



Senior Moments

with Emma Edwards

Virtual doctor visits and more

A friend of mine threatens to let her dog's groomer cut her hair if the groomer opens before her hair dresser.

I'm thinking of going with her. I love seeing moms and dads in the backyard cutting the kids' hair, just like when I was a child. In my large family, none of us ever went to a professional to get our hair cut. That was mother's job!

Ah, more time for memories these days, for sure.

I had an appointment for a virtual (using the Facetime application) appointment with my doctor last week. It was my Medicare annual checkup.

I really enjoyed my 25-minute one-on-one visit with my doctor. And the best thing about it (ladies), was that I did not have to be weighed. Times have changed.

Recently, I came across a recipe you may wish to enjoy with that extra stay-at-home time: **Chocolate-Covered Peanut Butter Ritz Sandwiches**. You will love them. They are absolutely amazing, to say the least.

Melt 2 cups of milk-chocolate chips in your double boiler. In the meantime, mix a half cup of creamy peanut butter with a quarter cup of sifted powdered sugar.

Spread the peanut butter mixture on 16 Ritz crackers and take 16 more to put on top of the first 16.

Here's the trick: Put the filled crackers in the freezer for about 30 minutes. Then, using a small pair of tongs, dip the chilled peanut butter sandwiches into the chocolate until completely covered. Cool on parchment paper for

about an hour. It's a real gift to us chocoholics.

By the way, recently I found a piece of paper stating that "all restrictions have been lifted" and my heart skipped a beat as joy flooded my very soul. I continued and the next portion read, "It's kind of old though; it's dated July 4, 1776." Oh, well. Someday, it will happen!

Now for a tricky question. Recently, I was asked who would be president if the vice president died? Of course the answer is "the president." But, for some reason, most people (like me) want to jump to the Secretary of State.

So much has become political these days. However, as many know, I simply love election years. I don't understand all the issues, but the ones that matter and involve life and death, I take seriously. Yes, I do think my vote counts and I weigh my decisions carefully.

Well, I hope you've started or are well into your gardening. I think I'll plant some iris bulbs this year as I so admire them in other people's gardens.

That reminds me of a cute knock-knock joke: *Knock, Knock - Who's there? Iris! Iris who? Iris you were here!*

It will happen. One day, this pandemic will be over. Always remember, God has a plan.

Special columns in The Columbia Press
Every week: Senior Moments with Emma Edwards
 Week 1: History in the Making
 Week 2: Financial Focus with Adam Miller
Week 3: Off the Shelf by Kelly Knudsen
 Week 4: Mayor's Message by Henry Balensifer III

Off the Shelf

by Kelly Knudsen



Summer Reading Program includes innovation

COVID-19 will not stop summer reading fun!

The State Library of Oregon has been hosting a weekly series of virtual meet-ups for librarians across the state and the meetings have proven to be a valuable tool for deciding what services the library can provide.

Input and ideas from the virtual meet-ups, along with collaboration with Seaside and Astoria public library staff, have helped shape a new, innovative Summer Reading Program for Clatsop County families.

Starting June 1, Warrenton Community Library will be giving away new books and "Take & Make" bags with project ideas and supplies for families, as part of the new Summer Reading Program. Take a bag, and you are signed up!

We also are working with Clatsop Community Action and dispersing "Take & Make" bags and books at the food bank in Warrenton starting in June. Watch for more info on our Facebook page and website.

If you would like to donate craft supplies or books for our Summer Reading Program, please call the library.

Another way we plan to stay safe and have fun this summer is with a StoryWalk® —an innovative and delightful way for children

— and adults! — to enjoy reading and the outdoors at the same time.

Laminated pages from a children's book are attached to wooden stakes, which are installed along an outdoor path. As you stroll down the trail, you're directed to the next page in the story. We'll create one StoryWalk® a month this summer at three different locations in Warrenton. Keep an eye out for info on our website and signs around the community.

I want parents and caregivers to know, you are not alone.

Your community library is here to help support you however we can, just ask! Now is the time to make strong family relationships a priority. For families concerned that their children are missing

out on academic content, remember that, at a time like this, less is more.

I encourage you to broaden your definition of learning and focus on playtime, downtime, and family time. Rather than trying to recreate school content, think about how to help your kids continue to develop skills such as reading, problem-solving, and communication. Take care of each other and read on.

"One of the greatest gifts adults can give — to their offspring and to their society — is to read to children." — Carl Sagan

Kelly Knudsen is director of Warrenton Community Library. She has a master's degree in library and information science and a bachelor's degree in English.

Good journalism matters. Now more than ever.

Stay smart.

Read the paper

A 1-year subscription by mail is just \$26 by mail to Clatsop County residents

A 1-year subscription to addresses outside Clatsop County by mail is just \$35.

A 1-year online subscription is just \$22!

Name: _____

Address: _____

Phone: _____ Email: _____

In-County Out-of-County Online Subscription

THE COLUMBIA PRESS

Clatsop County's Independent Weekly Newspaper

Send payment to: 5 N. Hwy. 101, #500, Warrenton, OR 97146
 or pay online at <https://thecolumbiapress.com/?m=subscribe>