



Emma Edwards

Warrenton Senior Citizens Inc. board members thank Barb Balensifer Sept. 9 for her 22 years of service. They are, L-R, Jeanne Moha, Marsha Tolliver, Bert Little, Jan Gannaway, Balensifer, Deanna Lewis and Chairman Gil Gramson. Board members not pictured are Don Mellison and Nancy Ledgerwood.

Honoring a senior legend

BY EMMA EDWARDS

The Columbia Press

Barb Balensifer was honored recently for her decades of work on behalf of Warrenton's seniors.

"Barb is the cornerstone of the established Meals on Wheels lunch program in the city of Warrenton," said Gil Gramson, chairman of Warrenton Senior Citizens Inc.

Balensifer, a former mayor and school board member – and grandmother to current Mayor Henry Balensifer -- was a founder of Warrenton Senior Citizens Inc. and served on the board for 22 years. She recently retired from the board.

The nonprofit group was formed in February 1998 with board members Balensifer, Lorraine Brock, Della Wilson, Doris Hodney and Dan Newton Sr.

"We are unique, being an independent organization not reliant on the city or state agency for our Meals on Wheels program," Gramson said.

Balensifer served as the group's longtime secretary/treasurer.

"Through her efforts, our program continues to be a very successful one that

serves our seniors and is much appreciated by them and their family members, too," Gramson said.

Meals on Wheels is a program that delivers nutritionally balanced meals to those who have difficulty leaving home and those unable to purchase or prepare their own food.

Having the meals program improves the health, reduces food insecurity and improves quality of life for recipients. It also reduces or postpones the need for hospitalization, nursing homes or other expensive community-based services.

Warrenton Senior Citizens Inc.'s Meals on Wheels program provide 84 to 150 meals per week.

Warriors football has an impressive win

BY BRUCE DUSTIN

The Columbia Press

The Warrenton boys football team walked away with an impressive 47-22 win last Friday at Creswell.

"We played another solid game offensively," Coach Ian O'Brien said.

Warrenton had 468 combined total yards on offense. The team rushed for 267 and passed for 201.

Jacob Morrow was 7 for 13 passing, with 2 touchdowns, both of which were pass completions to Austin Little.

Little had 5 catches for 110 yards.

Devin Jackson had 14 carries for 125 yards and three TDs.

Morrow had 70 yards rushing on 9 carries with 2 TDs.

The Warriors also had a good night defensively.

"We had a couple of take-aways," O'Brien said. "Morrow nearly made an interception run-back for a touchdown. Mark Warren almost scooped and scored on a forced fumble. And don't forget Sam Irwin and Triston Scott -- they had great defensive games as well."

Morrow led all tacklers with 7 total.

The Warriors' next game is today, Sept. 20, at Portland Christian. It will be the first league game of the season.



Jake Morrow (2), assisted by Triston Scott (76) and Ethan Green (23) tackle a Creswell player Friday night.

Bruce Dustin

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