

# Parents Page

SEPTEMBER 2018

## FRONTIER HEALTHY FAMILIES OREGON

(GRANT and HARNEY COUNTY REGIONAL PROGRAM)



2018

**Frontier Healthy Families Oregon improves positive, nurturing parenting and builds healthy families and children.**

Frontier Healthy Families Oregon is part of Healthy Families Oregon, a nationally accredited Healthy Families America (HFA) multi-site statewide program. HFA is an evidence-based model that improves outcomes for vulnerable children and families. HFA accreditation ensures local and statewide implementation of high-quality home visiting standards of practice for all HFO programs.

The goals of HFA include reducing child maltreatment, improving parent-child interactions, improving children's social-emotional well-being, and promoting children's school readiness. Highly trained Home Visitors accomplish these goals through 1:1 support to vulnerable families with new babies. Support continues until the child turns three years old, and in some instances through age five. Healthy Families Oregon is administered through the Early Learning Division (ELD) and the Department of Education.

Frontier Healthy Families Oregon is a program administered by **Families First Parent Resource Center.**  
541-575-1006

In 2016-2017:

- **85%** of parents lacked nurturing parents (history of maltreatment, corporal punishment, emotional abuse/neglect)
- **82%** of eligible families accepted service
- **57%** of newly enrolled families stayed in the program at least 12 months

### Parenting Outcomes

In 2016-2017, results show that after at least 6 months in the program, parents reported:

- **More Early Literacy Support**  
**33%** of parents reported reading to their children daily.
- **Improved Quality of Parent-Child Interactions**  
**56%** of parents reported that they engaged in positive, developmentally supportive interactions with their children.
- **Improved Parenting**  
**67%** of parents reported improved parenting skills from enrollment to the 6-month follow-up.
- **Decreased Stress**  
**50%** of HFO parents reported a significant decrease in parenting-related stress.

### Health Outcomes 2016-2017



**85%**  
of children have had a well-child exam.



**100%**  
of children have health insurance.



**92%**  
of children received an age-appropriate developmental screening.



**86%**  
of children had up-to-date immunizations.



**100%**  
of children are connected to a primary medical provider.



**42%**  
of mothers were breastfeeding at first postnatal home visit.

### Frontier Healthy Families Oregon Highlights

#### Highlight #1

92% of families reported that staff helped them to use their own skills and resources to solve problems.

#### Highlight #2

92% of families served reported that staff helped them to see strengths they didn't know they had.

#### Highlight #3

20% is the targeted goal we have set to increase breastfeeding. We plan to coordinate with Health Care providers to promote growth in the number of mothers breastfeeding.

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These data are reported in the Statewide Evaluation Results 2016-2017: Healthy Families Oregon Status Report Tables. This report can be found on the following website: [www.npcresearch.com](http://www.npcresearch.com)

Additional information about Healthy Families Oregon can be found at <https://oregonearlylearning.com> and <https://oregonearlylearning.com/healthy-families-oregon>