Coastal Flooding

Coastal Erosion

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King tide photos are winners

The Oregon King Tides Project has announced winners of its annual photo contest after receiving 250 submissions.

"King tide" is a nonscientific term used to describe the highest high tides of the year. They typically occur when the moon is closest to the earth and there's a full or new moon.

There's interest in king tides because they show what the average water levels might look like based on sea-level rise projections. King tides are particularly concerning when they occur during storm surges or, as happened in January, there is significant snow melt at the same time.

A committee of judges narrowed the submissions down to 45 finalists in four categories, coastal flooding, coastal erosion, big waves and comparisons of average high tides with king tides. Web site visitors then selected their favorites.

Photos were chosen that best showcase the vulnerability or resilience of people, places, and things in Oregon's coastal communities. Winners in each category received a prize from the Oregon Coast Visitors Association. To learn more or to view submissions, visit the Oregon King Tides Project website at oregonkingtides.net or the project's Flickr page at flickr.com/photos/ orkingtide/albums.

The following submissions received the most votes and were declared the winners of the photo contest in each category.

Coastal Flooding: Photo by Keith (no last name given) of Highway 101 between Seventh and Eighth Streets in downtown Nehalem. Taken Jan. 3.

Coastal Erosion: Photo by Tripp Mikich showing landslide and coastal bluff erosion in Lincoln City. Taken Dec. 3.

Big Waves: Photo by Holly Harlukowicz near Shore Acres State Park capturing people watching the waves. Taken Nov. 6.

Comparison: Photo by Jon French near the Alsea Bay Historic Interpretive Center in Waldport. King Tide photo taken Jan. 3.



Big Waves





WHS runners sign with Corban





Photos courtesy Warrenton High School

Zander Moha, left, the individual state District 1/3A winner in October, signed this week with Corban University in Salem. He'll run cross country and track for the school. He is the second member of Warrenton High School's cross country to sign. Abigail Miller signed in November. She'll be running both cross country and long-distance track. With Zander are coaches Stuart Eagon and Todd Bos. Abigail's father watches her sign the letter of intent.

Catch up on preventative care.

Early on in the pandemic, many people put off in-person doctor visits. It's time to catch up on any preventative health services you missed. These can include:

- Mammograms and pap smears
- Screenings for diseases and cancer
 Childhood vaccines and annual visits
- Flu and pneumonia shots

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• Routine checkups to get advice on diet, exercise and safety

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