



## Senior Moments

with Emma Edwards

# Bits and pieces make up large portions of life and puzzles

Bits And Pieces has been one of the most popular jigsaw-puzzle makers for many years.

However, any brand works for me as my favorite part of jigsaw puzzles is putting together the edges.

Fortunately, there are several folks in my apartment complex who love to finish puzzles. But credit for doing the edges sometimes falls on me.

So where am I going with this? Really, just the first three words: Bits And Pieces.

I often think of those words as being a big part of our lives as seniors. As we think back on the bits and pieces of our lives, we realize it was the bits and pieces that made up the whole of our lives.

Most likely, we wouldn't be the person we are without those bits and pieces. Sometimes, we just work on the edges and, suddenly, we realize we can jump in no matter how difficult.

I love the bits and pieces that friends and family share. A bit I read the other day was that one cup of coffee a day, whether caffeinated or decaffeinated, is good for us and cuts the risk of cancer, stroke, Parkinson's disease, Type 2 diabetes, and heart, respiratory, kidney, and liver woes.

I especially like bits of information that agree with my current habits!

There are different kinds of jigsaw puzzles.

Some don't have edges that are defined with flat puzzle pieces. Some are easier than others and others are so difficult it is easy to give up on them.

Often, we just need a simple one, especially if working alone. Truth be told, we welcome the help of someone coming alongside giving us a helping hand. Bits and pieces in life could be someone who reminds us that most plants prefer warm water, just as we aren't fond of receiving a shock of cold water when we jump into the lake.

In life, it seems we are prone to walk alone, not giving in to anyone's help. Suddenly, we think back and realize how much joy we experienced when we were the one doing the helping.

So why are we slow to accept help in the bits and pieces of life from a well-meaning person?

Maybe it would be best to remember how many times I did the frame and others came along and filled in the bits and pieces of my puzzle.

Recently, I read "You always have a choice to make someone's day better or worse. Choose wisely." As with puzzles, you'll figure it out. You'll find a way.

One of my kids once looked at me and said, "Mom, breathe!" Sometimes, that's all it takes as the bits and pieces in life either consume or grow us.

Warrenton High School's **CTE (career and technical education) building** can go in now that school is out.

Baldwin Construction has begun the groundwork and is expected to pour concrete for the base of the building within the next few days. Then, the metal building will be erected.

The district won a large multi-year grant for CTE programs. The metal building, worth about \$75,000, was donated by Robert Roberts of R&M Steel Company in Caldwell, Idaho. The building is one of dozens Roberts has donated to CTE programs throughout the Northwest.

The building will house welding, auto shop and other craft-related classrooms and should be ready by fall.

A Hammond couple received approval from the City Commission on Tuesday to obtain a liquor license at their new establishment, **Side Road Café**, 1140 S.E. Marlin Ave., across from Les Schwab.

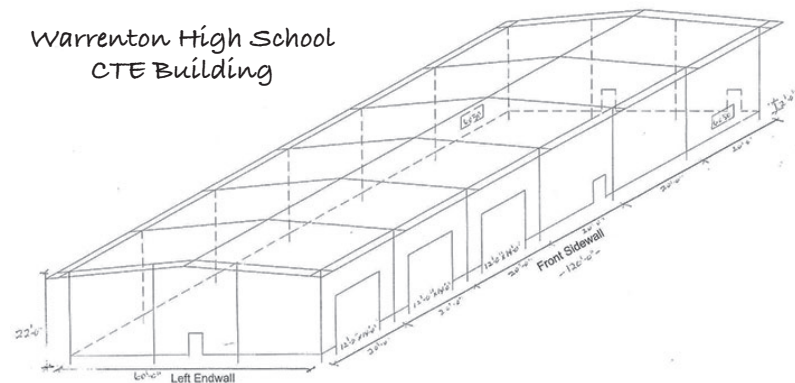
Amyleigh Sutton and Tom Elston have taken over the former Bohdan's Café from Jeremy Gilhousen.

They're serving breakfast and lunch foods plus coffee and snacks and, soon, beer, wine and ciders.

Side Road Café is open 7:30 a.m. to 7:30 p.m. weekdays, 9 a.m. to 3 p.m. Saturdays

## Business and development tidbits

Warrenton High School  
CTE Building



with 22 seats inside, 12 outside and eight counter stools.

**Astoria Golf and Country Club** has a new club manager.

Jared Klope, former assistant manager of Waverly Country Club in Portland, has an extensive background in club management and is on the board of directors for the Oregon chapter of the Club Managers of America Association. He formerly worked at Willamette Valley Country Club and Tualatin Country Club.

"The fact that Jared is here can only mean great things moving forward at the club," said Russ Taggard, president of Astoria Golf and Country

Club.

Astoria Country Club, which is just south of Warrenton, was founded in 1923.

The city of Warrenton has hired Bayview Asphalt of Seaside for its **summer street-paving program**.

Six streets will get a makeover, which includes a 2-inch compacted overlay to the road surfaces.

Streets to be overhauled include Jetty Street, Sixth Avenue, and Pacific Drive in Hammond and Fifth Street Northeast, 11th Street Northeast, 13th Place Southeast and Southeast Main Court in Warrenton.

Bayview won the bidding process at \$237,483.

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### Senior lunch menu

**Monday, June 17:** Mexican lasagna with pulled pork (not spicy), carrots, tomato soup, key lime pie.

**Thursday, June 20:** Petrale sole, Spanish rice, green beans, tomato and cucumber salad, chocolate cake.

*The Warrenton senior lunch program is at noon (doors open at 10:30 a.m.) Mondays and Thursdays at Warrenton Community Center, 170 SW Third St. Suggested donation is \$6 for ages 55 and older; \$7 for those younger. For more information, call 503-861-3502.*