

GRANT COUNTY SENIORS



I have news! I don't know your name. I'm ready to sit down with friends and have a wonderful lunch and draw names for door prizes and, yes, the silent auction. Wow, I saw one of the auction pieces and thought I needed to bid on that! I thought about making up stories to fit if we were there, but names slip my mind. Aren't you glad I remember by person? I do miss you all.

Well here it is going on July. Enjoy yourselves and stay safe through the Fourth.

On July 2, we'll have bacon-wrapped hot dogs with grilled onions, mac salad, birthday cake. The cake is from Driskill Memorial Chapel. Thanks from us all.

On July 6, we'll have krab roll hoagie, clam chowder, potato chips and lemon pound cake.

On July 8, we'll have smoked sausage personal pizza, minestrone soup, relish dish and cowboy cookies, sponsored by Claws & Paws Pet Sitting. Thanks for your sponsorship.

We want to thank you all for ordering your lunches through us. Shay says it has doubled. We want to let you know how much we all appreciate your remembering us. Stay safe.

Monument Seniors



The lunch served for the past Tuesday was sweet and sour meatballs over rice, a green salad and cookies for dessert. We thank the cooks, Terry Cade and Carrie Jewell, for always working hard to serve us good food. I did not get our lunch for I had too many leftovers in the fridge and had to eat that before they went bad and got wasted. I had to make some room in the fridge. We recently cleaned out our fridge, and I've been really, really trying to keep it clean, you know? But sometimes food containers get pushed to the back, and then it gets lost, and you find it later, and it is just nasty. I hate it when you can't stuff your fridge anymore because it is in disarray. Ha.

The usual suspects who took care of things at the senior center to make sure all is running smoothly were Kristi Guimont, who did all the paperwork. Jan Ensign and Bob Cockrell counted the money. Aubrianna Osborne delivered the meals to the waiting patrons. It is nice to have everyone working

together to give good service to all who help to support our senior center by getting the takeouts. We thank everyone for their work volunteering to support our senior center too!

Things are quiet here in Monument. That is a good thing. It is so nice to not have drama and one can just live peacefully over here. I was walking outside a bit, and I could smell the pine. It smelled so good. I can smell it sometimes, and sometimes I can't, strange right?

I think I had like 30 straightneck yellow zucchini come up. I put some in little pots and took them to church. I distributed them to whomever wanted them. One young gentleman was really happy, for he told me he had gone to John Day to get some seeds and was disappointed to find nothing. I told him I had more zucchinis if he wanted and lots and lots of tomato starts too. Hopefully it won't be too late to grow them. The volunteer plants I am sure will do nicely since they are hardy. I think I will give him some of my potato starts as well. My hubby bought some for me from Pioneer Feed, and I don't think I have a place to plant them all so I will share — 12 pounds each of red and yellow potatoes are just way too much.

My raspberries are going to be ripening soon. I can't wait.

Oh, the anticipation of eating juicy, plump and sweet berries. My mouth is watering just thinking of it. We are truly so blessed by the Lord for his provision. He is our great creator. You see his creativity, his thoughts when you study and observe all around. Just the raspberry alone is a marvel of his power, those individual little pods of sweetness and seed in a little bundle and so tasty in our mouths.

Psalm 40:4 "Blessed is hat man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies."



Boy is Grant County living up to our weather mantra: If you don't like the weather, wait five minutes. First flood, then 100 degrees, now the freezing level is down to 6,000 feet! Just remember this is the place that it snows on the Fourth of July parade! Guess that won't have a chance to happen this year — boo, hiss — as Alec Trebek says. Son No. 1 and family are planning on coming over the Fourth of July weekend.

They were going to come at Easter, but we all know what happened to those plans.

So, hopefully nothing else will interfere.

The ensemble had to postpone their Easter presentation too. Hope to do it on July 26. Wonder if we will still be doing a Facebook live stream? Now don't get nervous people. Just pray.

We served lasagna, green salad, roll and cake for the last meal of June 2020. And we got such a large serving of lasagna that dinner was ready on Thursday too! Hey, I like that. We also had extra in the takeout bag, thanks to the Prairie City Food Bank. They had extra boxes of apples and oranges that would not keep another month, so we were the happy recipients of their largess. Thanks so much, Chip and crew. And we had another one of those menu items that was subject to change: the birthday cake supplied every month by Driskill Memorial Chapel got held up in the road work so some of us had to eat left-over cake. Gosh, isn't that terrible?! Hey, any cake I don't have to bake is good! And any meal I don't have to cook is good! Thanks to our able cooks Laura and Laura and helper Tom. Pam was at her post along with Carole and Carla to make sure all the paperwork and deliveries out the door were taken care if in an efficient manner. We thank Carlos and Luann for doing the home deliveries. If you

cannot get to the center, just call and a meal will be brought to you.

Got back to the overgrown iris bed and finished yanking out everything. Was able to get one of the un-draining containers transplanted. Found out why it would not drain — the gravel I put in for drainage wasn't doing it's job. Had too much dirt in it. Hmm. Guess I'll put the remainder in a hole in the road someplace.

Attempted to put the table top back on the leg-frame and get it even on all sides. Har, har. The leg-frame is not square, so have to fudge here and there. Other than that, that project is coming along nicely. Derrol is tired of stepping over and around all the parts on the floor of the shop. Maybe by next week he'll have his shop back.

Discovered another strange flower among the Hollyhocks and Sweet Williams on the east side of the house. Beautiful pink bell-shaped flowers on a long stem. I've seen it in the garden catalog, but of course that piece of paper is long gone. Hope it goes to seed and reproduces more in that spot!

The garden is coming along nicely. Even spotted two blossoms on the cherry tomato plants! Whooppee!

Proverbs 15:15 "... the cheerful heart has a continual feast."

39 Mental Health First Aid trainings provided in Eastern Oregon

Blue Mountain Eagle

The Eastern Oregon Healthy Living Alliance's Mental Health First Aid In Eastern Oregon report describes its impact of providing 39 trainings in the region, training 576 individuals in Mental Health First Aid, across 11 of the 12 Eastern Oregon counties.

In all, 98% of the training participants were certified, and 83% of participants reported an increased confidence level in their ability to identify individuals experiencing mental illness and

substance use disorders and refer them to the appropriate care, according to a press release.

In Grant County, two adult, two youth and one public safety training were held.

More people were certified in Grant County than any of the other 10 participating counties: 50 were certified in the adult trainings, 26 in the youth trainings and 27 in the public safety trainings.

Based on post-training surveys, participants who responded reported making 198 referrals to care

and 81 of those referrals resulted in known connections to care for individuals who struggled with mental health symptoms and illness.

Trainings have been provided to public educators, law enforcement agencies, individuals working with older adults and other public and social service employees who work closely with the community.

MHFA and Youth MHFA courses are community education, training and referral programs.

They train community members how to identify, understand and respond to individuals who may be experiencing signs of a mental illness or other substance use disorders.

"First aid" is then administered to connect those individuals to the appropriate care. MHFA and Youth MHFA programs are included within the National Registry of Evidence-based Practices and Programs.

The project was initiated in Eastern Oregon to help address mental health, a regional health priority.

EOHLA worked closely with Greater Oregon Behavioral Health, Inc., throughout the duration of this project: 24 of the 39 trainings utilized GOBHI staff as trainers.

Oregon has the highest prevalence of mental illness among youth and adults in the nation according to the 2018 Oregon State Health Assessment.

Mental health was identified by the Eastern Oregon Coordinated Care Organization as a priority area in the Regional Community Health Improvement Plan with a goal of improving the skill sets of residents of

EOCCO to recognize and seek treatment (or encourage others) for mental health issues.

High percentages of individuals in the 12-county EOCCO region self-report depression or other mental health symptoms; however, they fail to seek the appropriate care.

Funding for the project is provided in part by the Ford Family Foundation, The Collins Foundation and the Oregon Office of Rural Health.

A full report can be found at eohla.org/programs.

3ABN
Three Angels Broadcasting Network
24/7 Inspirational Christian Broadcasting
Tune into KSPL 98.1 FM
For more information, call 541 620-0340

John Day Valley Mennonite Church
Meeting every Sunday at Mt. Vernon Grange Hall
Sunday School9:30 a.m.
Sunday Morning Worship.....10:50 a.m.
Pastor Leland Smucker
Everyone Welcome • 541-932-2861

JOHN DAY UNITED METHODIST CHURCH
Sunday Worship • 9AM
(541) 575-1326
johndayUMC@gmail.com
126 NW Canton, John Day
Food Pantry Friday 3-4PM
Like us on Facebook!

Redeemer Lutheran Church
Come Worship with us at 627 SE Hillcrest, John Day
1st Sunday Worship/Communion10am
3rd Sunday Worship/Communion/Potluck...4:30pm
2nd, 4th & 5th Sunday Worship.....10am
Wednesday Evening Bible Study.....6pm
For information: 541-575-2348

MT. VERNON PRESBYTERIAN Community Church
SUNDAY SERVICE.....9 am
541-932-4800
EVERYONE WELCOME

Prairie Baptist Church
238 N. McHaley St., Prairie City
541-820-3696
www.prairie-baptist-church.com
Pastor David Hoeffner
Pastor Keith DeHart
Sunday School (all ages)..... 9:00 a.m.
Sunday Morning Worship..10:30 a.m.
Awana (Oct.-Apr.)3:00 p.m.
Youth Group5:30 p.m.

New Life Bible Church
2 Corinthians 5:17
Every Sunday in the L.C. Community Center (Corner of Second & Allen)
Contact Paster Ed Studtmann at 541-421-3888 • Begins at 4:00pm

FIRST CHRISTIAN CHURCH
Sunday School 9:45 am
Sunday Worship 11 am
Fox Community Church..... 3 pm
Sunday Evening Bible Talk..... 6 pm
Saturday Men's Study 6 pm
Full Gospel- Come Grow With Us
541-575-1202 Church
311 NE Dayton St, John Day
Pastor Al Altnow

CHURCH OF THE NAZARENE
Sunday School 9:30 am
Sunday Worship Service..... 10:45 am
Sunday Evening Service 6:00 pm
Children & Teen Activities
SMALL GROUPS CALL FOR MORE INFO
Weekdays: Sunshine Christian School
Pastor Randy Johnson
521 E. Main • John Day • 541-575-1895
www.johndaynazarene.com

St. Thomas Episcopal Church
Join us on Facebook live Sunday 10am
Like us on Facebook!

Living Word Christian Center
59357 Hwy 26 Mt. Vernon
Celebration of Worship
Sundays 5:30pm
Youth: 0-6th Grade
Midweek Service
Thursdays 6:30pm
Youth: 0-6th Grade
Jr./Sr. High Youth Connection
Wednesdays at 6:30pm
Overcomer's Outreach
Mondays at 6pm at LWCC
A Christ-Centered, 12-Step Recovery Support Group
Pastor Sharon Miller
541-932-4910
www.livingwordcc.com

St. Elizabeth of Hungary Catholic Church
Corner of S Canyon Blvd and SW 2nd
Mon. - Fri. Mass - 12:05 pm
Saturday Mass - 5:00 pm
Sunday Mass - 9:00 am
Holy Days Mass: Noon & 6 pm
Confession: Saturday 4:00-4:45 pm
Anytime by appointment
541-974-8638
St. Anne
Monument -
2nd & 4th Sundays at 12:30 pm
Office Hours
Monday - Friday 9 am - 12 Noon

FIRST BAPTIST CHURCH
Sunday School..... 9:30 a.m.
Sunday Morning Worship.. 10:50 a.m.
Sunday Morning Worship.. 10:50 a.m.
No Mid-week Services
Pastor Jesse Gosnell
300 W. Main, John Day
541-575-1355

Cornerstone Christian Fellowship
139 N.E. DAYTON STREET, JOHN DAY
541-575-2180
Sunday Worship Service 10 am
Sunday Youth Group 3 pm
Thursday Celebrate Recovery 6 pm
Pastor Levi Manitas
cornerstonejohnday@gmail.com
ccfjd.org

Seventh-Day Adventist Church
SATURDAY SERVICES
JOHN DAY
110 Valley View Dr.
541-575-1216
Head Elder541-575-2914
Bible Classes (all ages).....9:30 am
Worship 11 am
LONG CREEK
E. Main Street
541-421-3033
Head Elder421-3468
Bible Classes (all ages)..... 2 pm
Worship 3 pm