy the fole gras of this delicacy for many years. Many people greatly prefer the sort which have the fole naturel with the supporting pate made of other hashed meats and the more wholesome appearing and less likely rancid suet.

A Frenchman, writing of "The Royal Family of England" tells this anecdote of Queen Victoria:

One can imagine a party seated at which the new nuptials had to be celebrated. The admitted members stood round the room; the nuptials itself in the center. The queen looked with sympathy at those who were technically her servants, but who were really her mothers, wondering what her relations with them would be, and whether they were fit to bear the burden entrusted to them. Some who accept of free are perhaps surprised at the details of the ceremony, the whole of this necessarily to be should be for some time absolutely alone with the queen in a small room without a single attendant, wondering what she would say to him and he reply to her. The difficulty was solved by his saying nothing, and the queen only remarking, when she had to sign his commission: "What a tremendous long way they have put the ink off!"—Century.

### IN VARIOUS PLACES.

It cost over \$35,000 to police the British houses of parliament last year.

England's new Pacific cable from British Columbia to Australia will cost about \$7,000,000.

One of the favorite beverages in St. Pierre was coconut milk and rum mixed in the shell.

Owing to a Turkish imperial order the teaching of Armenian history has been prohibited in Turkey.

Among London's taverns are seven "Adam and Eve," five "Noah's Arks," and two "Jacob's Wells."

The increased importation in France of American corn meal is due chiefly to its use for fattening geese.

Although Germany has not extended its territory in Europe since 1871, yet her population has increased since then by 15,000,000.

Fairly good English was spoken by 60 per cent. of the German soldiers who visited Dublin recently while their squadron was at Kingston.

French meat, which has been eaten extensively at Harlem, South Africa, since the war, is held responsible for the dyspepsia prevailing in that town.

Actions against newspapers in Germany can hereafter be brought only in the towns in which they are published. The Reichstag has just passed a law to that effect.

The writer of an article in the National Review, traveled from Vladivostok to London in 23 days, but with compulsory delays of 15 days more, for \$200, including hotel expenses.

### HEALTH AND BEAUTY.

Veils should be washed or thrown away when soiled, for the dust which collects in them is bad for the complexion.

For stiffness of the muscles caused by overexertion a very good remedy is to rub the affected muscles thoroughly with alcohol diluted.

All acids are more or less injurious to the teeth. Medicine in which there is acid should be taken through a glass tube and the mouth rinsed with a little borax and water.

The wrinkles called "crow's feet" should be prevented by daily stroking of the folds or where they would come. Keeping the blood in free circulation under the skin is a sure wrinkle preventive.

The cockroach has been used for ages by the Russian peasantry as a remedy in dropsy. Investigations by competent persons show that the body contains an active principle. This has received the name blattin acid.

To make a first-rate hair wash shed an ounce of white soap, pour over it a quart of boiling water and stir till dissolved. When cool, add the whisked yolk of two eggs and a tablespoonful of spirits of rosemary. Cork tightly and shake well before use.

### TIPS ON WALKING.

Steps that are quick are indicative of energy and agitation.

Tip-toe walking symbolizes surprise, curiosity, discretion, or mystery.

Turned-in toes are often found with preoccupied, absent-minded persons.

The miser's walk is represented as stooping, motionless, with short, nervous, anxious steps.

Where a reverent purpose is hidden under a feigned smile the step will be sinking and unsteady.

Slow steps, whether long or short, suggest a gentle or reflective state of mind, as the case may be.

The proud step is slow and measured; the toes are conspicuously turned out; the legs straightened.

The direction of the steps wavering and following every changing impulse of the mind inevitably betrays uncertainty, hesitation and indecision.

Obstinate people, who in argument rely more on momentum than on intellectual power, rest the feet flatly and firmly on the ground, walk heavily and slowly, and stand with the legs firmly planted and far apart.—Chicago Journal.

**FOOLS A DEADLY ATTACK.**  
"My wife was so ill that good physicians were unable to help her," writes M. M. Austin, of Winchester, Ind., "but was completely cured by Dr. King's New Life Pills." They work wonders in stomach and liver troubles. Cure constipation, sick headache. See at Kremer's drug store.

**FAVORITE FAMILY REMEDY.**  
Frequently accidents occur in the household, which cause burns, cuts, sprains and bruises; for use in such cases, Ballard's Snow Liniment has for many years been the constant favorite family remedy. See, 50c, and \$1.00 at Blower Drug Co.

**SAVED AT GRAVE'S BRINK.**  
"I know I would long ago have been in my grave," writes Mrs. E. H. Newsum, of Decatur, Ala., "if it had not been for Electric Bitters. For three years I suffered untold agony from the worst forms of Indigestion, Waterbrash, Stomach and Bowel Dyspepsia. But this excellent medicine did me a world of good, since using it I can eat heartily and have gained 25 pounds." For Indigestion, Loss of appetite, Stomach, Liver and Kidney troubles Electric Bitters are a positive, guaranteed cure. Only see at Kremer's Drug Store.

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The newest books.

Dressing cases, choice pictures, perfumes.

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A lot of things for Big Folks Little Folks, and Half-way folks. Presents for grandpas and mas and grandsons and uncles and aunts and thirty-second cousins. Come and get into the happy push.

With every 50c purchase a fine black and white picture mounted on card 12x14, while they last at

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A few years ago the Shoe Department in every store was completely covered up during the Holiday season, no one had time to look at shoes. This is not the case at the present time, however, as everyone is interested in what we have to say about foot wear for holiday presents.

This week we are opening some new lines in Ladies' Men's and Children's Shoes in OXFORD TIES, Slippers FELT KID and CALF and some novelties in PIN-GREENS, GLORIES and GOVERNORS.

Everyone wants one of those Flying Machines for their boys or girls for the holidays. You can get one FREE with ever pair \$1.50 shoes.

You want one of the prettiest Calendars ever published. Just send in your name at once and you will get one by mail January 1st.

We are showing some rare novelties in ladies and gents Handkerchiefs, Mullers and Ties for Christmas presents.

A few of those elegant PATTERNS HATS left at 20 per cent. discount.



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