

# Adult co-ed volleyball teams will compete for fun, exercise

Practices set to begin on Dec. 4

By Angel Carpenter  
Blue Mountain Eagle

With the high school volleyball season coming to an end, adults — male and female — can now plan to get in on some of the action.

Registration is open for an adult co-ed volleyball league through the John Day-Canyon City Parks and Recreation.

The program is designed to give adults 18 and over an opportunity for fun and exercise and is not considered “power volleyball.”

Practices will be held from 2-5 p.m. on Sundays, Dec. 4, 11 and 18, at the Grant Union Junior-Senior High School gym.

The registration fee is \$120 for a team or \$20 for each individual. Late registration will have an extra \$25 fee added after Dec. 20.

There will be at least eight league matches during the January-February season, to be held on Sundays.

Teams will have a minimum of six players and maximum of 12, and each team must include at least three women.

All 18- and 19-year-old players must be out of high school.

Registration forms are available online at [jdccpark-sandrec.weebly.com](http://jdccpark-sandrec.weebly.com) (click on adult programs) and at the Parks and Rec office at 845 1/2 Bridge St. in John Day.

For more information, contact Jeff Meyerholz at 541-575-0110.

## PROS

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Heppner has 34 players on their roster, including six senior starters, and entered the competition as fourth seed.

Grant Union, with a team of 19, was fifth seed.

Miller, who is also Grant Union’s athletic director, said his team worked hard and improved over the season.

“We survived our injuries (against Reedsport),” he said. “My comment to them was they probably got a lot of reps this season because we didn’t have many substitutions.”

He hopes to see more stu-



The Eagle/Angel Carpenter

**Grant Union Prospector defensive coordinator Andy Lusco gives instructions during the quarterfinal game.**

dent participation in all athletics.

There was one just one senior Prospector this year, Billy

Copenhaver, and if all of this year’s juniors return, the team will have 10 seniors in 2017.

“We appreciate the com-

munity’s help and support,” he said. “We’ll miss our lone senior, but the future does look bright.”

## COACH

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He played basketball for one year at Blue Mountain Community College in Pendleton, and played four years for Grant Union High School, graduating in 1997.

Workman said working nights for a few years prevented him from coaching, but now, with a daytime schedule, that

opportunity opened up for him.

“I like teaching kids, not just about basketball, but choices in life,” he said. “They build character and hard work — to put 110 percent in all you do, it carries over to everyday living and learning how to make good decisions.”

He said academics come first for the athletes, then sportsmanship.

Footwork is No. 1 after that, he said.

“Then everything else comes together,” he said. “Everything is done as a team.”

Workman said they have one of the tougher leagues with opponents such as Adrian, Crane and Jordan Valley, but he’s encouraged by the talent on the Panther team that includes 13 athletes.

He spent time last season watching the high school and junior high Panther teams, and said there are talented fresh-

men joining the team this year.

“I’m excited about coaching, and for the first game,” he said. “I love basketball. It’s always been the game I’ve loved.”

The Lady Panthers will host Adrian in their first competition of the season at 6 p.m. Friday, Dec. 2, followed by the Panther boys at 7:30 p.m. Junior varsity girls and boys games start at 3 p.m. and 4:30 p.m.

# 2016 FOOTBALL CONTEST

It’s Easy - It’s FREE - It’s Fun!  
WEEK 10 OF 13

Winners each week receive a \$25 cash prize and a \$25 gift certificate to one of the sponsors on this page.



## RULES

1. Displayed in this advertisement are 18 sports-minded businesses. In 15 of these ads you'll find listed an important game scheduled for this weekend.
2. Each game is numbered. Clip the original blank entry and write, in numerical order, the advertiser's name and the team you think will win the game listed in the ad.
3. Game No. 15 will be the tiebreaker every week. Simply write in what you think the final score will be for each team. When the tiebreaker is necessary to determine a winner, the closest point spread will be the deciding factor.
4. Only one entry per person permitted - but all members of the family may enter provided they use the original blank entry. Must be 10 years old to enter. Entries must be brought to the Blue Mountain Eagle in John Day no later than 5 p.m. FRIDAY. Or you can mail your entry to: Football Editor, 195 N. Canyon Blvd., John Day, OR 97845 but make sure it is postmarked no later than Friday and received by the Blue Mountain Eagle by noon Monday. OR you can fax your original entry to (541) 575-1244, Attn: Football Editor.
5. Employees of the Blue Mountain Eagle or members of their immediate families are not eligible for prize money.
6. Winners will be announced in the Wednesday paper following the games. \$50 in cash and prizes will be awarded to the winner. In case of a tie, the prize will be split. Contest ends in 13 weeks.
7. All decisions of the judge will be final.

## OFFICIAL ENTRY FORM

Name \_\_\_\_\_

Phone \_\_\_\_\_

Game	Advertiser	Winner
No. 1		
No. 2		
No. 3		
No. 4		
No. 5		
No. 6		
No. 7		
No. 8		
No. 9		
No. 10		
No. 11		
No. 12		
No. 13		
No. 14		
No. 15		
Tie Breaker	Score	

8. Notre Dame vs Virginia Tech

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10. Oregon State vs Arizona

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Wed-Sat 7am-8pm • Sun 8am-4pm

14. Nebraska vs Maryland

Blue Mountain EAGLE  
195 N. Canyon Blvd. • John Day  
541-575-0710 • Fax 541-575-1244  
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eat fresh.  
At the Stoplight in John Day  
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5. Dolphins vs Rams

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4. Cardinals vs Vikings  
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11. Ohio State vs Michigan State

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6. Eagles vs Seahawks

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13. Oregon vs Utah

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119 W Front St., Prairie • 541-820-3762

12. Washington vs Arizona State

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7. Packers vs Redskins

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1. Raven vs Cowboys

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9. Kansas State vs Baylor

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Next to Triangle Oil OWNER - Jeb Bowling

Congratulations to Jason Dole for winning this week's football contest with 13 correct picks. No one else was in the playing field this week. Good luck next week!