



Community HEALTH BEAT

Quality Healthcare Close to Home

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Physical Therapy Month

Most people know October to be the month for Breast Cancer Awareness. Yet it’s also the month that celebrates physical therapy and all those people that it serves. Physical therapy has grown at BMHD in the past 10 years, starting with 3 physical therapists to now having 7! We have an amazing team here at BMHD who are all well-rounded therapists, and each specialize on on different areas of the profession.

Austin Brown, PT, DPT is the newest addition to BMHD, returning to us from previously being a traveler. He is an excellent all around physical therapist and is serving Grant County by providing physical therapy in Home Health. He approaches his patients with compassion and desire to assist them to regain their ability to function.

Cali Carpenter, PT, DPT joined our team in March of 2020. She has travelled with us since 2014 and we are excited to have her as a permanent member of the team. She works to develop a plan that is tailored specifically for the each patient, including alignment based exercises, breath coaching, education, and hands on therapy for the body, both in outpatient Rehab Services and Home Health. She is currently pursuing a certification in Pelvic Floor Physical Therapy, to be completed by February 2021!

Katie Cole, PT, DPT specializes in multiple manual therapy techniques, including myofascial release, soft tissue mobilization, muscle energy, visceral manipulation and lymphatic drainage. She has over 18 years of clinical experience treating children and adults of all ages. Katie believes in treating the whole person, not just the part that hurts. She primarily works in outpatient Rehab Services.

Kayley Klingbeil, PT, DPT loves to work with all types of children and adults with neurological and vestibular (dizziness) disorders. She believes that each patient experience is unique and utilizes the best approach for each individual. She is pursuing the Neurologic Clinical Specialist board certification due to her passion in treating disorders of the brain and spinal cord. Kayley works in outpatient Rehab Services and all the schools of Grant County.

Vincent Maurer, PT, DPT utilizes his experience in martial arts and the transformative power of strengthening on the body, mind, and spirit with every patient he approaches. He serves patients in outpatient Rehab Services and inpatient / swing bed settings. Due to his experience in hospitality, Vincent is passionate about patient customer service and is working to facilitate improve patient experience at BMHD.

Megan Pass, PT, DPT, NCPT specializes in those that experience long-time pain and difficulties with the spine and pelvis. She primarily works in outpatient Rehab Services, but you’ll find her in any setting that patients need to be seen. Megan is highly skilled in myofascial release, craniosacral, and various manual therapy techniques. She also is a Polestar Pilates Rehabilitation Practitioner, which she uses with every patient in targeted movement to find safety and ease in movement.

Elliot Sky, PT, DPT enjoys working with athletes to get back into competition shape and disorders of the foot and ankle. He promotes the livelihood of those living with chronic pain and improves people’s function after an acute injury. He is routinely impressed by what his patients are capable of doing despite their injuries or limitations. Elliot serves patients in outpatient Rehab Services and inpatient / swing bed settings.

We strive to have match the best physical therapist to each patient. All therapists are well versed and skilled in orthopedic (muscle / bone) treatments. We all work together as a team for the best outcome. We look forward to serving each of you, the residents of Grant County.



Blue Mountain
Care Center
Resident of the Month
Eddie Smith

Eddie was born on January 1, 1940 in Hifill, Arkansas to Jack and Luveta Smith. He has one sister. His family followed the oil fields for work. They settled in Sweet Home, Oregon, when he was 8 years old.

Eddie met Latrona Winegar on February 14, 1965 and they were married on June 5, 1965. They have 3 children, a boy and two girls. They raised their family in Eagle Creek, Oregon.

Eddie started out working in the Police field, then owned a business as a manufacturer rep. He pioneered the card system (bubble packs for medication) for the Northwestern United States – Northern California to Alaska. He has travelled to every state West of the Mississippi and some East of the Mississippi. He was in the United States Air Force for 3 years, 11 months and 20 days, but who is counting?!

Eddie likes to write books. He was the top salesman in the country for three different unrelated companies; insurance and two different medical manufacturing supply companies.

Eddie came to the Blue Mountain Care Center on December 31, 2019.