

OCTOBER 2019

# Parents Page



**WHAT IS 4-H?**

*A youth program based on an active, learn-by-doing approach.*

It is one of the largest educational youth programs in the United States. There are more than 6 million 4-H members nationwide, and thousands of young people participate in Oregon 4-H each year. Through 4-H young people, learn and grow in partnership with caring adults to develop the skills and confidence needed to become contributing, productive, self-directed members of society. Young people can see how their actions make a difference in the lives of others and the world around them.

**CORE VALUES**

4-H is based on the current theory, research, and practice of positive youth development.

**WHO CAN PARTICIPATE?**

4-H membership is open to all youth Kindergarten through 12th grade.

In addition to paid faculty and staff who provide leadership to 4-H, many adults and teen volunteers offer their time and expertise to 4-H. There are many different volunteer roles available. Stop by the extension office if you are interested.

**ENGAGEMENT**

Clubs, 4-H Camps, School Enrichment programs, Special Interest and Short Term Programs, Cloverbuds, Project Based

**THE EMBLEM, FOUR H'S AND PLEDGE**

The emblem has a special status and is federally protected.

The H's stand for - Head, Heart, Hands, and Health

Pledge - "I Pledge my Head to clearer thinking, my Heart to greater loyalty, my Hands to larger service, and my Health to better living, for my club, my community, my country, and my world."



**4-H COLORS**

Green and White – green represents growth, life and youth, while white symbolizes purity and high ideals

**4-H MOTTO**

"To make the best better."

**EXTENSION SERVICE INVOLVEMENT**

Provides the services that allow 4-H activities to occur and the connection with Oregon State University.

**OUR APPRECIATION**

We would like to thank all of our volunteers, supporters, donors, tax payers and families who help make 4-H possible. Your time and contributions to the program make a huge difference in the lives of the youth we serve.

**ENROLLMENT:**

We encourage 4-H members to enroll/re-enroll in October, this helps meet the member guidelines and to fully participate in the 4-H year.

We gladly accept donations to help provide scholarships for those who need assistance to be able to join.

**INTERESTING THINGS TO ASK US ABOUT:**

- Project in a Day
- New – Leadership Club
- Community Service Project
- Family Information Packet
- Grant County 4-H Apparel

**UPCOMING EVENTS/PROJECTS:**

- Achievement Day
- Tree of Giving Community Service Project
- Leader Training
- Static and Livestock Clinics



**TO ENROLL IN 4-H PLEASE CONTACT:**

Christal Culley - Grant County Extension Office  
 116 NW Bridge St  
 John Day, Or 97845  
 Phone: 541-575-1911  
 We look forward to another great year!



**BIOSMILE**  
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 Nora Healey, FNP Janessa Sickler, DO  
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**FRONTIER Early Learning HUB**  
 Harney & Grant Counties  
 541-573-6461 | 541-620-0622

**Upcoming Sports Registration**  
  
 • Kindergarten – 3rd grade basketball registration deadlines Nov. 4  
 • 4th – 6th grade basketball registration is Nov. 18-Dec. 30  
 • Adult basketball registration is Nov. 18-Dec. 23  
 Like our Facebook page to stay up to date on happenings with the JD/CC Parks and Recreation!  
**541-575-0110**  
 jdccparksandrec.rc@gmail.com

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**OSU Extention Office Grant County 4-H**  
 Youth gain knowledge, develop lift skills, and form positive attitudes to prepare them to become capable, responsible and compassionate adults.  
 116 NW Bridge St. Suite #1, John Day, OR • 541-575-1911