September 28, 2018 The Columbia Press 7

Disaster preparedness event is Saturday

What will you do in the next Great Coastal Gale? How will you protect yourself and your loved ones in a major earthquake, flood, fire or tsunami?

• 9:40 a.m. –

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The city of Warrenton, in cooperation with Warrenton CERT (Community Emergency Response Team), will have a Disaster Preparedness Event from 9 a.m. to 4 p.m. Saturday, Sept. 29, at Warrenton Community Center, 170 S.W. Third St.

Participants can find out where to go, what to do, how to care for pets and how to communicate when phones and the Internet don't work.

The open house-style event includes a variety of activities and speakers throughout the day, along with some giveaways. All activities are free. Lunch is provided by NW Natural.

Speakers include:

• 9 a.m. – "What We Can Expect," Tiffany Brown, Clatsop Emergency Services manager Cross

- 9:40 a.m. "Get Ready!" Teresa Brownlie. NW Natural
- 10 a.m. "Impact on Businesses," Kathleen Gleaves, emergency preparedness consultant
- 10:45 a.m. "Staying Safe," Warrenton Police Chief Mat Workman
- 11:15 a.m. "Communications," Don Hillgaertner, Emergency Auxiliary Communications Group
- 11:45 a.m. 12:30 p.m. Lunch provided by NW Natural
- 12:30 p.m. "Making Your Home and Business Safe," Bob Johnston, City of Warrenton building inspector
- 1:30 p.m. "Taking Care of Pets in Stress," Dr. Dannell Davis, Astoria Animal Hospital
- 2:15 p.m. "Making a Safety Backpack for Kids," Jason Tonquin, owner of Tonquin Trading in Seaside
- 2:45 p.m. Jenny Carver, American Red Cross



Senior Moments with Emma Edwards

Dubble Bubble for double fun

It was called Dubble Bubble gum.

Gum was in use as early as 200 A.D., when Mayan Indians of Central America chewed gum made of chicle from the sapodilla tree, which later became the main ingredient in modern chewing gum.

I've decided that I don't want to grow up any faster, anyway, than my current rate. Chewing Dubble Bubble is still fun, for sure! Maybe at the Warrenton senior meal site I should put a package of Dubble Bubble at each place and we could chew for six minutes and then those who wish to participate could stand and the others could watch us blow a bubble. Truthfully, I think I could win that prize! See why I don't want to grow up?

I've been sorting and tossing "stuff" and files (probably keeping more than I toss). There's so much "good stuff." In defense of keeping too much, I ended up filling two big black garbage bags for the trash bin.

I ran across some amazing stuff, however. No, I'm not a hoarder, but I do enjoy my "piles." It dawned on me as I celebrated my 86th birthday on Monday that I maybe have too many unfinished projects.

That is good and bad, too. Maybe that's why the Lord allows me to keep living. Could he be patiently waiting for me to finish all my projects before he calls my name?

Should I make a list of all my unfinished projects? No, it would remind some of you about all you want to do but are putting off.

I once wrote (and got paid for) an article on procrastination. It was probably more authentic, as I'm afraid it describes me too well. One exception is when I have a deadline. I like deadlines!

In one of my "to file" files, I ran across this poem that was used in the memorial service for a dear friend a few years ago. He was a Presbyterian/Methodist pastor in Iowa.

Life Must Go On

Grieve for me, for I would grieve for you.

Then brush away the sorrow and the tears.

Life is not over, but begins anew,

With courage you must greet the coming years. To live forever in the past is

wrong; Can only cause you misery

and pain.

Dwell not on memories overlong,

With others you must share and care again.

Reach out and comfort those who comfort you;

Recall the years, but only for a while.

Nurse not your loneliness; but live again.

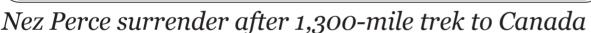
Forget not. Remember with a smile.

-- A Navaho Prayer

Maybe that is why I smile so much. I have so many good memories. I'm sure you do, too. I really think that's the secret -- a positive spirit.

Hey, go chew some Dubble Bubble.

This Week in Aboriginal History by Carl A. Ellis



Sept. 28, 1874: The U.S. 4th Cavalry attacks a Comanche-Kiowa camp near Amarillo, Texas, in the main battle of the Red River War. They kill three warriors, slaughter 1,000 horses and destroy the Indians' winter food stores. The battle marks the last attempt by Southern Plains Indians to resist the influx of white settlers.

Sept. 29, 1806: Zebulon Pike, American brigadier general and explorer, holds a grand council with the Pawnee tribe. Pike estimates 400 Pawnee warriors attended. He hopes to win their allegiance to the United States instead of Spain.

Sept. 30, 1865: There are 402 Apache Indians and 7,318 Navajo Indians living at the reservation in Fort Sumner, N.M., according to a report released this day.

Oct. 1, 1990: The Chero-

kee Nation becomes one of six tribes to assume responsibility for the disbursement of Bureau of Indian Affairs funds. Prior to today's Indian self-governance agreement, the bureau had decided how funds should be spent.

Oct. 2, 1877: Nez Perce leader Chief Joseph surrenders to the U.S. Army in Montana. Forced from their East Oregon homeland, the 700 Nez Perce had traveled 1,300 miles in three months toward Canada.

They're forced onto an Oklahoma Reservation where they suffered greatly. In 1885, survivors are permitted to return to the Northwest, but only to Idaho and Washington, not their ancestral homeland in Oregon.

Oct. 3, 1763: Indians ambush 60 rangers in Virginia as part of Pontiac's War. Fifteen soldiers are killed. Virginia

militia and volunteers track the Indians to the South Fork of the Potomac River, where 21 Indians are killed.

Oct. 4, 1838: A second group of Cherokees leaves the Tennessee Cherokee Agency led by Elijah Hicks. They are part of the forced removal of Cherokees to Indian Territory. They will arrive Jan. 4, 1839.

Ellis is an author and historian working on a book about American Indians.

Senior lunch menu

Monday, Oct. 1: Ham, scalloped potatoes, broccoli, romaine salad, berry trifle.

Thursday, Oct. 4: Salmon cakes, parsley butter potatoes, peas, spinach salad, chocolate cake.

The Warrenton senior lunch program is at noon (doors open at 10:30 a.m.) Mondays and Thursdays at Warrenton Community Center, 170 SW Third St. Suggested donation is \$5 for ages 55 and older; \$7 for those younger. For more information, call 503-861-3502.