

Doctors: Medical aid and supplies head to Ukraine

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of my grandparents served in World War II, and I remember their stories as a kid. I also took an ethics course in medical school on medicine and Nazism. I remember one of the main themes, that people didn't stand up when they could have to make a difference."

Donnelly joined Austere Medical Relief Group, which has sent three waves of medical professionals to train Ukrainians in combat casualty care, deliver medical supplies and assist in medical evacuations. He traveled over the border from Romania and then headed to a location south of Kyiv, "not on the front lines, but nearer to the action than probably what my family's comfortable with," he said.



Christine Torres Hicks/OHSU

OHSU property specialist James Pavlock unloads the last donations headed for Ukraine at Delta Logistics in Wilsonville in April. Delta Logistics transported the items to Seattle, where they were loaded onto a plane bound for Poland.

Donnelly, 36, is a specialist in emergency medicine and

has previous experience providing care in Swaziland and Honduras.

He's grateful for his colleagues at Columbia Memo-

rial who have swapped shifts to provide the time for him to serve overseas.

The plight of Ukrainians weighs on his mind and heart, he said. "I get to leave and they don't."

Donnelly grew up Catholic in Ohio. As he prepared for his departure, he recalled the words of one of his favorite saints, Therese of Lisieux: "What matters in life are not great deeds, but great love."

Ukrainians are fighting and dying in their homes, engendering a feeling of common humanity that prompted Donnelly to step forward.

"People need help, so I'm going to show up," he said. "This is something that hit a chord with me. This is what I need to do."

Mila Volyanyuk, a former speech-language pathologist at OHSU, was born in Ukraine.

When the missiles began falling, she, too, answered the call in April.

She began looking for opportunities where she could apply her medical training and previous experience as a search-and-rescue specialist in the U.S. Coast Guard and soon connected with Aerial Recovery, a Nashville-based international aid organization focused on moving thousands of orphaned children from the east of the country to safer areas.

She spent six weeks in the country, moving children and medical supplies through the country.

She returned June 1 for an extended tour with the organization.

"My purpose there isn't to fight Russia, but it's to do everything I can with our team to help these children in Ukraine," she said.

Human trafficking is rampant in the country, she said.

"Nobody really knows who's safe and who's not, as people are desperately trying to get out of an area that's compromised."

Port: Boatyard plan will work if it's realistic

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where fishermen can store equipment, tools and work on their boats out of the wind and rain.

Improvements initially had been estimated at \$18 million.

By reducing the capacity of the lift from 500 to 300 megatons, and reducing the scope of some of the structures, the estimated price dropped to \$6.2 million.

"We're coming up with a

model that makes sense," said Matt McGrath, the port's deputy executive director. "We need to be pushing on the grant side to get 100 percent funding."

The port's former boatyard manager, Steve Barkemeyer, spoke before hearing the report, but urged commissioners to consider a larger lift and to use an abundance of caution.

"Sadly, I have seen poor vision, lack of support, egos, and self-centrist behavior, which has been the history of our commission and directors," Barkemeyer said.

"The boatyard's needs should be based on who your customers are that you're going after. ... We need to be looking at bigger fish. We need to be looking at the Alaskan fleet and the Southern California fleet."

Men, it's time to check your health!

It's Men's Health Month, a good time to think about any preventative screenings or tests needed at different stages of life. These can include:

- Blood pressure, diabetes and cholesterol checks
- Colorectal and prostate cancer screening options
- Routine checkups to get advice on diet, exercise and safety

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**3 P.M. IN WARRENTON
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FIREWORKS OVER THE RIVER**

Details on these events and more at oldoregon.com
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