



Senior Moments

with Emma Edwards

Where did our work ethic go?

To quote a rather obscure person on work ethics, “If I couldn’t do a job both quickly and well, I would rather do it well than quickly.”

I think this is true of most of us seniors. Ethics is defined by dictionary.com as “the principle that hard work is intrinsically virtuous or worthy of reward.”

Wikipedia defines work ethics as “a belief that hard work and diligence have a moral benefit and an inherent ability, virtue or value to strengthen character and individual abilities.”

So, what happened to old fashioned work ethics? Seldom do we seniors gather without mentioning the lack of enthusiasm from young people old enough to obtain a work permit. Seems those in this age group on up to and often including college age want a good job but, sad to say, lack even a modicum of work ethic.

A somewhat recent AARP study quoted a report from the Sloan Center on Aging & Work, “Hiring managers gave older employees high marks for loyalty, reliability and productivity.”

Most of you will remember the Game of Life (also known as Life). It was created by Milton Bradley in 1850 as The Checkered Game of Life.

It was America’s first popular parlor game. Eventually, advertisements on the television used a saying like this: “You will learn about life when you play The Game of Life.”

It has been updated to include Life Tiles, “which reward players for recycling, learning CPR, and saying no

to drugs.” It’s played all over the world (in about 20 different languages).

The basic game challenges players to travel through life and earn points for successfully completing school, getting married, having children and working hard while avoiding pitfalls like gambling and idleness.

And most of us older seniors realize that was how we were brought up in the ’30s and ’40s. What happened?

I think today’s youth would benefit from reading the novel, *Rags to Riches*, written in 1868 by Horatio Alger Jr. It stresses that success comes from hard work and virtue. Some may remember that his earliest books had plotlines that are a road map of the work ethic.

Another one of his books you may wish to obtain is *Ragged Dick* and you can find it at our amazing library. Another, which I have not read, is a biography of Ben Franklin.

Peter Cappeli, known for his 2010 book *Managing the Older Worker*, says he has concluded that “older employees soundly thrash their younger colleagues.” He goes on to point out that “every aspect of job performance gets better as we age.”

I know a few companies that prefer to hire older employees, having found that a smart and active 75-year-old could easily outperform a 40-year-old couch slouch.

These and other studies on this subject make me proud to be part of the senior population and, with that, I think it’s time to go on a walk or do my exercises.

Eating invasive species and other pest control ideas

Tao Orion, author of “Beyond the War on Invasive Species: A Permaculture Approach to Ecosystem Restoration,” will speak at two lectures Sunday, April 7.



Orion

Her presentations will focus on developing an understanding of invasive species as a way to manage their populations holistically. A holistic view places invasive species within a larger social, economic, and ecological context as symptoms, rather than causes, of changing ecosystems.

The first talk is from 1:30 to 3:30 p.m. in the Community Room at Fort George Brew-

ery, 1483 Duane St., Astoria. The second is from 5:30 to 7:30 p.m. at St. Catherine Episcopal Church, 36335 Highway 101 in Nehalem.

Orion teaches permaculture design at Oregon State University and at Aprovecho, a 40-acre nonprofit sustainable-living educational organization. She is a consultant on holistic farm, forest, and restoration planning through Resilience Permaculture Design LLC.

Attendees also are invited to an “Eat the Invaders” dinner at 5:30 p.m. Monday, April 8, at Salmonberry Saloon, 380



Catalano

Marine Drive, Wheeler. Chef Andy Catalano of Alimento Astoria will cook up a dish featuring Japanese knotweed, which is invading many Northwest water-

ways and marshes. Chefs around the world use the shoots, stalks, leaves, flowers and roots in cooking.

The multi-course meal will be interspersed with brief talks by Orion and leaders from Lower Nehalem Watershed Council and Tillamook Estuaries Partnership.

Cost for the meal is \$45 per person and available at brownpapertickets.com (search for events in Wheeler, Ore.).

AGENDA
CITY COMMISSION OF THE
CITY OF WARRENTON
MEETING
TUESDAY April 9, 2019 – 6:00
p.m.
Warrenton City Commission
Chambers
225 South Main Avenue
Warrenton, OR 97146

This is a Preliminary Agenda. A final Agenda and full meeting packet will be available on the City’s website at www.ci.warrenton.or.us and at City Hall after 4:00 p.m. on Friday, April 5, 2019.

The City Commission will hold a work session beginning at 5:15 p.m., prior to the regular meeting. The purpose of the work session is a Levee Update. Work Sessions are open to the public; however no public comment will be taken.

BUSINESS ITEMS
• Consideration of RARE Application

DISCUSSION ITEMS
• System Development Charges

EXECUTIVE SESSION
Under the authority of ORS 192.660(2)(h); to consult with counsel concerning the legal rights and duties of a public body with regard to current litigation or litigation to be filed.

Warrenton City Hall is accessible to the disabled. An interpreter for the hearing impaired may be requested under the terms of ORS 192.630 by contacting Dawne Shaw, City Recorder, at 503-861-0823 at least 48 hours in advance of the meeting so appropriate assistance can be provided.

Senior lunch menu

Monday, April 8: Hamburger stroganoff, noodles, broccoli, potato corn soup, ice cream.

Thursday, April 11: Salmon, parsley buttered potatoes, mixed vegetables, cucumber salad, key lime pie.

The Warrenton senior lunch program is at noon (doors open at 10:30 a.m.) Mondays and Thursdays at Warrenton Community Center, 170 SW Third St. Suggested donation is \$6 for ages 55 and older; \$7 for those younger. For more information, call 503-861-3502.

Astoria and Warrenton’s Crab, Seafood & Wine Festival Special Edition, April 19, 2019

The Astoria & Warrenton Chamber of Commerce’s annual Crab, Seafood and Wine Festival is the area’s biggest event of the year.

Look for the special pages that contain all the information you will want to know about the vendors, the special attractions, and where to get the best food!



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