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Upcoming events

Bird expert will have you appreciating the local owls

A bird enthusiast will lead listeners in an introduction to backyard owls during the next "In Their Footsteps" lecture.

Barbara Linnett's virtual talk is set for 1 p.m. Sunday, Feb. 14, through the Lewis and Clark National Historical Park's YouTube channel.

Linnett is a retired nurse and wildlife volunteer who volunteered for the Wildlife Center of the North Coast for more than eight years.

She participates in Project Feeder Watch for Cor-



Barbara Linnett

The northern saw-whet owl lives in forested areas of North America.

nell Lab or Ornithology and will be a presenter during this year's Great Backyard Bird Count, which takes place today, Feb. 12, through

Feb. 15.

Owls can be found in urban, suburban, rural and forested areas of the world, including Clatsop County and the many varied habitats of Oregon and Washington.

"In Their Footsteps" is presented by Fort Clatsop, the National Park Service, and the Lewis and Clark National Park Association.

To listen to the talk live, go to YouTube.com and search for Lewis and Clark National Historical Park.

For more information, call 503-861-2471.

Professor presents fresh approach on political ideology

Oregon Historical Society hosts Boston College professor Heather Cox Richardson during its "Historians and the News" lecture at 5 p.m. Monday, Feb. 15.

Richardson teaches 19th century American history and is an expert in the transformation of political ideology from the Civil War to the Theodore Roosevelt presidency.

She has written numerous books, including the 2014 "To Make Men Free," a history of the Republican Party. Her most recent book is "How the South Won the Civil War."

She writes a daily newsletter, "Letters From an American," that provides an overview of the previous day's news to more than



Richardson trustee.

350,000 readers.

The series is hosted by Christopher McKnight Nichols, an Oregon State University professor and Oregon Historical Society

Those interested in attending should register in advance at orhs.ejoinme.org/HCR. The virtual program will be live on Zoom.

Ombudsmen sought to help those in care facilities

Oregon's Long Term Care Ombudsman program needs volunteers.

"With vaccines for COVID-19 now being administered, there seems to be a light at the end of the tunnel," said Natascha Adams, volunteer recruiter. "However, Oregonians living in long-term care facilities continue to be isolated while having some of the highest rates of infection and deaths."

Long-term care ombudsmen serve as advocates for those in nursing homes and assisted living facilities. The ombuds-

man becomes the resident's voice.

"Residents in care facilities frequently face impossible decisions regarding their care and quality of life," Adams wrote in a press release. "If they push their call button and no one comes for 45-minutes, do they report the issue and possibly suffer retaliation? Do they take a deep breath and continue to wait, knowing this problem will continue to be an issue? Many residents also feel isolated and alone, especially now due to COVID-related limits on visitation

with family and friends." More than 100 volunteers are needed statewide.

There are two online training sessions scheduled this spring. The six-class trainings will be in March and April via Zoom.

Those interested should complete an application and must make at least a one-year commitment. They'll also undergo a background check.

To learn more or to sign up, contact the statewide ombudsman office at 800-522-2602 or email ltco.info@oregon.gov.