

Care outside the hospital

Did you know that Blue Mountain Hospital District provides hospice, in-home and home health outpatient clinic services?

By Sylvia Ross

To the Blue Mountain Eagle

Hospice

Did you know we have a team of people who go to people's homes to provide end of life care? We have nurses, a social worker, aides, a spiritual counselor and a medical director who make up the in-home team. And we have a wonderful support staff here at the office that makes everything run smoothly. The nurses are on call around the clock to be prepared for any of our patients' needs.

Home Health

Did you know if you are sick or injured we will come to your home and help to treat your wounds or rehabilitate you back to your pre-illness or pre-injury state? We have nursing, aides, a social worker, an occupational therapist, a physical therapist, and of course, we work closely with the patient's physician and other community resources that may be helpful. Blue Mountain Home Health is for those who have a hard time leaving their home for medical care. We strive to have



Contributed photo

Blue Mountain Hospital District Home Health and Hospice staff.

quality healthcare in your home.

Home Health Outpatient Clinic

Did you know we offer a variety of things here in our office? We offer one-hour foot appointments, wound care, ear irrigation and also foley catheter care. These clinics are for

people who are ambulatory.

If you have questions, please call our office at 541-575-1648 or email Sylvia Ross at ross@bluemountainhospital.org.

Sylvia Ross, RN, is director of Home Health and Hospice for Blue Mountain Hospital District.

Care center provides long-term, day and respite care

40-bed, intermediate care facility Medicaid certified

By Jonie Jones

To the Blue Mountain Eagle

Blue Mountain Care Center is a 40-bed, intermediate care facility.

The care center is a non-profit organization that is part of the Blue Mountain Hospital District. We are Medicaid certified only (not Medicare), providing long-term care, day care and respite care. We also accept private pay and long-term care insurance.

Our mission is to make each resident feel like part of our family. It is the goal of BMHD to keep each resident functioning at their highest level of independence while



Jonie Jones

maintaining a high degree of dignity and respect centered on their personal wishes. Each resident must have a local physician who will make rounds at the care center every 30 days, for the first 90 days, then every 60 days thereafter. Appointments can be made at the physician's office more often if necessary; nurses are in close contact with the doctors as well. Blue Mountain Care Center employs licensed nursing staff 24 hours per day and certified nursing assistants to provide the day-to-day care for our residents. Blue Mountain Care Center has always met or exceeded the state's mandated staffing ratio.

We have an excellent dietary staff that serves delicious home-cooked meals un-

der the supervision of a registered dietitian. They offer special diets to meet every resident's needs. The last Thursday of each month, the residents create their own menu for the lunch meal. Family and friends are encouraged to attend.

Blue Mountain Care Center also has a full-time Social Service Department that meets the psychosocial needs of each resident individually. The Activities Department provides a large range of activities such as gardening, picnics, fishing trips, weekly drives and outings to events and regular lunches at the senior centers. Activities are centered on the preference of the resident and trying to keep them involved in activities, just as they were prior to placement.

Jonie Jones is the administrator and social service director for Blue Mountain Hospital District's Blue Mountain Care Center.