

County hopes to reign in STDs

The county's Public Health Department will launch a program with two neighbor counties it hopes will reduce the prevalence of sexually transmitted diseases.

The Sexually Transmitted Infection Testing, Treatment and Prevention Program will work in conjunction with Columbia and Tillamook counties' Public Health departments. The goal is to reduce the STD prevalence in the region by

10 percent over the next two years.

The prevalence of infections of chlamydia, syphilis and gonorrhea all have risen sharply over the last few years in Oregon, according to the county. With several of these diseases becoming more difficult to treat, a concerted effort to combat them is essential.

The partnership is the first of its kind on the coast, according to the county.

Fire and medical calls

FIRE AND SERVICE CALLS

- Provide mutual aid for structure fire, 5:37 p.m. Aug. 20, 708 Alameda Ave., Astoria.
- Radon alarm, 7:19 a.m. Aug. 21, 400 block South Main Avenue.
- Fire alarm, 2:49 p.m. Aug. 23, 500 block Heceta Place.

MEDICAL CALLS

- Female who's not feeling well, 8:29 p.m. Aug. 19, 90900 block Highway 101.
- Male injured in a fall, 4:56 a.m. Aug. 20, 1100 block Southeast Second Street.
- Female with back pain, noon Aug. 20, 0-100 block Alternate Highway 101.
- Female with body aches, 5:47 p.m. Aug. 20, 90900 block Highway 101.
- Male lift assist, 5:47 p.m. Aug. 20, 89000 block Highway 101.
- Extremely intoxicated female, 9:35 p.m. Aug. 20, 90900 block Highway 101.
- Female requesting transportation, 5:52 a.m. Aug. 21, 90900 block Highway 101.
- Female with cut leg, 7:52 p.m. Aug. 21, 90900 block Highway 101.
- Female with low blood sugar, 8 p.m. Aug. 21, 500 block Northwest Date Avenue.
- Female with back and stomach pain, 10:47 p.m. Aug. 21, Clatsop Behavioral Respite Center.
- Female with possible heart attack, 6:56 a.m. Aug. 22, 100 block Southwest Birch Avenue.
- Female with possible stroke, 11:21 a.m. Aug. 22, 500 block Southwest 18th Street.
- Male fall patient, 8:38 p.m. Aug. 22, Fort Stevens State Park Campground.
- Female with seizures, 9:19 p.m. Aug. 22, 2200 block Southeast Dolphin Avenue.
- Female who stopped breathing, 12:29 p.m. Aug. 23, 2200 block Southeast Dolphin Avenue.
- Male having a seizure, 3:25 p.m. Aug. 23, 100 block Northwest Birch Avenue.
- Female injured in fall, 4:11 p.m. Aug. 23, 100 block Northwest Fourth Street.
- Male in car having a seizure, 11:33 p.m. Aug. 23, Highway 101 at Camp Rilea.
- Female who stopped breathing, 3:50 a.m. Aug. 24, Fort Stevens State Park Campground.
- Female fall patient, 11:25 a.m. Aug. 24, 1500 block Southwest Ridge Road.
- Male with neck injury from fall, 11:45 a.m. Aug. 24, 91500 block Railroad Road.
- Unresponsive male, 8:34 p.m. Aug. 25, 91500 block Railroad Road.
- Female with altered level of consciousness, 9:56 p.m. Aug. 25, 1100 block Northwest Warrenton Drive.

We want to be recognized, quarterback says

By **JAKE MORROW**
For The Columbia Press

For the last three years, I've been starting quarterback for the Warrenton Warriors football team, but I'd like to emphasize that it takes a team to win.

Winning is a team effort. No one player wins the game.

With that in mind, I'd just like to reveal how excited I and my teammates are about the upcoming season.

We have a lot of returning players and a lot of newbies. We all realize how big this year will be for our program. Our biggest thing this season will be perfecting the small details, those things that play a big role in our game, details

Quarterback Jake Morrow (2) leads the team in a training exercise during the first full week of practice.

Bruce Dustin
The Columbia Press



that allow us to rise to another level.

Because this is the last football season for me and several teammates, it makes us want to lay everything out on the field. We want to do everything and anything to

help our team make a good run into the playoffs.

The team and our enormously talented coaching staff want to end the new season by being recognized across the state as the talented group of athletes we are.

Hospital announces series of wellness chats

Columbia Memorial Hospital's cancer collaborative is sponsoring a series of Wellness Café health chats next month.

The informal lunch conversations are free and include provided light bites. They're from 11 a.m. to noon in the Knight Cancer Collaborative Activity Room, 1905 Exchange St., Astoria.

- **Weds., Sept. 4:** "You Want Me to Eat What?" by Registered Dietitian Arna Vanebo will provide guidance on increasing plant-based foods in the diet.

- **Thurs., Sept. 12:** Linda Moreland, a certified public accountant and financial

consultant, will share tips for managing one's financial health and well-being.

- **Tues., Sept. 17:** Physical Therapist Tiffany Nguyen will talk about pain science and techniques for managing persistent pain.

- **Weds., Sept. 25:** Occupational therapy interventions and lymphedema care will be led by Blair Cocking, occupational therapist and certified lymphatic therapist.

For more information, call 503-338-4520.



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