



The Eagle/Steven Mitchell  
**George Cross, a cook at the Squeeze-In, works the grill Friday as restaurants in the county moved into the first day of the 'lower-risk' level, which allow restaurants to operate at 50% capacity for indoor dining.**

## Dining

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"If we are careful, wash our hands, and practice safe social distancing," she said, "then we should be allowed to stay open."

Duncan said she believes the virus is real, and she said she has had a close family member get very sick with the virus.

However, at the same time, she said, people should not stay home and be depressed.

At The Outpost Pizza, Pub and Grill, owner Tia Barrieta said this latest freeze and pause were worse than the initial one in the spring.

In March, she said, most people received stimulus checks and an added boost to unemployment checks and, thus, had more money to spend.

Additionally, she said, the loss of the lottery machines, which sustain

the restaurant during the winter months, has especially hurt their bottom line.

However, Barrieta said, the restaurant has pivoted and evolved. She said the front room is now a retail boutique, and the backroom is an extension of the bar.

With the limits on group size during the pandemic and the fact that big groups can, at times, be more costly in the long run, she said it was time to make the switch.

Meanwhile, 1188 Brewing Company owner Shannon Adair said the pandemic prompted her to make changes she otherwise would have waited on making, such as serving canned beer.

"We've sold way more that way," she said.

She said, being in a place like John Day, most restaurants barely hang on during the winter in good times.

## Wolves

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meet those criteria of being recruited into the population," he said.

Torland said ODFW's official population count as of March was seven. With the agency's recent designation at Murderers Creek, the unofficial count is now at eight.

He said he does not believe more wolves are in Northside, but he does think there might be more in Desolation.

According to ODFW's website, an "Area of Known Wolf Activity" is an area designated by ODFW showing where resident wolves and packs have become established.

The agency defines an AKWA area off of actual wolf data or information verified by ODFW, not reports or other



Contributed photo/U.S. Fish and Wildlife Service  
**A gray wolf moves through deep snow in this file photo.**

hearsay. The agency designates an area an AKWA after they have been able to document wolf activity consistently.

When ODFW notices repeated wolf activity, the agency will outline AKWA boundaries using actual location data points.

In situations where wolves are resident, but location data is limited, ODFW will use a fixed circle of a size based on home-range data from other packs.

ODFW will, from time to time, update AKWA's as new information becomes available.

Wolves east of highways 395, 78 and 95 are federally and state delisted. ODFW is the lead management agency in this area and manages wolves under Phase III of the Wolf Plan.

The AKWA underscores what many in the community have noticed.

County Judge Scott Myers said he had a hunter friend who saw more wolves than elk this year.

## Retreat

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center to grow the winter program.

Cindy Qual, the director at Rocking Heart Spa, said the team provides a wide array of services that focuses on the mind, body and spirit of an individual.

Services available at the spa include signature Swedish massage, hot stone therapy, post joint replacement therapy, deep tissue massage, myofascial release, golf and sports-related massages, pedicures, manicures and facials.

Qual said she and the staff also spend time golfing to better understand how golfing impacts the body and where to direct a massage for a golfer.

"What's unique and different about our spa is that, for the limited amount of therapists that we have right now, we cover a huge spectrum of the kind of people we can take care of," Qual said.



The Eagle/Rudy Diaz

**The Rocking Heart Spa is one of many winter offerings available at The Retreat at Silvies Valley Ranch.**

Qual hopes that people in Grant and Harney counties understand that the Rocking Heart Spa is more than just a destination spa — it can also be used as a day spa for people in the county to enjoy.

"This is their incredible 17,000-foot destination spa that can be used as a day spa for them," Qual said. "That's unheard of. There's not this

quality of spa on this side of Oregon."

The Rocking Heart Spa is also equipped with multiple facilities such as a sauna, hot tubs, a half-size Olympic lap pool, a climbing wall, a gym and more.

Guests can also enjoy Clydesdale sleigh rides and an opportunity to feed some of the livestock on the ranch. Campbell said while Sil-

vies provides guests with a chance to retreat from COVID-19, they also try their best in supporting the local counties.

They encourage guests to explore other nearby sites.

"We want them to do that, and we encourage them to do that," Campbell said.

Guests can find art from local artists to purchase, and most of the workers are from Grant and Harney counties.

"We like to have local people come and enjoy the resort and the golf and everything," Campbell said.

In June, Grant and Harney county residents participated in a tournament fundraiser, which benefited the high school golfing programs.

"It was a way for Silvies to give back to the community and support our youth while introducing local areas to Silvies," Campbell said.

Campbell said Silvies can also provide special rates for special events such as birthdays, anniversaries, retirements and more.

For more information or reservations, call 541-573-5150 or 1-800-745-8437.

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*A great big thank you to Brenda Coley for feeding all of our truckers and families.*

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