

THURSDAY EVENING

	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2-3ABN	Carter Rpt.	The Carter Report			3ABN Today Live				Revelation of Jesus Christ	3ABN Today			Table Talk		3ABN Today Live	
3-CBS	CBS News	News (N)	Jeopardy!	Wheel	Big Bang	Life in			(7:59) Code Black	News (N)	Late Show-Colbert		James Corden		Paid Prog.	
4-ABC	Today's (N)	ABC News	Today's (N)	Mod Fam	BattleBots		Match Game		The \$100,000 Pyramid	Today's (N)	(:35) Jimmy Kimmel Live	Nightline (N)	Hollywood		TMZ Live (N)	
5-MNT	Name Game	Name Game	Millionaire	Millionaire	Law Order: CI		The Mentalist	"Red Moon"	The Mentalist		Mod Fam	How I Met	Tosh.0		Anger	Paid Prog.
6-NBC	Rio Olympics (N)	News (N)	News (N)	KGW News at 6 (N)	Live at 7 (N)	Olympic			Rio Olympics Swimming, Gymnastics, (N) (N)							
7-FOOD	Beat Bobby	Beat Bobby	Chopped "Bird in the Pan"	Chopped "Clever Fever"	Chopped				Chopped				Beat Flay	Beat Bobby	Beat Bobby	Beat Bobby
9-TBS	Friends	Friends	Friends	Friends	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Broke Girl	Broke Girl	Big Bang	Big Bang	Broke Girl	Broke Girl	Conan	
10-PBS	Martha	WordGirl	Odd Squad	Wild Kratts	Americas	Business (N)			Art Beat	Outdoor (N)	PBS NewsHour	"Raven Black"	(:02) Independent Lens		The Politician's Husband	
11-WGN-A	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops
12-DISC	Misfit Garage	How-Made	How-Made	How-Made	Naked and Afraid Pop-Up	Naked and Afraid Pop-Up	Naked and Afraid Pop-Up	Naked and Afraid Pop-Up	Naked and Afraid Pop-Up	Naked and Afraid Pop-Up	Naked and Afraid Pop-Up	Naked and Afraid Pop-Up	Naked and (N)		Naked and Afraid Pop-Up	
13-FREE	(2:30) ** "The Notebook"				** "Runaway Bride" (1999) Julia Roberts, Richard Gere.				*** "Forrest Gump" (1994) Comedy-Drama Tom Hanks, Robin Wright.						The 700 Club	
14-SFYF	(3:30) ** "From Dusk Till Dawn" (1996)				** "Hulk" (2003) Fantasy Eric Bana, Jennifer Connelly, Sam Elliott.				*** "The Incredible Hulk" (2008) Edward Norton.							* Push
15-ROOT	Destination	ShipShape	Rodeo ERA: Salt Lake City, Day 2.						High School Football Shrine Game Oregon: East vs. West.				Seahawks	Minor League Baseball		
16-FOXN	Greta Van Susteren	The O'Reilly Factor			The Kelly File				Hannity (N)				The Kelly File		Greta Van Susteren	
17-FOX	Extra (N)	TMZ (N)			Big Bang	Big Bang			FOX 9 News (N)		Two Men	Two Men	Raymond	Raymond	Jerry Springer	
18-DISN	Walk the	Austin	Austin	Liv-Mad.	Liv-Mad.	K.C. Under.	Stuck	Girl Meets	*** "Ratatouille" (2007, Comedy)				Elena	Stuck	Bunk'd	Best Friends
19-QVC	(3:00) Susan Graver Style	Screen Time			Shoe Shopping With Jane				H by Halston				Aimee Kestenberg		Vionic - Footwear	
20-HBO	Last Week	*** "Hitchcock/Truffaut" (2015)			(5:55) ** "Jurassic World" (2015) Chris Pratt.				*** "The Peanuts Movie" (2015) G				** "The 33" (2015) Antonio Banderas. "PG-13"			The Night Of
21-HGTV	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	High Stakes	Flip or Flop	Flip or Flop	Flip or Flop	Hunters (N)	Hunt Int'l (N)	Hunters	Hunters Int'l
22-MAX	(2:20) *** "Ali" (2001)	Outcast			Outcast	(:40) Outcast			Outcast "A Wrath Unseen"				(:05) Outcast		Outcast	(:45) Outcast
23-ESPN	Little League Baseball (N)				Little League Baseball (N)				SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)
24-ESPN2	SportsCenter (N) (Live)	NFL Live			CFL Football Montreal Alouettes at Edmonton Eskimos. (N) (Live)				E:60				Jalen			
26-FBN	Lou Dobbs Tonight (N)	Kennedy (N)			Strange	Strange	Lou Dobbs Tonight		Lou Dobbs Tonight				Kennedy		Paid Prog.	Regrow Hair
97-OUTD	Legends (N)	Whitetail (N)	Hunter (N)	Gregg Ritz	Roadtrips	Heartland	Bow Mad.	Hunt (N)	Hunting (N)	Red Arrow	Trophy Hunt	Hunting	Drop Zone	Drury's Thirt.	Bucks Tec.	Trophy Hunt

FRIDAY EVENING

	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2-3ABN	Asia Now	Heavens (N)	Pillars of Faith (N)		Today Family Worship		It Is Written	Mission	Mission 360	Hope-Motion	Today Family Worship		A Sharper Focus		Breath Life	Thunder
3-CBS	CBS News	News (N)	Jeopardy!	Wheel	Hawaii Five-0				Blue Bloods		Late Show-Colbert		James Corden		ROH	
4-ABC	Today's (N)	ABC News	Today's (N)	Mod Fam	Shark Tank		(:01) What Would You Do?		20/20 (N)		(:35) Jimmy Kimmel Live	Nightline (N)	Hollywood		TMZ Live (N)	
5-MNT	Name Game	Name Game	Millionaire	Millionaire	Law Order: CI		Bones	(:06) (DVS)	Bones		Mod Fam	How I Met	Tosh.0		Anger	TAI Cheng
6-NBC	Rio Olympics (N)	News (N)	News (N)	KGW News at 6 (N)	Live at 7 (N)	Olympic			Rio Olympics Track and Field, Swimming, Diving, Beach Volleyball. (N) (N)							
7-FOOD	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive	Diners, Drive
9-TBS	Friends	Friends	Friends	Friends	Seinfeld	Seinfeld	Seinfeld	Seinfeld	Broke Girl	Broke Girl	Big Bang	Big Bang	Broke Girl	Broke Girl	Conan	
10-PBS	Martha	WordGirl	Wild Kratts: Lost at Sea		Expeditions	Business (N)	PBS NewsHour (N)		Wash (N)	Idols	British Baking (N)		POV "Web Junkie"		The Tunnel (N) (PA)	
11-WGN-A	Blue Bloods		Blue Bloods		Blue Bloods "Bad Blood"		Person of Interest		Person of Interest		Person of Interest		** "Body of Lies" (2008) Leonardo DiCaprio.			
12-DISC	Alaska: The Last Frontier	Alaskan Bush People			Alaskan Bush People		Alaskan Bush People		Alaskan Bush People		Alaskan Bush People		Alaskan Bush People		Alaskan Bush People	
13-FREE	(3:00) *** "Forrest Gump" (1994) Tom Hanks.				** "Meet the Browns" (2008) Tyler Perry, David Mann. Premiere.				** "Diary of a Mad Black Woman" (2005) Steve Harris Premiere.						The 700 Club	
14-SFYF	* "Push" (2009, Suspense) Chris Evans, Dakota Fanning.				*** "The Incredible Hulk" (2008) Edward Norton.				Killjoys (N)				Dark Matter (N)		(:01) Killjoys	
15-ROOT	Pro Football Tour	Pro Football Tour			Mariners	Mariners (N)	MLB Baseball Seattle Mariners at Oakland Athletics. (N) (Live)		Hannity (N)				Mariners (N)	MLB Baseball: Mariners at Athletics		
16-FOXN	Greta Van Susteren	The O'Reilly Factor			The Kelly File				Hannity (N)				The Kelly File		Greta Van Susteren	
17-FOX	Extra (N)	TMZ (N)			Big Bang	Big Bang			FOX 9 News (N)		Two Men	Two Men	Raymond	Raymond	Jerry Springer	
18-DISN	Walk the	Austin	Austin	Liv-Mad.	(:45) *** "Tangled" (2010) Voices of Mandy Moore.		Elena (N)	Stuck	Girl Meets	K.C. Undercover			Star-For.	Star-For.	Lego	Girl Meets
19-QVC	Let's Accessorize	Affinity Diamond Jewelry			My Perfect Bag (N)				Friday Night Beauty				IT Cosmetics		TATCHA - Skin Care	
20-HBO	(:05) "The Crash Reel" (2013) Kevin Pearce. "NR"				(5:55) ** "Jumper" (2008) "PG-13"		(:25) ** "The Transporter" (2002) B		Hunters	Hunters	Hunters	Hunters	Love It or List It		Love It or List It	
21-HGTV	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Love It or List It				Hunters	Hunters Int'l	Hunters	Hunters Int'l
22-MAX	(:10) *** "Scream 3" (2000) David Arquette. "R"				(:10) *** "28 Days Later" (2002) Cillian Murphy. "R"		(:05) ** "Victor Frankenstein" (2015) "PG-13"		SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	Outcast (N)		Outcast "This Little Light"	
23-ESPN	Little League Baseball (N)				Boxing Premier Championship Boxing. (N) (Live)				SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	SportsCenter (N) (Live)	BattleFrog Cham.		BattleFrog Cham.	
24-ESPN2	SportsCenter (N) (Live)	SportsCenter (N) (Live)			Little League Baseball (N)				E:60				Champs	Jalen (N)	First Take	
26-FBN	Lou Dobbs Tonight (N)	Wall St. (N)	Wall Street		Stossel (N)				Stossel		Lou Dobbs Tonight		Wall Street	Wall Street	Stossel	
97-OUTD	Craig (N)	Wild Ride			*** "Lawman" (1971) Burt Lancaster, Robert Ryan.				*** "Lawman" (1971) Burt Lancaster, Robert Ryan.				Wild Ride	Craig	Sasquatch	Shootout

SATURDAY DAYTIME

	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30
2-3ABN	Revelation of Jesus Christ	3ABN On the Road	Pillars of Faith				New Perceptions						3ABN Today		Mission	Kids Time
3-CBS	Hidden	Changers	Skin Care	Love Where	Kids News	Paid Prog.	Ring of Honor Wrestling		PGA Tour Golf John Deere Classic, Third Round. (N) (Live)				3ABN Today		Mission	Kids Time
4-ABC	Rock-Park	Explore	Skin Care	Love Where	Kids News	Paid Prog.	Ring of Honor Wrestling		PGA Tour Golf John Deere Classic, Third Round. (N) (Live)				3ABN Today		Mission	Kids Time
5-MNT	Dog Tales	Missing (N)	Career Day	Zoo Clues	Paid Prog.	Green Tea	Amer. Latino	LatNation	*** "Jerry Maguire" (1996) Tom Cruise, Cuba Gooding Jr.				Paid Prog.		Paid Prog.	Paid Prog.
6-NBC	Ruff-Ruff.	Chica Show	Trucks	Noodle	Rio Olympics Track and Field, Water Polo. (N) (N)								Rio Olympics Beach Volleyball, Rowing, Trampoline. (N)			
7-FOOD	Best-Made	Southern	Farmhouse	Pioneer Wo.	Pioneer (N)	Trisha's (N)	The Kitchen (N)		Valerie's (N)	P. Heaton	Cupcake Wars		Chopped			
9-TBS	Seinfeld	Seinfeld	Seinfeld	Seinfeld	** "The Mexican" (2001) Brad Pitt, Julia Roberts.				*** "Ocean's Eleven" (2001) George Clooney, Matt Damon.				Friends		Friends	
10-PBS	Ready Jet	DragonFlyTV	Wild Kratts: Lost at Sea		Victory	Garden	Sewing	Quilting Arts	Quilting	Sew Easy	Project	Martha	Lidia	MotorWk (N)	Woodwright	
11-WGN-A	Copper Chef	Spot Free	Law & Order		Law & Order		Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops	Cops
12-DISC	Paid Prog.	Paid Prog.	Street		Street		Street		Street		Street		Street		Street	
13-FREE	** "Failure to Launch" (2006, Romance-Comedy)				(:15) *** "Meet the Browns" (2008) Tyler Perry, Angela Bassett.				(:45) ** "Diary of a Mad Black Woman" (2005) Kimberly Elise, Steve Harris.						Grease	
14-SFYF	Tw. Zone	Tw. Zone	"Piranhaconda" (2012, Horror) Michael Madsen.		** "Anacondas: The Hunt for the Blood Orchid"				** "Anaconda 3: Offspring" (2008) David Hasselhoff.				"Anacondas"			
15-ROOT	Paid Prog.	Top Cooker	Timbers (N)	Sounders	Landscapeing	Copper Chef	Cooker	Swing (N)	Frmds Wild	Seahawks	Hall of Fame	Bensingers	NHRA Drag Racing: Northwest		NHRA Nationals	
16-FOXN	Forbes (N)	Cash In (N)	Bob Massi	Jour. (N)	America's News Headquarters (N)				America's News HQ (N)		America's News HQ (N)		The Five		America's News HQ (N)	
17-FOX	Spot Free	Paid Prog.	Eco Co.	Adventures	Paid Prog.	Linvin' Dream	2016 U.S. Senior Open Third Round. (N) (Live)						Fleet of 1715			
18-DISN	Mickey	The Lion	Lego	Bizaardvark	Stuck	Girl Meets	K.C. Undercover		*** "Tangled" (2010) "PG"		Elena	(:10) Jessie	(:35) Bunk'd		Best Friends	Liv-Mad.
19-QVC	(7:00) Saturday Morning O (N)				Josie Maran Argan Oil Cosmetics				Doll 10 Beauty by Doris		Philosophy: Beauty		Oil Cosmetics			
20-HBO	(7:20) "102 Dalmatians"		Sesame (N)	Sesame St.	*** "The Peanuts Movie" (2006) "G"		** "We Are Marshall" (2006) "PG"		(:45) *** "Hitchcock/Truffaut" (2015)				(:15) ** "Prelude to a Kiss"			
21-HGTV	House Hunters Renovation	House Hunters Renovation	House Hunters Renovation	House Hunters Renovation	House Hunters Renovation	House Hunters Renovation	House Hunters Renovation	House Hunters Renovation	Love It or List It				Love It or List It		Love It or List It	
22-MAX	(7:05) "This Boy's Life" "R"		** "A Little Chaos" (2014) Kate Winslet. "R"		(:10:55) ** "Evan Almighty" (2007) G		(:35) *** "Tender Mercies" "PG"		(:10) ** "The Judge" (2014) Robert Downey Jr.				Games (N)	SportsCenter (N) (Live)		
23-ESPN	Little League Baseball (N)				Little League Baseball (N)				Little League Baseball (N)				Games (N)	SportsCenter (N) (Live)		
24-ESPN2	SportsCenter (N) (Live)	E:60 Profile	SpoCenter		Super Bowl	E:60 Profile	International Champions Cup Soccer (N)		E:60 Profile	SpoCenter			Little League Baseball (N)			
26-FBN	The Centesa	Paid Prog.	Best Pan Ever!		Paid Prog.	Paid Prog.	Best Pressure Cooker!		Paid Prog.	Best Pan!			BestPan!		Making Money	
97-OUTD	Ram Out	Raised	NOMAD (N)	Seahunter	Fly Rod	Fishing (N)	Major League Fishing (N)		B. Dance (N)	Dirt Trax (N)			Grateful (N)	Wild Skies	Fowl Life	Waterfowl

AUGUST 11, 2016

SATURDAY EVENING

	4 PM	4:30	5 PM	5:30	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2-3ABN	Laymen	Salvation in	Breath Life	His Voice	3ABN Today		Contending	Books Book	Pressing Int	Waves	3ABN Today		Special Feature		Generation of Youth	
3-CBS	News (N)	News (N)	Jeopardy!	Wheel	Rush Hour (N) (N)		48 Hours		48 Hours		News (N)	Ring of Honor Wrestling	Designing	(:05) Blue Bloods		
4-ABC	NFL Football (N)		Access Hollywood (N)		Last Man	(:31) Dr. Ken	20/20: In an Instant		Boston EMS (N) (N)		Today's (N)	(:35) Castle	(:35) The Closer		Paid Prog.	
5-MNT	Name Game	Paid Prog.	Person of Interest		Elementary "The Woman"		The Walking Dead		Mod Fam	Anger	How I Met	Anger	Tosh.0		Tosh.0	
6-NBC	Rio Olympics (N)	News (N)	News (N)	U.S. vs. France. (N)	News (N)	S										