

GRANT COUNTY SENIORS

John Day Seniors

Nicky Essex



I'd like to take a minute here to give credit where credit is due. If you read our news regularly, you will know that the Step Forward group appears here just about every time there is home delivery of meals. They step up every week, twice. This is great enough, but they have now taken on the delivery for all of the meals once a month, and last Monday that was 27 regular and 24 frozen meals. That route takes them from Canyon City, through John Day and then to their regular route in Mt. Vernon. Thanks, David Gill, Rodney and the rest of the crew! We appreciate you. Thanks to Step Forward for supporting the senior center in this way.

Thanks to the First Christian Church gang, Ron and Roberta Dowse, Pat Amling and Karen Barrietua, for taking such good care of us at the tables, and thanks to Jean Willey for helping with set up. Curt Pereira opened our time together by leading us in the flag salute. The drawings produced winners. Pat Amling was the winner of the Len's Drug gift card, and Gene Essex won the free meal. Ron Dowse gave the blessing for our food, and we enjoyed a wonderful baked fish meal with rice pilaf, veggies and homemade bread. As always, Lisa wowed us with one of her very special deserts. Welcome back, Larry and Jan Sanderson, who are here for their annual camping trip. We also welcomed Floyd Rasmussen and Nancy Viggers.

After lunch, we had a tai chi session, and welcomed a new member. We are learning lots of neat moves each week and are putting them together to create a complete "form" or routine. This is to help us relax, deep breathe and gain better balance.

On Thursday, May 3, Olivia Cornell and Everett King greeted a large turnout for our "Cinco De Mayo" celebration meal sponsored by Blue Mountain Chiropractic. We were served by the John Day Church of the Nazarene: Trace and Duane Andrew, Dale and Corinne Stennett, Everett King, Jessie Elliott and RoseAnn Palmer. The home deliveries were made by Joan and Joel Tayles, who delivered to John Day and Canyon City, and the Mt. Vernon route was delivered by David Gill and Rodney, from Step Forward. Altogether, they delivered 33 regular and 30 frozen meals. Our menu included sour cream chicken enchiladas, Spanish rice, refried beans, chips and salsa and our birthday-of-the-month cake sponsored by Driskill Memorial Chapel. We served 57 diners here. Thanks to Duane for leading the flag salute, and to Dale for giving the blessing on our food.

We welcomed George and Susan Sintay's granddaughter, Allena, Elder Bollinger and Elder Ginther, Pat Porter, Gloria Stratford and Robert Rex, who filled a table, as well as Wanda and Bruce Kaufman.

Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

Monument Seniors

Soo Yukawa



We are in the month of May already! I can't believe it. Spring is definitely here and summer is literally just around the corner. I have been a busy little bee planting, pulling weeds and weed-whacking. I've got lots of raspberries planted, and I'm so excited to see them grow, yippee!

Our first lunch meal for May was created by our great chefs for our enjoyment, a tasty meal of spaghetti, garlic bread, fresh green salad, sliced pears and cookies for dessert. We thank our chefs Terry Cade, Carrie Jewell and Teawna Conklin.

Our greeters were Debbie Reid, Linda Blakeslee and Judy Harris. Judy led us in the flag salute and made the announcements. Yours truly prayed the blessing of our meal. Debbie and Linda collected and counted the money.

We had a total of 50 guests on the books along with two takeouts. My brother Richard and his girlfriend Valerie joined us from California. The Len's Drug gift card went to Donna Campbell. The free meal tickets were won by Max Breeding and Valerie K. Tyler Stoneman, our tai chi instructor from John Day was also present.

Tyler informed us that the tai chi class has received some extra funding so that the program will now continue till the end of the year

instead of ending in August. That is good news for all of us. It has been very good for a few of us to be able to participate. Hope you all can make it. The class is held after our Tuesday meal.

I received a few more baby rhubarbs and planted them. I shared some with some friends too. I am so happy that in a few years I will hopefully have rhubarb coming out of my ears. I also received some asparagus starts. Thank you to my generous neighbors Carolyn and Roy Peterson for sharing, and I got to pass along their blessing to others as well.

My big rhubarb plant has been producing some nice rhubarb for me, and I've harvested some of it. I was informed by someone that I had to "pull them out" instead of cutting them at the base. I did not know that before! Learn something new every day. I hope I will have a bunch of frozen rhubarb to use for later and make some pie filling and some strawberry rhubarb jam. Yummy.

I've got a lot of weeding to do in the next few weeks. I am not looking forward to that. Weeding is not one of my favorite things to do, but it does feel good to be able to yank out a pesky weed and stop its growth.

I've got quite a few strawberry plants that have really taken off too. I found out that it is good to plant mint with them; it makes them sweeter, I think? Maybe it will help keep the nasty slugs at bay too. I hope to transplant for bigger patches later. Won't that be nice?

John 14:15 "If ye love me, keep my commandments."

Prairie City Seniors

Rose Coombs



Ah, spring, spring, beautiful spring. Achoo. The spring allergy season is in full swing. It usually doesn't affect me, but this year, oh, my goodness. Is there something different in the air this year? Or have I just gotten old enough to be susceptible to the little pollen grains? If so, phooey. And so much for that.

Delores Scott led the flag salute, and Jack Retherford asked the blessing. The winner of the \$5 in trade donated by Len's Drug was Jan Ellison. Our announcements included the fact that there needs to be another helper in the kitchen. Tom usually does that, but he was called away to a plumbing emergency on his primary job so Marjean and Joy were scrambling to get everything done. If you would like to be a kitchen helper, let one of us know, and we'll point you in the right direction.

Speaking of Tom, he finished the mudding, taping and priming in the new office, and I got it painted. So that phase of the work is done.

Back to dinner. There were 57 names on the registration book that Carl was in charge of, due to Pam's absence. Carla was able to get in a few hands of pinochle with Gwynn, Delores and me. People that stop to watch fall into two categories: those who know how to play the game and those who don't. Those who know how are called kibitzers. Those who don't are called confused. I explain to the latter that the game is hard to learn unless you have grown up with it. This was our

Sunday afternoon entertainment as a child. If our family visited friends, they played pinochle, and the children watched. If no visiting was planned, we stayed home and played with our parents. How many families do that nowadays? End of sermonizing.

Our dinner included spaghetti with Italian sausage sauce, green salad, garlic bread, fruit cocktail and carrot cake for dessert. Great meal. You should come and see for yourself. There is no age limit, and the cost is only \$4. Do you know why there are such entities as senior meal centers?

The government, bless their little pea-pickin' hearts, started this program over 50 years ago so that seniors could get a hot meal at least once a week. The program has gone through changes through the years, but that is still the main reason. Each center operates in such a way to benefit its particular community. And that is the American way, right? If you want to know more, ask Nancy Viggers.

Speaking of help in the kitchen, we also could use help in the after meal clean up process. Ken and Del have been our faithful two lately on the washing down of the table covers and sweeping of the floor. Bonnie and Leone have their hands full with the silverware pre-wash, and we appreciate them doing it.

Lorna and Krystin brought Thelma Kite, Marilyn Randall, Virginia Moore and Bud Salisbury from the Blue Mountain Care Center. Frances Fannon joined them, also.

Proverbs 15:15,17 "... the cheerful heart has a continual feast. ... Better a meal of vegetables where there is love than a fattened calf with hatred."

Church Services In Grant County

You are Invited

CALVARY CHAPEL

SUNDAYS AT 10AM

John Day, Oregon

WWW.STRAWBERRYFELLOWSHIP.ORG
170 SE DAYTON ST. JOHN DAY, OR 97845
541.406.0277

3ABN
Three Angels Broadcasting Network

TV & Radio Networks
Tune into **KSPL 98.1 FM**
Valley View Broadcasting
PO Box 540 John Day
Antenna: Digital Channel 15
Blue Mountain Cable Channel 2

New Life Bible Church

2 Corinthians 5:17

Every Sunday in the L.C. Community Center
(Corner of Second & Allen)
Contact Pastor Ed Studtmann at
541-421-3888 • Begins at 4:00pm

Historic Remnant Church

Preparing for Jesus to come

Meets Saturday at Mt. Vernon Grange
Sabbath School.....9:30 am
Church Services.....11:00 am

541-620-0340

MT. VERNON PRESBYTERIAN Community Church

SUNDAY SERVICE.....9 am
SUNDAY SCHOOL.....9 am

541-932-4800
EVERYONE WELCOME

St. Thomas Episcopal Church

Morning Prayer.....10 am
(1st, 3rd, 5th Sundays)
Eucharist & Sunday School.....10 am
(2nd & 4th Sundays)
139 S. Washington, Canyon City
541-620-1436

John Day Valley Mennonite Church

Meeting every Sunday at Mt. Vernon Grange Hall
Sunday School.....9:30 a.m.
Sunday Morning Worship...10:50 a.m.
Pastor Leland Smucker
Everyone Welcome • 541-932-2861

Fox Community Church

FULL GOSPEL Pastor Al Altnow
Sunday Service 3pm

Fox, Oregon • 541-421-5542

Prairie Baptist Church

238 N. McHaley St., Prairie City • 541-820-3696
www.prairie-baptist-church.com
Pastor David Hoeffner

Sunday School (all ages).....9:00 a.m.
Sunday morning worship.....10:30 a.m.
Awana (Oct.-Apr.).....3:00 p.m.
Youth Group.....5:30 p.m.

VICTORY BAPTIST CHURCH

KJV Independent
Fundamental • Premillennial
Terence K. Crabb, Pastor
A Bible-believing Church
"He that hath the Son hath life..." 1 John 5:12
Sunday School 9:45 am • Sunday Preaching 11:00 am
Junior Church 11:00 am • Sunday Evenings 3:30 pm
Wednesday Bible Study & Master Club 7:00 pm
Saturday Men's Prayer Meeting 7:00 pm
108 S. Washington Street, Canyon City
541-575-2688 or 541-575-0844

JOHN DAY UNITED METHODIST CHURCH

Sunday Worship • 9AM
(541) 575-1326
johndayUMC@gmail.com
126 NW Canton, John Day
Like us on Facebook!

St. Elizabeth of Hungary Catholic Church

Corner of S Canyon Blvd and SW 2nd

Mon. - Fri. Mass - 12:05 pm
Saturday Mass - 5:00 pm
Sunday Mass - 9:00 am
Holy Days Mass: Noon & 6 pm

Confession: Saturday 4:00-4:45 pm
Anytime by appointment
541-974-8638

St. Anne

Monument -
2nd and 4th Sundays at 12:30 pm

Office Hours
Monday - Friday 9 am - 12 Noon

Living Word Christian Center

Hwy 26 Mt. Vernon

Celebration of Worship
Sundays 5:30pm
Youth: 0-6th grade

Midweek Service
Thursdays 6:30pm
Youth: 0-6th grade

Jr./Sr. High Youth Connection
Fridays 6:30pm

Overcomer's Outreach
Fridays 6:30pm

House on the Lawn
A Christ Centered, 12 Step Recovery Support Group
Pastor Sharon Miller
541-932-4910
www.livingwordcc.com

Redeemer Lutheran Church

Come Worship with us at
627 SE Hillcrest, John Day

1st & 3rd Sunday Worship
& Communion10 am
2nd, 4th & 5th Sunday Worship10 am
Wednesday Evening Bible Study.....6 pm

For information: 541-575-2348

Seventh-Day Adventist Church

SATURDAY SERVICES

JOHN DAY
110 Valley View Dr.
541-575-1216
Head Elder.....541-575-2914
Bible Classes (all ages).....9:30 am
Worship.....11 am

LONG CREEK
E. Main Street
541-421-3033
Head Elder.....421-3468
Bible Classes (all ages).....2 pm
Worship.....3 pm

FIRST BAPTIST CHURCH

Sunday School..... 10 am
Church.....11 am
Afternoon Service..... 2 pm
No Mid-week Services
Pastor Jesse Gosnell
300 W. Main, John Day
541-575-1355

Cornerstone Christian Fellowship

139 N.E. DAYTON STREET, JOHN DAY
541-575-2180
Sunday Worship Service 10 am
Pastor Levi Manitsas
cornerstonejohnday@gmail.com

CHURCH OF THE NAZARENE

Sunday School.....9:30 am
Sunday Worship Service.....10:45 am
Sunday Evening Service.....6:00 pm
Children & Teen Activities
SMALL GROUPS CALL FOR MORE INFO
Weekdays: Sunshine Christian School
Pastor Randy Johnson
521 E. Main • John Day • 541-575-1895
www.johndaynazarene.com

FIRST CHRISTIAN CHURCH

Sunday School.....9:45 am
Sunday Worship.....11 am
Sunday Evening Bible talk.....6 pm
Saturday Men's Study.....6 pm

Full Gospel- Come Grow With Us
541-575-1202 Church
311 NE Dayton St, John Day
Pastor Al Altnow
www.fcjohnday.com