

Students prep Dayville for eclipse

Blue Mountain Eagle

Dayville School students, from kindergartners to upperclassmen, rolled up their sleeves for the May 25 solar eclipse work day.

The event was held countywide with other schools involved, including Prairie City and Grant Union.

Dayville city recorder Ruthie Moore said students from Dayville School help spruce up their town every couple of years.

This year, students, teachers and teacher's aides worked for two hours, pulling weeds, planting flowers and picking up litter. Others had roller brushes in hand to paint sidewalk curbs and trash can holders.

"The kids were great," Moore said. "We accomplished a lot of things in a pretty short amount of time, and they did it with smiles on their faces. I think they had a good time, and they got ice cream afterward."

In Dayville, the eclipse will happen the morning of Monday, Aug. 21, with the partial phase starting at 9:08 a.m. and totality starting at 10:21:43 a.m. and lasting 2 minutes, 1 second.

Moore said Dayville Community Hall, Dayville City Hall and the library will be open Friday through Monday, Aug. 18-21, during the total solar eclipse weekend.

Events planned, so far, include old-time movies at



Dayville third-graders Austin Humphreys, left, and Aaron Berry do their part during the May 25 Solar Eclipse Clean-up Day. The event was held countywide.

Contributed photos

the community hall, and information about Dayville's history at city hall and the library.

Other activities are being considered.

"We're still looking for volunteers," she said.

For more information, call Moore at city hall, 541-987-2188.



Dayville students took part in the May 25 solar eclipse clean-up day at Dayville's city park, including first-grader Aiden Walker, left, and kindergartner Taregan Graves. In back are second-grader Preston Fretwell and first-grader Emma Berry.



File photo

Community Counseling Solutions selected to participate in Certified Community Behavioral Health Clinic program.

John Day selected for two-year Oregon health care demonstration project

Blue Mountain Eagle

Community Counseling Solutions in John Day was one of 12 sites in Oregon selected to participate in a two-year Certified Community Behavioral Health Clinic program.

Oregon was one of eight states in a two-year demonstration project to implement CCBHCs and evaluate the impact of these new providers on access, cost and quality of community behavioral health care, according to a press release from CCS. The programs seek to integrate components of physical health, or primary care, into behavioral health settings to address the whole person.

Oregon's Health Authority selected providers for the demonstration project across the state that represented urban, rural and frontier communities. CCS was uniquely positioned for this opportunity, as a rural health center with a primary care provider, along with a community behavioral health program, all under the same roof.

"I see the CCBHC project as a bridge linking primary care and behavioral health, removing barriers to

quality health care," CCS Executive Director Kimberly Lindsay said in the release. "It's an incredible opportunity to serve the people of Grant County and strengthen relationships with our partners in the health care field."

By offering a comprehensive array of services, with standards focused on coordination of care, the goal is higher quality care, compared to a model that focuses on quantity of care. A core component of this effort is testing whether screening Medicaid beneficiaries for health-related social needs (tobacco, alcohol and drug use), along with referrals to community-based health services, will improve quality and affordability of health care.

At a minimum, the goal of the CCBHC model is to assist Medicaid beneficiaries struggling with unmet health-related social needs become aware of the community-based services available to them and receive timely assistance accessing those services.

Community Counseling Solutions is located at 528 E. Main St., John Day. For more information, call 541-575-1466.

Health fair brings resources together

23rd annual event planned June 16

Blue Mountain Eagle

The 23rd annual Grant County Health Fair is scheduled from 6 a.m. to noon June 16 at the Grant Union Junior/Senior High School new gym.

The event brings medical professionals together to provide tests and information to the public.

At 9:30 a.m. in the cafeteria, Dr. Raffaella Betza will present "Opioid use: What's the big deal?" At 11 a.m., Kim Jacobs will present "Nutrition therapy for prediabetes and diabetes," and Janelle Moulton will present "Monitoring and knowing your numbers."

Blood tests for cholesterol and blood sugar will cost \$16. People must not eat for 12 hours before the tests, but water and medications are



Eagle file photo

Wendy Ballou, at the Blue Mountain Care Center table, chats with Gary and Marsha Delaney during the Grant County Health Fair last year. This year's event is June 16.

OK. Scholarships are available for those who cannot afford to pay. Registration will be available at the fair, or people can register from 8 a.m. to 5 p.m. June 12-15 at Blue Mountain Hospital. For more information, call 541-575-1480.

Grant County Health Department will be providing


testing for A1C for diabetes and iron levels. WIC information and immunizations will also be available.

Several health care providers will be participating this year. Larry Weber, a dermatology physician assistant from Bend, will check skin issues. Blue Mountain Hospital CEO Derek Daly will

be present with representatives from many departments: anesthesia/surgery, business office, dietician, home health/hospice, mammography, physical therapy, radiology, trauma services and Strawberry Clinic. Advantage Dental and two massage therapists, Mary Miles and Michael Snyder, will attend. Darla Carpenter from Norco, reflexologist Janel Parker and Elaine Mezzo from Hope for Paws will also attend.

Grant/Harney Fire Prevention Co-op, Airlink, Lifeflight, Community Counseling Solutions, Hearing Van, Heart of Grant County, Historic Remnant Church, Len's Drug, Red Cross disaster preparedness, emergency management, St. Charles Nurse Navigators for Heart Health, oncology and stroke team and John Day Community Garden will also be available.

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BABY STEPS


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We believe having a baby means so much more than just labor and delivery. Prenatal classes help parents feel calm and confident with the birthing process, while reducing the duration of labor. Parents also gain a profound awareness of the importance of their role. The first 1,000 days of a child's life provide the foundation for success in school and in life.


This prenatal class will cover:

- Touring the family birthing unit
- Prenatal and postpartum nutrition
- Relief of common discomforts during pregnancy
- Creating a birth plan
- Stages of Labor
- Comfort Measures & relaxation tools during labor

Please call
FAMILIES FIRST
 to register, 541-575-1006



For more information
CALL 541-575-1006



Families First
 PARENT RESOURCE CENTER

Teresa Aasness ffedta@gmail.com or Katrina Randleas fffvkat@gmail.com

Grant County Health Fair

2017

Friday, June 16th from 6-12 at
 Grant Union Jr/Sr High School

Massage, Dental, WIC, Airlink, Dermatology, Blood Pressure, Hearing (small charge to vendor), Oncology, Dietitian, Home Health & So Much More!

PRESENTATIONS IN THE LUNCH ROOM:

9:30 - Dr. Betza presenting: **Opioid Use - What's the Big Deal?**
 11:00 - Kim Jacobs presenting: **Nutrition Therapy for Prediabetes & Diabetes**
 Janelle Moulton presenting: **Monitoring & Knowing Your Numbers**

Blood Draws* - \$16.00

Below costs paid directly to GCHD during Health Fair

- Tetanus - \$33.00
- Tdap - \$35.00
- Pneumonia - \$85.00
- Prevnar 13 - \$170.00
- HcbA1C - \$10.00
- Iron Level - Free

*See pre-registration for blood draw information

Pre-registration begins on June 9th at Blue Mountain Hospital from 8-5

Call 541-575-1480 with questions.

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