

WHAT'S HAPPENING

The deadline for What's Happening items is 5 p.m. Friday. Call Cheryl at the Eagle, 541-575-0710.

THURSDAY-MONDAY, JUNE 2-6

Joe Wolter horse clinic

• Grant County Fairgrounds, John Day
Horse trainer and competitor Joe Wolter returns to John Day to head up a colt starting, cow work and roping clinic. For spectators, the cost is \$30 per day, but admission is free to the first colt starting session on June 2. To sign up for the clinic, call Patti Hudson at 541-421-3456. Learn more about Wolter at www.joewolter.com.

SATURDAY, JUNE 4

Free fishing for kids

• 9 a.m. to noon, McHaley Pond, east of Prairie City
The event includes free fishing for kids with prizes, a barbecue lunch, fishing help and other activities. The annual event is sponsored by the Confederated Tribes of Warm Springs, the Oregon Department of Fish and Wildlife and Malheur National Forest. The pond is a half-mile east of Prairie City; turn right at the Forrest Conservation Area sign. Call 541-777-2831.

• 7 a.m.-noon, Twin Ponds, 7 miles southeast of Ukiah
Free fishing for everyone with competitive events open to youth 16 and under. Environmental education activities include fish art, a "biggest fish" contest and a casting contest. There will be free hot dogs, chips and soda, plus a raffle and other prizes. Call the North Fork John Day Ranger District, 541-427-3231.

Beekeeper field workshop

• Noon-4 p.m., Diamond Hitch Ranch, Kimberly.
The "open hive" field day focuses on nucleus colonies and the "building blocks of beehives." This will be a hands-on workshop. Participants need to bring a veil or bee suit and extras, if they have them, to share with others. Bring a snack and water. The Diamond Hitch is on State Route 19, 2 miles south of Kimberly between mileposts 107 and 108. Email apricotapiaries@gmail.com or call 541-934-9101.

Fire station open house

• 4-6 p.m., 316 S. Canyon Blvd., John Day
The new John Day Fire Station opens its doors to the community. The public is welcome to view the new structure and take a tour. Free food and beverages will be available.

SUNDAY, JUNE 5

Fox Church benefit

• Noon, Fox Valley Community Church
All are welcome to a potluck fundraiser for the restoration of the Fox Valley Community Church, built in 1889. Bring a dish to share at the meal hosted by the Long Creek Historical Society, which will be held at the old school building across the highway. The Grant County Jammers, led by Ron Phillips, will play home-grown music in the church until dusk. Call 541-575-1927 or 541-421-3379.

TUESDAY, JUNE 7

Grant County Mad Hatters

• Noon, Lake Creek Camp
The Grant County Mad Hatters will meet for lunch at Lake Creek Camp in Logan Valley. Call Lisa Rynearson, 541-820-4378.

WEDNESDAY, JUNE 8

Swim team sign ups

• 5:30-7 p.m., Gleason Pool, John Day
Sign ups for this year's swim team will be at the pool at John Day City Park. Call 541-805-8996.

THURSDAY-FRIDAY, JUNE 9-10

Red Cross blood drive

• Noon to 6 p.m. Thursday, 9 a.m. to 2 p.m. Friday, Church of Jesus Christ of Latter-day Saints, 944 E. Main St., John Day
To make an appointment, call 1-800-RED-CROSS (1-800-733-2767) or visit www.redcrossblood.org.

FRIDAY-SATURDAY, JUNE 10-11

'62 Days Celebration

• 6 p.m. Friday, Canyon City
The theme this year is "Tell Me About the Good Old Days." Activities on Saturday include the Gold Rush Walk/Run at 7 a.m., parade at 11 a.m., barbecue and pie/ice cream social from noon to 3 p.m., a hanging at 1 p.m. and "Voices from the Past" at 2 p.m. at Canyon City Hall. There will be kids games in the park and vendors and live music in Sels Brewery. Reigning over the parade will be Mary Ellen Brooks, a Grant County native and longtime area rancher with her late husband, Bob. To have a vendor booth, call 541-575-1894. For other questions, call 541-575-0329 or 541-620-4032.

SATURDAY, JUNE 11

Cinnabar Mountain Playdays

• 8 a.m., Grant County Fairgrounds, John Day
This is the first playday of the season. The other 2016 dates are June 25, July 16, and Aug. 20-21. Registration is at 8 a.m., and the rodeo starts at 9 a.m. Events include barrel racing, pole bending, goat tying, dummy roping, keyhole race, flag race and figure eight race. The membership cost is \$30 a person or \$45 per family. Entry fees are \$2 per event or \$10 for the day. Call 541-571-3520 or 541-792-0077, or email cmplaydays@gmail.com.

Golf open house

• 9 a.m., John Day Golf Course, 27631 Golf Club Lane
The free event is for all ages and skill levels interested in checking out the course and learning about the sport of golf. Activities include unlimited golf with range balls provided and club house attendance (for those 21 and older) from 9 a.m. to 7 p.m., lessons from top local experts from 10 a.m. to noon and free grilled hot dogs from noon to 3 p.m. No registration is necessary. For more information, call 541-575-0170.

Community HEALTH BEAT



Quality Healthcare Close To Home
170 Ford Road, John Day • 541-575-1311 • www.bluemountainhospital.org

Get Outside

The final school bell has rung, the pens and pencils are lost, the textbooks are returned and the kids are ready for fun! Swim at the pool, hike through the forest, take long walks or ride a bike... take an adventure to a place you haven't been... just up the road.



But please be safe while you're having fun in the sun.

In The Woods

Ticks, skeeters, biting flies, stings... eeww and ouch!

- Wear protective clothing (long sleeves, long pants, tucking pants into socks)
- Use safe-ingredient tick/bug repellent, but be careful with young ones and the eyes.
- Perform full-body tick checks, especially the head.
- Be aware of the symptoms of tick-related diseases, and if concerned, call your physician to schedule an appointment.
- Stay on the trails and away from poison oak and ivy.

Under the Sun

It's a great source of Vitamin D, but be very careful! These are some must do's to prevent skin cancer.

- Kids should always wear a wide-brimmed hat and sunglasses outdoors.
- Wear loose sleeved shirts with longer board-shorts or pants
- Use a sunscreen daily that says "broad spectrum" on the label. That means it will screen out both UVB and UVA rays.

An SPF of 15 or 30 is ideal for most children. For the face and tops of the ears, choose a sunscreen with zinc oxide or titanium dioxide, which stay visible even after you rub them in. Plus, they come in fun colors for kids! Cover all exposed areas with sunscreen 15-30 minutes before going outdoors. When swimming, reapply sunscreen every 80 minutes.

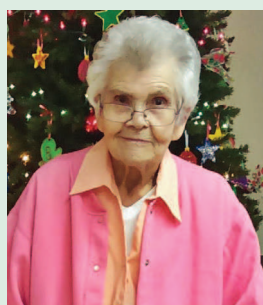
Cycling Around

We love our bikes in Grant County!

- Wear a helmet for everything wheeled: bicycles, scooters, skates, rollerblades, skateboards, etc!
- Be sure a quality helmet fits properly; consult the pros at the bike shop.
- Moms and dads should wear helmets too!

We hope you have a great summer, but if something does worry you, call your physician with concerns including bumps and bruises, itchy rashes and fevers.

Strawberry Wilderness Family Clinic Associates (SWCC) are always there when you need us the most! Enjoy your summer! 😊



BLUE MOUNTAIN CARE CENTER
Resident of the Month

EULA MAE THOMPSON

Eula was born on September 28, 1925, to Ervin and Allie Harrington in Altoona, Kansas. She has four sisters; Irene, Valoria, Helen and Elaine. She and her sisters were raised in Pleasant Valley, Oregon and later moved to Haines, Oregon.

Eula married Bert Thompson on August 10, 1946, and they had two children; Teddy and Roberta. Eula and Bert raised their children in Bates, Oregon.

Eula worked at the Blue Mountain Nursing Home, caring for the elderly. She has taken a cruise up the inland passage to Alaska; and has been to Hawaii.

Eula enjoys taking walks, reading books and loves watching the Portland Trailblazers.

Eula came to the Blue Mountain Care Center on October 29, 2014.



Presents...

June Visiting Specialists

2nd - Dr. Riddock - Bend Cardio

3rd - Dr. Sandefur - Baker Ortho

6th - Dr. Rushton - Baker Podiatrist

8th - Dr. McLellan - Bend Cardio

9th - Dennis Sell - Bend Hearing

17th - Korena Farris - Bend Neuro

20th - Dr. Rushton - Baker Podiatrist

22nd - Dr. McLellan - Bend Cardio