

COLOR

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The event is put on by Heart of Grant County, an organization dedicated to helping victims of domestic violence of all kinds.

"We do this event to help our victims of violence, which includes stalking victims, teen dating violence, rape and sexual assault and any kind of abuse whether it's emotional or verbal," Heart of Grant County Executive Director Shelly Whale-Murphy said.

The event kicks off Domestic Violence Awareness Month in October and brings attention to the Heart of Grant County, which Whale-Murphy said not everyone knows even exists.

"I find being able to do this is a great opportunity to let people know Heart of Grant County is here," she said.



The Eagle/Rylan Boggs

A dog in a T-shirt takes part in the Color Me Free Fun Run and Walk at the Grant County Airport Industrial Park on Saturday, Sept. 24.

SENIOR Outlook



Keep Your Smile Healthy!
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NEW PATIENTS and EMERGENCIES welcome

Prairie City Seniors

Rose Coombs



PRAIRIE CITY –

For our autumnal equinox meal, we had something I've never eaten before: stuffed acorn squash...and I ate it! The stuffing was sausage, apples, onions

and celery, along with kale salad and deviled eggs. The dessert started with a chocolate cookie that was topped with a cheesecake mix with chocolate chips in it and then a drizzle of caramel syrup. Wow, was it ever good! We remarked that the whole meal was a workout for our taste buds. Then the piano man came and played for a spell during the meal. So happy for the first day of fall.

The food bank brought lots of bread, pears, apples and potatoes. It all disappeared! Thank you, Chip. The Bogart clan appeared: Helen, Susan and Dan, along with Jim Kirkwood. I would never have recognized Dan. After all, people change in 55 years...

Patty and Krystin brought Dorothy Blasing, Lois Hill, Helen Ricco, Marilyn Randall and Otho Laurence from Blue Mountain Care Center.

Buzz led the flag salute and Tom asked the blessing. We served 74 meals. Our faithful drink dispenser Gary Jacobson won the Chuck's Little Diner gift certificate. Nadine Smith gets to go to Prairie Hardware & Gifts and spend her \$5 gift certificate from there. The winner of the 50/50 raffle was Ginger Kendall.

Since we haven't heard any different, we are assuming that the neck surgery is still scheduled. That was the main reason I wanted to get my little dermatological problem taken care of first and get it out of the way. After I got over the pain pill fiasco, I think I got a little "touch of the flu," too. There is always something to keep you from being bored, huh? Glad we have lots of nice, old movies to watch - and go to sleep by.

I finally got an answer to my eclipse question, I think. The totality part of the shadow will be 83 miles wide. That means it will cover 95% of Grant County. Just a little bit in the NE and SW corners will not be in total blackness. Then the part that is not total will cover most of the state of Oregon at 338 miles wide. South of Eugene is about the limit of the shadow. So Grant County is in the middle of the totality and the John Day Valley is in the middle of Grant County, so you can see why we will be inundated by people who follow these astronomical phenomenons. Some of them even count it as a spiritual experience. Hmmm. It is interesting, but I think that's going a bit too far.

What is interesting is the fact that it happens over and over and can be charted as to when it will happen due to the fact that all the planets' and moons' orbits never change. To me, that shows intelligent design, not random chance. So, enjoy it and learn from it. One thing I've learned from doing my latch hook is the peculiar shapes of the counties in Oregon. There are some weird "convolutions" on the western side of our state! East side boundaries make a lot more sense.

Psalms 74:17 "It was You who set all the boundaries of the earth; You made both summer and winter."

- Cataract
- Glaucoma
- Macular Degeneration

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John Day Seniors

Alma Joslin



JOHN DAY –

On Sept. 19, we had homemade beef & barley soup, chef salad, breadsticks and butterscotch brownies. There were approximately 25 diners present.

First Christian Church members Pastor Al Altnow and Rick Rhinehart delivered 29 meals plus 32 frozen meals to shut-ins. Pastor Al also asked the blessing and Roberta Dowse led the flag salute.

Ron Dowse and Merrie Henry greeted us. Karen Barrietua, Ron Dowse and Pastor Al did the serving and cleanup. It was National Talk-Like-A-Pirate-Day but there were no volunteers to do so.

Merrie Henry won the Len's Drug gift card and Roberta Dowse won the free meal.

On Sept. 22, we had a great Chinese meal feeding approximately 60 diners. It consisted of teriyaki pork skewers, egg rolls, steamed rice and Oriental veggies with whole wheat muffins. For dessert, since it was National Ice Cream Cone Day, Lisa fixed us upside down ice cream cones. A yummy meal from beginning to end. The entree was furnished by Ansel Krutsinger and Mattech Associates, Inc.

Jeanette Julsrud and David Pasko greeted us, while David Turner and Jimmy Maple from St. Elizabeth Catholic Church delivered 40 meals.

Our servers were David and Jimmy, Walt and Agnes Hall and Joan Vetter, all from the Catholic Church. Walt led the flag salute and Jimmy asked the blessing.

A big thank you from the kitchen to Chester's Thriftway for the potatoes. It is these donations that keep us going. Welcome to all of our guests. Thanks for coming, we hope to see you again soon.

On Thursday, Oct. 27, the John Day Church of the Nazarene will be hosting a Helping Hands Day. This is free and is to help our seniors and disabled citizens. If you need them to help you with your yard work, call Veanne Weddle at 541-575-2949 and she will line you up. Thelma and Melvin Kite would like to purchase fresh pears. If you have some extras give them a call.

Well, it was the first day of fall and I for one appreciated the rain.

Kay Cotham won the Chester's Thriftway gift card and Ruth Coombs won the lunch for two at Valley View.

On Thursday, Sept. 29, we will have ham and scalloped potatoes, and I don't have the menu for Monday, Oct. 3, yet but you can call the center at 541-575-1825 and they will tell you.

2 Chronicles 16:9 "The eyes of the Lord range throughout the earth to strengthen those whose hearts are fully committed to Him."

Monument Seniors

Soo Yuhawa



MONUMENT –

The month of September is just about coming to a close. I don't know about the rest of you all, but we've had some pretty cold mornings this past week. It definitely feels,

looks, and smells like winter is just around the corner. I am actually quite happy that this month will soon be over because it has been so extremely busy.

Our September 20 lunch was a low key day. Thank you to our cooks for making our tasty meal. Carrie Jewell and Terry Hamilton made us tator-tot casserole, cheese bread, fresh green salad, and peach cake. I hadn't had that before, I think I must have missed it when they served it last. I liked it and so did my little girl. She announced to me that that was her second favorite item on the lunch menu. Ha. We had 38 guests on our books and nine takeouts. Bob Blakeslee, Bodean Andersen and Marva Walker were our greeters. Bob led the flag salute. Bodean made the announcements and prayed the blessing over our meal. Dorothy Jordan won the Len's Drug gift card. Jimmy Cole and Clarence Harvey both won free meals.

Well, if you didn't come to Monument on September 24, you missed a huge event. I don't have all of the details of the Buckaroo Feast and Fall Festival but here is the lowdown on the things I do know. We had some wonderful entertainment from the locals. We had singing, guitarists, piano music and violinists, to

name a few. Hot dogs, brats and nachos were served at the park during the lunch hour. There was quite the crowd to bid on our live auctions in the earlier part of the afternoon.

The dinner was just fabulous. We had people from all over come to join us and help make this a wonderful event. We served over 200 dinners! From asking around, everyone thought the meal was just absolutely delicious. Some of the other comments were that it was very well organized and everyone had a really nice time. The senior center was packed. The live auction, the silent auctions and pie auctions went very smoothly. I will have the names of the winners for the bucket of ammo, rifle and quilt raffles next week.

This special event was not possible without the whole community of Monument coming together to serve, to participate, or support this important day. We just want to thank everyone for their efforts and generosity. We thank Judy Harris for starting back this wonderful tradition and organizing this event. We thank Bruce Hansen for his generous donation of all the delicious salmon. We thank Jimmy Cole for his gracious gift of all the tender elk steak for our dinner. We thank all the men and women who cooked and served all the delicious meals. Anyone and everyone who came and did anything, we are truly grateful and we thank you all! We also thank you all that came and supported this event by opening up your wallets and being so generous! All the proceeds will go to help our senior center. Don't you just want to move to Monument and be a part of our community? I love Monument!

Psalms 37:23 "The steps of a good man are ordered by the LORD: and he delighteth in his way."