ical help when my hubby had

to take me in late Sunday night,

March 20. It started Friday eve-

ning and I thought I had indiges-

tion. I felt pretty miserable on

Saturday, wanting to crawl into a

hole and die. Sunday, I felt better

until about 6 p.m. and I got chills,

broke out into a cold sweat, very

nauseated. My hubby called our

neighbor and EMT friend, Rose

Howe, and she recommended

a visit to John Day. As soon as

we decided to go, the pain dis-

appeared and I had no fear but

total peace. When we got there,

I told them my suspicions and

it was confirmed through a CT

scan, acute appendicitis. The ER

staff prepared me, took it out, and

I was home by morning. I praise

the Lord for His goodness and the

unto the LORD as long as I live: I

will sing praise to my God while I

Psalms 104:33 I will sing

Yeah! Spring made it! I called

a cellphone on Tuesday and the

person who answered was in

Hawaii — and it was pouring

down rain. Ha, ha. We had clear

blue skies and 60-plus degrees in

Central and Eastern Oregon. No

place like home. So if it rains, it's

because Derrol just had to wash

the winter grime off the vehicle

grandson No. 2 asked to use my

landline. The number he dialed

was busy. But he had never heard

a landline busy signal and so he

wondered what the beep-beep-

cal true story book: sockdolager

us enjoying hamburgers with all

the usual fixin's and pasta salad.

Dessert was a chocolate cupcake

with ooey-gooey frosting. Yes!

An extra added attraction was a

little orange. Good work, Pam G.

the meals to the people included

Ginger, Gwynne, Carlos, Mary,

Tom, Del, and Carla (again) at the

reception desk. We all are pray-

ing for Pam H. to get well soon

The other volunteers to get

with helpers Arlene and Carla.

Found this word in a histori-

with no clues to its definition.

Our first meal of spring had

beep was. Now he knows...

Anyone have any idea?

Speaking of cellphones —

while it was nice. (Tee-hee.)

medical help from the staff!

Prairie City

Seniors

Rose Coombs

have my being.

Monument **Seniors**



The lunch that was served for March 22 was made by our cooks, Terry Cade and Carrie Jewell. They made us some fancy parmesan chicken, garlic toast, yummy roasted potatoes, carrots, and different variety of desserts. It was a hearty meal and we thank them for their wonderful cooking!

Bob Cockrell was at the greeter's table. Linda Abraham helped him collect the money and count it up. Jan Ensign was working behind the scenes. Bob led the flag salute. Linda made the announcements, and Charlotte Barker prayed the blessing over the meal.

There were 60 meals total served, including takeouts. Larry Vote donated some microphones so the intercom is now functional again. We thank everyone who volunteers, supports, and helps out. We appreciate everyone coming together to help our senior center run smoothly.

I am calling for everyone out there to continue to pray for Jimmy Cole and also make a special request. Jimmy is at the St. Charles Hospital in Bend, and I have been told he will be in there indefinitely. I don't know what that really means but I know that he is in the Lord's hands. Until the Lord is through with Jimmy, he is not going anywhere.

But Jimmy does need a lot of encouragement right now. If you could find some time to do this, I believe he will be so tickled and happy to receive get well cards, encouragement cards, cards to just let him know that we care and love him. I just want him to be so bombarded with cards that they will have to have a whole box put aside just for him.

You may send your cards and letters to St. Charles Hospital, ATTENTION PATIENT JAMES COLE ROOM #8216, 2500 NE Neff Road, Bend, OR 97701. We all love Jimmy and we can show him tangibly by our words of encouragement. Scripture says that death and life are in the power of the tongue. Let us speak words of love and affirmation to our friend Jimmy. Thank you all ahead of time!

I also wanted to put out a shout of thanks to the emergency

Pastor Robert Perkins

Sunday School (all ages)

9:30-10:30

Sunday Worship

10:45-12:00

John Day Valley

Mennonite

Church

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at Mt. Vernon Grange Hall

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Sunday School

Sunday Morning Worship..

..9:30 a.m.

.. 10:50 a.m.

GRANT COUNTY SENIORS staff at the Blue Mountain Hosso she can return to her station at pital in John Day for their medthe desk. The sponsor of our meal

> we had BEEF! We made a run to points east and saw a couple of interesting things. The first was at Whitney, which is at least 40 miles from cell service, I do believe. Anyway, the state forestry department had put up a large information sign which had a very large QR block on it. Is it possible to get information there?

> today was Delores Scott, because

Boogving on down the road, we saw porta-potty sitting on the right of way. Hmmm. No evidence of roadwork anywhere. Hmmm. Just one of those Eastern Oregon mysteries.

And here's another bit of history: The GO! section of the paper had an article about Mark Hatfield. Did you know that when he was governor, Mr. Hatfield visited Grant County and came to a church service in the old hall? His assistants warned the pastor, but he didn't tell anyone else. So when his entourage entered, it was quite a surprise to all of us there.

That has been over 50 years ago, so I don't remember much about it... I probably didn't see too much since I assume I was playing the piano and had my back to the congregation... Wonder what the sermon was...?

I John 1:5 This is the message we have heard from Him and declare to you: God is light; in Him there is no darkness at all.

I John 3:16 This is how we know what love is: Jesus Christ laid down His life for us. And we ought to lay down our lives for



our brothers.

A flyer has been prepared and shared into our community with news that in-house dining will be reopening on Monday, April 4, at 11:30 a.m. for lunch and then every Thursday and Monday thereafter. I hope each of you will be in attendance to be able to catch up with others and see how everyone is doing and share bits of our lives together, as well as have a great meal.

There are a lot of changes at our center, and it looks great and so clean. The air scrubbers are at work making the air clean

(seven cleanings of all the air in the building in every hour). A new floor was installed March 29-31. The restrooms have been moved and are very nice inside. A door has been installed in the kitchen so that no one can get into harm's way. The food window has been modified to be safe from germs from people from both sides. I may have missed something, so come on Monday the 4th and check it all

One more lunch date to pick up and partake of at the site of your choosing. Thursday, March 31, lunch will consist of meatballs in marinara sauce with pasta and a couple other dishes including dessert of cooks' choice.

Then Monday, April 4, our first day to dine together at the John Day Senior Center, Shay and Kim are preparing sloppy joes with potato salad. Fruit will be for dessert. This meal will be dished up by our cooks at the kitchen window and we will stop there to get our plate of food and return to our table to dine together with others at that table. All drinks will be served from a table near the refrigerator. We will be able to stop there and get what we desire. It has been so long that actually I am kind of excited to be with others for a meal.

Restrictions for COVID-19 are being lifted slowly, so masks are only required till we are seated at our table. Distancing has not been mentioned lately so I am not sure about that. Play it by ear, eyesight and

It is so nice to be able to go outside and not need a coat. At times a light jacket will be enough. Spring is so lovely after the cold weather.

The pokeno group is playing on Friday afternoons from 1 p.m. till 3 or 4 p.m., depending on how much we chat while playing. We do have a good time together. Our group is growing, but there is still room for two or three more players, so if you are interested, call 541-792-0202 for more information.

Bingo will begin also, but I don't have details on the day or time, so if you call the number above we will have that information for you. The ones in charge of bingo have been ill so all will work out. Please be patient.

1 John 4:13 Hereby we will know that we dwell in HIM because He hath given us of

SHOOTING THE BREEZE The .45 Colt revolver checks all the right boxes

remember the first time I fired a .45 Colt. The handgun was a Ruger Vaquero with a 4.75-inch barrel. The gun belonged to an old cowboy friend of the family, Mr. Tony Lewis. I guess some of you may not have known Tony, and sadly you've missed your chance. But he was something else.

Tony, like so many of my childhood mentors, was eager to help me cultivate my budding fascination with the shooting sports. Having fired several other hand-

guns up to that point, two endearing features I found readily enamoring about the .45 Colt was that its report wasn't nearly as ear-piercing as a .357 and the recoil felt about half that of a standard .44 Magnum load with similar bullet weights. When the .45 Colt was

released in 1873, it was a huge hit for several reasons. Its cartridges contained 40 grains of black powder and propelled a 255 grain bullet to approximately 1,000 fps. This made it the second most powerful handgun available on the frontier; second only to the Walker Colt.

Reloading your revolver was much faster with the self-contained brass case cartridges making the need to carry more than one pistol nearly obsolete. Although the U.S. Cavalry did adopt the Smith and Wesson Schofield top break revolver in limited numbers, troopers quickly realized the vast superiority of the longer Colt cartridge over the shorter .45 Schofield. This nickname ".45 Long Colt" was likely formed thereabouts and erroneously continues today.

The Colt Single Action Army came to be known as "The Peacemaker" in the civilian market due to the old adage: "God created all men, Sam Colt made them equal."

The .45 Colt was adopted in 1873 and continued in full or partial service until 1892,

> George S. Patton was a lifelong believer in the .45 Colt revolver. In Mexico he enjoyed more than one fra-

cas involving Villistas and was preserved alive thanks to his Single Action Army revolver. So impressed was he that even as a general in World War II he famously carried a Colt Peacemaker in .45 caliber.

While I'm no Western lawman or war hero, I appreciate the .45 Colt for its many modern and enduring virtues. In any regular handgun, original factory ballistics of a 250-255 grain bullet — cast lead or jacketed — traveling 1,000 fps can be easily achieved. In a stouter model such as the Ruger Blackhawk, Freedom Arms or T/C Contender, the .45 becomes the full equal of the .44 Magnum with Buffalo Bore factory plus-P or handloaded ammunition. It should still be considered tops as an all-around self-defense and close-range hunting load.

With increasingly more regular encounters with wild, often predatory and dangerous animals, a .45 sixgun will still make the peace wherever you are. If you're looking for a classic cartridge that hits big league, the .45 Colt certainly checks all of the right boxes.

Are you a fan of the .45 Colt? Write to us at shootingthebreezebme@gmail. com and check us out on Facebook!

Dale Valade is a local country gent with a love for the outdoors, handloading, hunting and shooting.



For more information,

call 541 620-0340

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Sunday Evening Service 6:00 pm

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Pastor Randy Johnson

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www.johndaynazarene.com

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For information: 541-575-2348

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when it was officially replaced with the considerably less powerful .38 Long Colt. Those in uniform with any connections, however, continued to use the .45 as their service revolver until the adoption of the Colt 1911 .45 Automatic. A young Lt.

Dale Valade

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