

OCTOBER 2020

Parents Page



What is 4-H?

4-H believes kids learn best by doing, and that’s what we do! Through the help of volunteers and local Oregon State University Extension staff, self-discovery in 4-H helps youth learn the skills needed to make a positive impact on the world around them.

When the Tomato Growing Club started in 1902, A.B. Graham had no way of knowing his little endeavor would become 4-H and grow into the largest and most effective youth development organization in the country.

4-H is the largest out-of-school youth program in the United States and locally, Oregon State University 4-H Youth Development Program has connected thousands of local youth to engaging hands-on learning opportunities and supportive adult partnerships. Positive youth development through public speaking, entrepreneurship, STEM, livestock projects, camps, and community service are just a few of the things 4-H offers.

We are grateful for our volunteers, sponsors, and donors that help to make 4-H possible for the youth of Grant County. We all contribute to the 4-H Motto, which is “TO MAKE THE BEST BETTER.”

What does 4-H stand for?

Head, Heart, Hands, and Health are the four H’s in 4-H, and they are the four values members work on through fun and engaging programs. As we learn the meaning behind the 4 H’s in 4-H, we can do the 4-H pledge!

I pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, and my Health to better living, for my club, my community, my country, and my world.

What are the 4-H colors and why?

The 4-H colors are white and green, where green represents life, growth and youth. White symbolizes purity and high ideals.

Who can participate in 4-H?

Youth ages 5 to 18 are welcome to join and learn with 4-H. Contact the Grant County Extension Service for more information.

National 4-H Week is coming up!

Sunday, October 4 – Saturday, October 10, 2020 is National 4-H Week. Share your stories and your pictures on our Facebook page!

There’s much more to come for National 4-H week! Club leaders, Extension staff, and our Facebook page are great ways to get the latest happenings and updates.

4-H & Community Service

Community service is part of 4-H, and this year, from Monday, October 5 – Monday, October 19, we’re collecting can food and nonperishable food item donations for our local food pantries.

Can food donations and nonperishable food items drop-off sites will be located in each community in Grant County.

Ready to enroll in 4-H?

Please contact the Grant County Extension Service:
116 NW Bridge Street, Suite 1
John Day, Oregon 97845
541-575-1911

Open enrollment starts October 2020. We’re looking forward to another great 4-H year!

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National 4-H Week
October 4-10

OSU Extension Office
Grant County 4-H
Youth gain knowledge, develop life skills, and form positive attitudes to prepare them to become capable, responsible and compassionate adults.
116 NW Bridge St. Suite #1, John Day, OR • 541-575-1911

Strawberry Wilderness Community Clinic
541-575-0404
Zachary Bailey, M.D. | Emily Lieuallen, DO | Nora Healey, FNP | David Hall, M.D.
Shawna Clark, DNP | Raffaella Betza, M.D. | Janessa Sickler, DO

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