

# Park volunteers could find themselves in the weeds

Lewis and Clark National Historical Park seeks folks who like to get their hands dirty.

Volunteers are invited to work and learn alongside national park staff during weekly garden parties.

Work parties will be held at the ethnobotanical garden at Netul Landing from 1 to 3 p.m. Thursdays beginning June 9 and continuing through September.

While helping the park, volunteers learn about native plants and their traditional uses. There will also be opportunities to share ideas for your own yard/



Rangers work in the weeds at Fort Clatsop.

habitats. Bring gloves, water, snacks, and weather-appropriate clothing layers. Tools will be provided.

For more information, contact Barbara Clark at 503-861-4410 or [barbara\\_clark@nps.gov](mailto:barbara_clark@nps.gov).

# Schools to receive opioid toolkits

Schools will soon receive a fentanyl and opioid response toolkit, thanks to Oregon Health Authority and Oregon Department of Education.

The toolkits are in response to the public health crisis of opioid overdoses and deaths.

This toolkit provides information about how schools can create an emergency protocol to administer naloxone, also known as Narcan.

The toolkit includes information on how to access, administer and store the life-saving opioid overdose prevention medication.

From May 2020 to April 2021, deaths due to accidental overdose surpassed 100,000 for the first time on record, according to the Centers for Disease Control and Prevention. Sixty-four percent of the deaths were attributed to illicitly manufactured fentanyl, which often comes in the form of pills that closely resemble prescription oxycodone or benzodiazepines such as Xanax.

In Oregon, fentanyl-related overdose deaths increased by 74 percent from 2019 to 2020.

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Brian Dutton, Owner

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# CCA wins grant to help homeless

Clatsop Community Action received a \$5,000 grant from the Pacific Power Foundation to be used for personal care assistance, including basic health and hygiene resources, for people experiencing poverty and homelessness in rural Clatsop County.

The award was part of the foundation's quarterly grant-giving, which totaled \$314,952 to community organizations in Oregon, Washington and California.

PacificCorp Foundation has awarded more than \$60 million to nonprofit organizations since 1988.



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## Men, it's time to check your health!

It's Men's Health Month, a good time to think about any preventative screenings or tests needed at different stages of life. These can include:

- Blood pressure, diabetes and cholesterol checks
- Colorectal and prostate cancer screening options
- Routine checkups to get advice on diet, exercise and safety

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