



## Senior Moments with Emma Edwards

### Emma shares a 'no good, very bad' day story and how to cope

I had one of those days last week.

Not only did the ants come marching in again, but the day leaned toward "a terrible, horrible, no good, very bad day."

I was scrambling eggs in a breakable bowl and needed to season them before cooking.

As I was salting them with my breakable salt shaker, I dropped it into the egg mixture, breaking both. I was impressed with my calmness of spirit in the moment.

We seniors can react with a calm that surprises even us.

Anyway, I had a choice to make. Do I go back to bed and sulk the rest of the day or do I clean it up and carry on?

That's one of the best things about being a senior; we've survived many such circumstances that we can look back on.

I remember a time when my 4-year-old son wanted to be helpful and pulled a breakable bottle of milk from the refrigerator. He dropped it and it spilled (mostly under the refrigerator) plus he broke the milk jug.

Frustration! Reaction? Attitude has a lot to do with our reactions as we have learned by living.

I could have shed some tears -- maybe I did -- or I could carry on. Over the years, I've taken courses at several community colleges as I had a continuing thirst for learning. My husband's vocation involved moving rather often.

Attitude was half the battle on frequent moving experi-

ences.

When we lived in California's Monterey Bay area, I took classes at Cabrillo College in Aptos. Such memories!

You can imagine my excitement in reading Carl A. Ellis' historical column in this newspaper where he mentioned that college named after Juan Rodriguez Cabrillo.

We lived in that area for several years. In fact, two of my "kids" are still Californians.

It's interesting to learn more about surrounding areas in Mr. Ellis' columns.

Do we ever stop learning? Even about death and dying.

Notice in those early days in his columns how much death, dying and moving took place.

I view death much like the Apostle Paul, who viewed it not as the end of life but as a time of moving from one home to another.

Reminds me of an epitaph found on century-old gravestone that one of our senior lunch people recently shared with us.

*Pause Stranger, when you pass me by,*

*As you are now, so once was I.*

*As I am now, so you will be,  
So prepare for death and follow me.*

An unknown passerby scribbled the following on the headstone:

*To follow you I'm not content,*

*Until I know which way you went.*

For more on this subject, see you in church Sunday!

## Warrenton passes \$35 million budget

The Columbia Press

Increased library hours, a new part-time municipal court clerk and a public works position transitioning from part time to full time are the highlights of a nearly \$35 million budget approved Tuesday by the City Commission for the 2018-19 fiscal year.

It's mostly a hold-steady budget, City Manager Linda Engbretson said, with two of the three highlights coming from the library levy and police levy recently passed by voters.



Engbretson



Balensifer

"With all the growth in Warrenton, we are still (committed) to provide excellent service with such a small staff," Engbretson said.

Among items in the general fund are the police department, \$1.89 million; fire department, \$869,000; and administrative staff, \$1.1 million.

The water department's budget, which includes repayment of loans, is \$5.73 million. The sewer fund is \$5.4 million.

The sanitation, or trash, department is \$1.53 million. Streets are allotted \$1.71 million.

Marinas, which also are funded by the Warrenton Urban Renewal Agency, will take \$2.54 million from the city's budget.

Also on Tuesday, the commission passed a resolution, or agreement, with the state to share in a portion of the proceeds from liquor, marijuana, cigarettes and gasoline taxes.

Warrenton expects to receive \$545,802 during the coming fiscal year.

"It should be worth noting that, regarding the marijuana tax, even though we don't have any marijuana establishments, we didn't outright ban them, so that allows us to receive a percent from the state," Mayor Henry Balensifer said.

## This Week in Aboriginal History

by Carl A. Ellis



### Missions come under attack in Florida

**June 29, 1704:** A force of 50 South Carolina residents and 1,000 Creek Indians attack the Spanish San Damian de Cupahica Mission near modern-day Tallahassee, Fla.

The mission is destroyed and many local Indians are taken as slaves.

A few days earlier, the group had attacked the Mission of San Pedro y San Pablo in Patate in the Florida panhandle.

**June 30, 1793:** The Battle at Fort Recovery, Ohio, rages into its second day.

**July 1, 1833:** The U.S. Army estimates it has captured all the "hostile" Creek Indians except for warriors from Hitchiti and Yuchi, who are led by Jim Henry, a Yuchi warrior.

**July 2, 1825:** Creek Chief William McIntosh signs a treaty ceding Creek lands to

the United States and agrees to vacate them by 1826. Other Creeks reject the treaty and kill him.

**July 3, 1637:** The Pequot Indians become the first slaves in the colony of Massachusetts.

**July 4, 1777:** The Shawnees attack Boonesborough again. As was the case with their last invasion on April 15, they find the town's fortification cannot be breached.

**July 5, 1831:** William Col-

quhoun is appointed special agent to the Choctaws by Secretary of War Lewis Cass.

Colquhoun is ordered to go to the Choctaw Nation and consult with the leaders about their removal to Indian Territory in present-day Oklahoma.

*Ellis is an author and historian working on a book about American Indians. Learn more about American Indian history at facebook.com/snippetsintime.*

## Senior lunch menu

**Monday, July 2:** Meatloaf, mashed potatoes and gravy, carrots, coleslaw, bread pudding.

**Thursday, July 5:** Oven-fried chicken, pasta salad, corn, mixed greens, chocolate cake.

*The Warrenton senior lunch program is at noon (doors open at 10:30 a.m.) Mondays and Thursdays at Warrenton Community Center, 170 SW Third St. Suggested donation is \$5 for ages 55 and older; \$7 for those younger. For more information, call 503-861-3502.*