

It's time... to kick butts...

Benefits from quitting tobacco

- Sharp Learning
- Better Vision
- Clean Mouth
- Clear Skin
- Decreased Heart Risk
- Lower Cholesterol
- Stops Further Lung Damage
- Lower Cancer Risk
- Stronger Muscles
- Stronger Bones



COME TALK TO OUR PHARMACISTS AT LEN'S DRUG FOR MORE INFORMATION

Watch for the American Lung Association's "FREEDOM FROM SMOKING"
Contact Len's Drug for more information on classes.

RESOURCES

- Pharmacist available at anytime to talk to you about the quit process
- Smart Phone Apps • Websites

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(541) 575-0629 • www.lensdrug.com



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