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Scan the code to link to our website!

Mission: Improve community health through Leadership, Education, and Engagement.

Vision: Working Together for a Healthy Community

Every year Community Counseling Solutions hosts the annual Grant County Teen Health Fair. For those students who have never attended this event, it's a fun day full of learning about a variety of health-related topics. Unfortunately, this year we are unable to have a traditional Teen Health Fair. However, in lieu of that, we are sending students Health and Wellness kits. These kits will be distributed in waves. The first wave was sent home with students before winter break.

A message to the youth of Grant County:

Your community cares about you! We want to make sure you take care of yourself! Your mental and physical health matters!

Health & Wellness Kits

December Contributors:

- John Day Canyon City Parks and Recreation – Yoga mats and workout cards
- Oregon State University, Open Campus – Stress Balls
- Grant County Help Department -Information about the YouthLine



We would love to hear and see how your Health & Wellness Kits are being used! Send feedback to grantcountychic@gmail.com

Watch for further additions to your Health & Wellness Kits



January Contributors:

- Blue Mountain Hospital Sunglasses Advantage Dental – Tooth brush kits
- Grant/Harney County CASA MEME kit/ contest





Future Contributors:

- Community Counseling Solutions
- **Grant County 4H**
- Grant County Community Health Improvement Coalition
- Families First Parent Resource Center
- Department of Human Services
- **Heart of Grant County**

Thank you to all of our contributors!



DrJ@B

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CREEK Clinic

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Harney & Grant Counties

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