

THURSDAY EVENING

	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2-3ABN	Carter Rpt.	Carter Rpt.	Sabbath School Study		3ABN Today Live				Give Me the Bible		3ABN Today		Table Talk		3ABN Today Live	
3-CBS	CBS News	CBS News	Jeopardy	Wheel	Sheldon		:01 Mom	Unicorn	Star Trek: Discovery		News		Late Show-Colbert		James Corden	Grow Hair
4-ABC	Today's	ABC News	Today's	Mod Fam	Celebrity Wheel		The Chase		The Hustler		Today's	:35 Jimmy Kimmel Live!	Nightline		Extra	Hollywood
5-MNT	Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D.		Chicago P.D. "Prison Ball"		Chicago P.D.	
6-NBC	KGW News at 4		News	News	News	News	News	News	Mr. Mayor	Superstore	Law & Order: SVU		Dateline NBC		News	J. Fallon
7-FOOD	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby	Beat Bobby
9-TBS	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Go-Big Show		Wipeout		Conan	Go-Big
10-PBS	Arthur	Peg & Cat	Ready Jet	Wild Kratts	Bare Feet	BBC News	PBS NewsHour		Art Beat	Field Guide	The Victim		Modus		Durrells in Corfu	
11-WGN-A	Last Man	Last Man	NewsNation		NewsNation		NewsNation		NewsNation		NewsNation		NewsNation		DailyMailTV	DailyMailTV
12-DISC	BattleBots Valkyrie and Rotator square off.				BattleBots		BattleBots		BattleBots		BattleBots		Bite Force squares off against Yeti.			
13-FREE	** "Night at the Museum: Secret of the Tomb"				*** "Shrek" (2001) Voices of Mike Myers.				grown-ish				*** "Inside Out" (2015) Phyllis Smith			
14-SYFY	(1:45) *** "2012"				(:15) * "Law Abiding Citizen" (2009) Jamie Foxx.				(:35) *** "Ant-Man" (2015, Action) Paul Rudd.				Resident Alien "Pilot"			
15-ROOT	College Basketball Virginia Tech at Notre Dame.				College Basketball Gonzaga at San Diego.				College Basketball Portland at Saint Mary's				Mariners Rewind From May 9, 2001.			
16-FOXN	FOX News Primetime		Tucker Carlson		Hannity		The Ingraham Angle		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
17-FOX	Friends	Friends	Big Bang	Big Bang	Hell's Kitchen		Kat	Last Man	FOX 9 News at 9		Two Men	Two Men	Big Bang	Mom	Mom	King
18-DISN	Big City	Big City	Bunk'd	Bunk'd	Jessie	Jessie	Raven	Raven	Jessie	Jessie	Bunk'd	Bunk'd	Big City	Bunk'd	Bunk'd	Sydney-Max
19-QVC	Home Garden		Down Home with David										Skechers		Szish List-K. Szish	Kirk's Folly Jewelry
20-HBO	"Goddzilla: King"		:10 C.B. Strike		:10 ** "The Fast and the Furious" (2001)		Euphoria: F... Anyone		(8:50) ** "Don't Let Go" (2019)	:10 "R"	:35 Tiger		(Part 2 of 2)			
21-HGTV	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip-America		Rehab Addict Rescue		Hunters	Hunters Int'l	Hunters	Hunters Int'l
22-MAX	Wanderlust		:45 *** "Ready or Not" (2019) Samara Weaving.		:22 *** "Going in Style" (2017)		*** "Good Boys" (2019) "R"		*** "Raising Arizona" (1987) "PG-13"		:06 *** "Hackers" (1995)					
23-ESPN	Women's College Basketball				College Basketball Teams TBA.				SportsCenter				SportsCenter			
24-ESPN2	College Basketball Memphis at SMU.				College Basketball Houston at Tulane.				College Basketball Teams TBA.				NFL Live			
26-FBN	Lou Dobbs Tonight		Kennedy		Lou Dobbs Tonight				Strange		Strange		1908 Gold		1908 Gold	
97-OUTD	Viral	Lindsey Way	Whitetail Fr.	Hunter	Territories	Heartland	Africa	The One	Hunting TV	Outdoors TV	Hunting	Bone Collect	Bowhunter	Wild Boar	Viral	Lindsey Way

FRIDAY EVENING

	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2-3ABN	Asia Now	Salvation in	Sabbath School		Today Family Worship		It Is Written	Mission	Mission 360	Hope-Motion	Today Family Worship		ASI Conventions		Breath	Thunder
3-CBS	CBS News	CBS News	Jeopardy	Wheel	MacGyver		Magnum P.I.		Blue Bloods		News		Late Show-Colbert		James Corden	Paid Prog.
4-ABC	Today's	ABC News	Today's	Mod Fam	Shark Tank		:01 20/20		Today's		:35 Jimmy Kimmel Live!		Nightline		Extra	Hollywood
5-MNT	Hawaii Five-0 "Pa'ani"		Hawaii Five-0 "Na Kii"		Hawaii Five-0 "Hua Pili"		Hawaii Five-0 "Olelo Pa'a"		Hawaii Five-0		Hawaii Five-0 "Ho'opio"		Hawaii Five-0			
6-NBC	KGW News at 4		News	News	News	News	News	News	Straight	Inside	Dateline NBC		News		J. Fallon	
7-FOOD	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive
9-TBS	Amer. Dad	Amer. Dad	Amer. Dad	Amer. Dad	Family Guy	Family Guy	** "Suicide Squad" (2016) Will Smith, Jared Leto.		** "Wild Wild West" (1999, Action) Will Smith.							
10-PBS	Arthur	Peg & Cat	Ready Jet	Wild Kratts	Two	BBC World	PBS NewsHour		Father Brown		Call the Midwife		Press on Masterpiece		:01 Thou Shalt Not Kill	
11-WGN-A	Last Man	Last Man	NewsNation		NewsNation		NewsNation		NewsNation		NewsNation		DailyMailTV		DailyMailTV	
12-DISC	Gold Rush		Gold Rush "Frenemies"		Gold Rush		Gold Rush: Pay Dirt		Blind Frog Ranch		Gold Rush					
13-FREE	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	The 700 Club	
14-SYFY	"Resident Evil"				*** "Ant-Man" (2015) Paul Rudd, Michael Douglas.				(:35) ** "San Andreas" (2015, Action) Dwayne Johnson.				Resident Alien "Pilot"			
15-ROOT	Mariners Rewind From April 28, 2001.				Mariners Rewind From May 9, 2001.				College Basketball Gonzaga at San Diego.							
16-FOXN	FOX News Primetime		Tucker Carlson		Hannity		The Ingraham Angle		Fox News at Night		Tucker Carlson Tonight		Hannity		The Ingraham Angle	
17-FOX	Friends	Friends	Big Bang	Big Bang	WWE Friday Night SmackDown		FOX 9 News at 9		Two Men	Two Men	Big Bang	Mom	Mom	King		
18-DISN	Big City	Big City	Bunk'd	Bunk'd	:45 "Zombies" (2018) Milo Manheim.		Bunk'd		Secrets	Gabby	Gabby	Gabby	:05 Bunk'd	Bunk'd	Secrets	Gabby
19-QVC	Fri-YAY!: With Jane		philosophy - beauty		Shawn Says, Accessorize!		DaretoShareBeauty		Lancer Skincare		Geller Makeup Studio		Styld by Ken Paves			
20-HBO	:2:45 ** "Midway"		:05 ** "Battleship" (2012) Taylor Kitsch.		:PG-13		REAL Sports Gumbel		:20 * "Walk of Shame" (2014) "R"		Real Time, Bill Maher		Painting		Real Time	
21-HGTV	Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper		Self-Made Mansions		Dream		Dream		Dream	
22-MAX	:2:53 54 "R"		:27 *** "Backdraft" (1991, Suspense) Kurt Russell.		:R		"Wolves at the Door" "R"		** "Hostage" (2005, Action) Bruce Willis.		:9:55 *** "Rambo" (2008) "R"		:28 Gamer			
23-ESPN	NBA		NBA Basketball Milwaukee Bucks at New Orleans Pelicans.		NBA Basketball Dallas Mavericks at Utah Jazz.				SportsCenter		SportsCenter		SportCtr			
24-ESPN2	College Basketball				College Basketball				X Games Winter X Games 2021.				UFC Fights			
26-FBN	Lou Dobbs Tonight		The Evening Edit		Wall St.	WSJ	Barron	WSJ	Barron	Lou Dobbs Tonight		WSJ	Barron	Lou Dobbs Tonight		The Evening Edit
97-OUTD	Andrews	Wardens	Rubber Foot	Hollywood	*** "Rio Grande" (1950, Western) John Wayne.				*** "Rio Grande" (1950, Western) John Wayne.				*** "Rio Grande" (1950, Western) John Wayne.			

SATURDAY DAYTIME

	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
2-3ABN	3ABN Worship Hour		Three Cosmic Messages		Sabbath School Study		New Perceptions		Kids Praise	AWR360	3ABN Today		Mission	Hope-Motion	Breath	Lineage
3-CBS	Pet Vet	All In	Kds News	TBA	College Basketball Indiana at Michigan.		PGA Tour Golf		PGA Tour Golf				Paid Prog.	GameTime		
4-ABC	Hearts of	Rock-Park	Feel Great	Athlete	X Games Winter X Games 2021.								Minute	Traveler		
5-MNT	Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU		Law & Order: SVU	
6-NBC	KGW News at Sunrise		Paid Prog.	Premier League Soccer		Luge Fil World Cup.		IMSA Weathertech		DRL Drone Racing			Paid Prog.	Paid Prog.		
7-FOOD	The Kitchen		Giada Enter.	Giada Enter.	Pioneer	Pioneer Wo.	The Kitchen		Guy's Ranch	Food Paradise		Food Paradise		Food Paradise		
9-TBS	Raymond	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Go-Big Show										Wild West
10-PBS	Pinkalicious	Cyberchase	SciGirls	Biz Kidz	Garden	Garden	Quilting Arts	Quilting	Fit 2 Stitch	See Easy	Milk Street	Test Kitchen	Cook	Lidia	MotorWeek	Woodshop
11-WGN-A	Murder, She Wrote		Murder, She Wrote		Murder, She Wrote		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods		Blue Bloods	
12-DISC	Outlaws	Chasin' Sun	BattleBots	Hypershock and Mammoth lock horns.		BattleBots	Huge vs. Kraken; Lock-Jaw vs. Jackpot.		Naked and Afraid		Naked and Afraid		Naked and Afraid		Naked and Afraid	
13-FREE	(7:00) ** "The Maze Runner"				(:40) *** "The Bourne Identity" (2002) Matt Damon, Franka Potente.				(:20) *** "The Bourne Supremacy" (2004) Matt Damon.				"The Bourne Ultimatum"			
14-SYFY	Futurama		Futurama		** "Resident Evil" (2002) Milla Jovovich.		** "Resident Evil: Apocalypse" (2004, Horror)		** "Jumanji" (1995) Robin Williams.						Beetlejuice	
15-ROOT	Paid Prog.				Paid Prog.				Paid Prog.				Paid Prog.			
16-FOXN	FOX News Sunday		America's News Headquarters		America's News HQ		America's News Headquarters		America's News HQ		America's News Headquarters		America's News HQ		Fox Report	
17-FOX	Paid Prog.	Easy Indoor	Paid Prog.	Paid Prog.	Paid Prog.	Countdown		Tip-Off		College Basketball Villanova at Seton Hall.			Hoops	College Basketball Oregon at USC.		
18-DISN	Big City	Big City	Big City	Big City	Ladybug	Ladybug	Bunk'd		Raven	Raven	Jessie	Jessie	Jessie	Jessie	Jessie	
19-QVC	(7:00) Saturday Morning Q - Beauty Edition		(Live) Calista - Hair		Lancer Skincare		FarmHouse Fresh		Lancer Skincare		Geller Makeup Studio		Lancer Skincare		Lancer Skincare	
20-HBO	:7:35 ** "Edtv" (1999) "PG-13"		:40 *** "Chronicle" (2012) "PG-13"		:04 *** "Harriet" (2019) Cynthia Erivo.		:PG-13		Real Time With Bill Maher		:10 *** "Independence Day" (1996) Will Smith.		Fixer Upper		Fixer Upper	
21-HGTV	Love It or List It		Love It or List It		Love It or List It		Love It or List It		Fixer Upper		Fixer Upper		Fixer Upper		Fixer Upper	
22-MAX	:7:58 ** "Snake Eyes" (1998) "R"		:37 ** "CHIPS" (2017) Michael Peña.		:R		:20 *** "The Fighter" (2010) Mark Wahlberg.		:17 *** "Hostage" (2005) Bruce Willis.		:12 "Unbreakable" (2000)					
23-ESPN	College GameDay				College Basketball Clemson at Duke.				College Basketball Teams TBA.				X Games From Aspen, Colo.			
24-ESPN2	SportsCenter				College Basketball Alabama at Oklahoma.				College Basketball Teams TBA.				College Basketball			
26-FBN	WSJ	Barron	Larry Kin	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Journal Editorial Report	
97-OUTD	Unfathomed	Viral	Wild Ride	Spears Life	Zona's	Trev Gowdy	Major League Fishing Cups From Neenah, Wis.		MLFAngle	Snow Trax	For Love	Dead Meat	MeatEater	WildFed		

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	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2-3ABN	Asia Now	Salvation in	Sabbath School		3ABN Today		Focus on God's Word		Heaven's	Lineage	3ABN Today		The Hour of His Judgment		Celebrating Life, Recovery	
3-CBS	CBS News	CBS News	Jeopardy	Wheel	NCIS: Los Angeles		NCIS: New Orleans		NCIS: Family First		News		America This Week		Attikisson	NCIS
4-ABC	ABC News	Today's	Today's	Mod Fam	Funniest Home Videos		Who Wants to Be		The Rookie	"In Justice"	Today's		Bensinger		GameTime	:35 Access Hollywood
5-MNT	Hawaii Five-0 "Pukana"		Hawaii Five-0		Hawaii Five-0		Hawaii Five-0		Hawaii Five-0		Hawaii Five-0 "Pale Ia"		Hawaii Five-0		Hawaii Five-0	"Ho'i Hou"
6-NBC	Grant's Get-	Traveler	KGW News at 5		News	Straight Talk	Weakest Link		The Wall		Chicago Med		Dateline NBC		News	Sports
7-FOOD	Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Guy's Grocery Games		Worst Cooks		Beat Bobby		Beat Bobby	
9-TBS	** "Batman v Superman: Dawn of Justice" (2016) Ben Affleck.		** "Wonder Woman" (2017, Action) Gal Gadot, Chris Pine.		** "Justice League" (2017, Action) Ben Affleck.											
10-PBS	To Contrary	Wash	Hoover	Weekend	Art Beat	Field Guide	Great British Baking Show		All Creatures Great		The Long Song		Poldark on Masterpiece			
11-WGN-A	Last Man	Last Man	NewsNation		NewsNation		NewsNation		NewsNation		NewsNation		NewsNation		NewsNation	
12-DISC	Alaska: The Last Frontier "Homestead Heartache"		Alaska: The Last Frontier Exposed		Alaska: The Last Frontier		"Fox Cabin Finale" (N)		The 700 Club		The 700 Club		The 700 Club		The 700 Club	
13-FREE	(7:00) ** "The Maze Runner"				(:40) *** "The Bourne Identity" (2002) Matt Damon, Franka Potente.				(:20) *** "The Bourne Supremacy" (2004) Matt Damon.				"The Bourne Ultimatum"			
14-SYFY	Zombieland		*** "The Goonies" (1985) Sean Astin, Josh Brolin.		:05) *** "Guardians of the Galaxy Vol. 2" (2017) Chris Pratt.		(DVS)		Resident Alien "Pilot"		Futurama		Futurama		Futurama	
15-ROOT	Mariners All Access				Mariners Rewind From May 9, 2001.				College Basketball Gonzaga at San Diego.				College Basketball			
16-FOXN	FOX News Sunday		Life, Liberty & Levin													