

GRANT UNION STUDENTS OF THE MONTH



Casey Vaughan
Grade 7
Parents: Robert and Eve Vaughan



Sydnie Moss
Grade 8
Parents: James and Melinda Moss



Erika Dickens
Grade 9
Parents: Arthur and Janice Dickens



Andrea Comer
Grade 10
Parents: Russ and Sheila Comer



Diamond Workman
Grade 11
Parents: Thomas and Juli Workman



Shiranne Carter
Grade 12
Parents: Alice Carlson and Douglas Carter



Eagle photos/Angel Carpenter

Prairie City senior Sarah Ennis, right, passes a boiled egg off to Brianna Zweygardt as Cassie Hire, left, waits her turn. The Prairie City students were involved in Thursday's Teen Health Fair at Grant Union Junior-Senior High School in John Day.

County teens learn health, safety, positivity

By Angel Carpenter
Blue Mountain Eagle

Grant County students in grades 7-12 moved through several learning stations Thursday at Grant Union Junior-Senior High School in John Day for the third annual Teen Health Fair.

The teens learned about many topics at the 14 booths, including the importance of healthy eating, exercise, dental hygiene and responsible dating, as well as the dangers of drugs, alcohol and distracted driving.

Jessica Winegar organized the event and also headed up a station that had students competing in a relay race, balancing boiled eggs on spoons they held in their mouths — no hands allowed.

She said the game taught teamwork and showed how staying positive and cheering on others leads to greater success.

"That's how life is," Winegar said. "When you're negative, you bring everyone down, so you have to stay positive."

Winegar is the Grant County Health Department manager and coordinator of the Grant



Oregon State Police Trooper Cody Weaver shares a lesson on the dangers of distracted driving at Thursday's Teen Health Fair.

Union School-Based Health Center.

She said she was glad to see more community partners involved in this year's fair, adding the teens seemed to enjoy the stations.

"It's awesome to encourage healthy behaviors to the youth in our county in a fun and relaxed atmosphere," she said. "We have well-behaved, entertaining and engaged youth, and they are a pleasure to work with."

The event was made possible through an Eastern Oregon Coordinated Care Organization

transformation grant, which focuses on adolescent health.

Organizations involved in leading stations included Families First, Grant County Health Department, Strawberry Wilderness Community Clinic, Oregon State Police, Len's Drug, OSU Extension, Kaidee Weaver, Blue Mountain Hospital District EMTs, Advantage Dental and Community Counseling Solutions.

Students from Grant Union, Prairie City, Dayville, Monument and Long Creek rotated through the stations.

Prairie City PE and health teacher Joe Weymouth said the lessons were new for some and a refresher for a lot of others.

"It's a productive day for a lot of these kids, and they're enjoying it," he said.

Grant Union junior Tegan Wright said her favorite station was a workout routine on the front lawn where instructor Kaidee Weaver led the group in exercises set to fast-paced music.

Cody Jo Madden, also a Grant Union junior, said the fair overall offered a good learning environment.

"I enjoyed how they made the games fun, but also really educational," she said.

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LAST WEEK'S TEMPS

JOHN DAY	H/I/O
TUESDAY	66/45
WEDNESDAY	76/49
THURSDAY	83/51
FRIDAY	74/42
SATURDAY	52/38
SUNDAY	59/34
MONDAY	68/33

24/7 FORECAST
AUTOMATED: 541-575-1122
ROAD CONDITIONS: 511; TRIPCHECK.COM
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WEATHER FORECAST FOR THE WEEK OF MAY 10-16

Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
Sunny	Chance of thunderstorms	Showers likely	Chance of showers	Chance of showers	Chance of showers	Showers possible
79	75	58	54	57	57	55
47	44	38	36	37	34	38