

# Parents Page

November 2021

## 2021 Tree of Giving

Questions: Call Grant County 4-H 541-575-1911



### PICK UP & RETURN APPLICATIONS:

FAMILIES FIRST 541-575-1006  
401 S CANYON BLVD, JOHN DAY  
M-F 8:00-5:00 (DROP BOX AVAILABLE)

Applications will be accepted until November 15, 2021

The tree will be located at Chester's Market!



Gift items and Cash donations accepted at Families First and Grant County 4-H

GIFT DISTRIBUTION DAY  
12/17/21 10:00AM-2:00PM  
GRANT COUNTY 4-H OFFICE  
116 NW BRIDGE ST, STE 1, JOHN DAY

**PEDIATRIC CAVITIES** are the most common chronic disease in children of all ages. Cavities can have lifetime effects on education, earning potential and social interactions. Current statistics report that 52% of children, ages 6-9 in Oregon have experienced tooth decay. Children in Grant County are at a higher risk for tooth decay than the state average because we don't have fluoridated drinking water in our county. Living in a rural location and having a lower income also doubles the risk of dental caries for our children. Bringing oral health care into primary care is one way to help reduce the cost of dental treatment through screening and low cost fluoride varnish application. Starting October 11, we will be integrating oral health screening into our pediatric well child checks at Strawberry Wilderness Community Clinic. Based on their screening; patients may be eligible for fluoride varnish in our office. Families will receive preventative education, and dental referrals will be made as appropriate. We look forward to providing these new services to our pediatric patients to improve their overall health and quality of care.

Erika Adams FNP-C  
Blue Mountain Hospital District  
Strawberry Wilderness Community Clinic  
(541) 575-0404

## Families First PARENT RESOURCE CENTER

### CAR SEATS

Families First has three certified Car Seat Technicians that can help you make sure that you have the right car seat and that it is installed properly. We also have new car seats that you can purchase at a reduced cost.

Please call us to schedule an appointment. 541-575-1006

### TREE OF GIVING

Due to expected shipping barriers, we are launching the Tree of Giving program early this year. We hope to give people more time to purchase gifts and fill tags.

Donations to the Tree of Giving are accepted at Families First Parent Resource Center or Grant Co. 4-H office.

## SIZE UP YOUR CHILD'S SAFETY NEEDS.

One Size Does NOT Fit All!

**Remember...** kids under 13 should always ride properly buckled up and in the back seat. Proper fit means that the lap belt sits low across the thighs and the shoulder belt is over the collarbone and away from the neck.

Children are required to ride buckled into booster seats until they are at least 8 years old or 4'9" tall.

Until you can answer "YES" to all of these questions, your child should stay in a booster seat.

**A Simple 5-Step Test**

- 1) Without a booster seat, does the child sit all the way back against the vehicle seat?
- 2) Do the child's knees bend comfortably at the edge of the vehicle seat?
- 3) Does the belt cross the shoulder between the neck and arm?
- 4) Is the lap belt as low as possible, touching the thighs?
- 5) Can the child stay comfortably seated like this for the whole trip?

All children under 4'9" or younger than 8 years old, and weighing more than 40 pounds, must ride buckled in a child safety seat or booster seat until the adult safety belt fits properly.

Children weighing less than 40 pounds must be properly secured in a child safety system.

Children must ride in rear-facing safety seats until they are at least 2 years old.

## BIO SMILE

Family, Cosmetic & Implant Dentistry

165 NW 1st St., John Day | Open Monday-Thursday  
541-575-0363 | Kids ad...Free Orthodontic screening for children 7-17

DrJ@BiosmileDental.com

## CANYON CREEK Clinic

541-575-1263

235 S Canyon Blvd. John Day, Oregon 97845

Accepting new Patients! Go to:  
[www.canyoncreekclinic.com](http://www.canyoncreekclinic.com)

## Strawberry Wilderness Community Clinic

541-575-0404

Zachary Bailey, MD  
Janessa Sickler, DO  
Emily Lieuallen, DO  
James Cook, FNP  
Erika Adams, FNP-C  
Caitlin MacCoun, MD  
Brian Jennings, MD  
Robyn Jennings, MD

Our full-service pediatric care center specializes in children's health needs, from birth to adolescence, with a focus on putting kids at ease.



## FRONTIER Early Learning HUB

Harney & Grant Counties

541-573-6461 | 541-620-0622

### Check Website for Upcoming Events



541-575-0110

[jdccparksandrec.rc@gmail.com](mailto:jdccparksandrec.rc@gmail.com)

## Families First PARENT RESOURCE CENTER

• Creating Great Beginnings  
• Inspiring Possibilities  
• Ensuring Bright Futures

• Healthy Start and Parents as Teachers Home Visiting  
• Classes • Workshops • Parent-Child Playgroups  
• Car Seats • Parent Resource Library

401 S. Canyon Blvd., John Day • 541-575-1006  
[ffedta@gmail.com](mailto:ffedta@gmail.com) • [www.familiesfirstofgrantcounty.com](http://www.familiesfirstofgrantcounty.com)

## Community Counseling Solutions

CCS Changing Lives  
NO COST SCREENING

High Quality Services Include:  
Mental Health  
Alcohol and Drug  
Developmental Disability

528 E. Main • John Day • 541-575-1466

**ADVERTISE HERE**  
Call the  
**EAGLE**  
today  
**541-575-0710**