

Parents Page

MARCH 2016

Story Time
Inspirational Stories of Recovery

- Prevention Works • Treatment is Effective
- People Recover

March 4th
Cornerstone Christian Fellowship
139 NE Dayton

Dinner at 5:30 pm
Speakers begin at 6 pm

Personal stories of victory over substance addiction and mental health disorders will be part of a "Story Time" event, on Friday, March 4th, sponsored by Grant County Safe Communities Coalition. The community is invited, especially those who want to celebrate people in recovery and friends and relatives of those affected by these conditions.

The event kicks off with a free dinner from 5:30 to 6 p.m. and door prizes, at the Cornerstone Cafe, 139 N.E. Dayton, across from the John Day Elks Lodge.

The highlight of the evening will be personal stories of hope, strength and courage from three people, telling stories of their journeys to recovery from addiction and mental health disorders.

Most everyone knows someone affected by addiction or mental health conditions. We want to show that you can find freedom, and share the resources available. There is often a stigma that comes with addiction, the flip side is that a person – even one with strong addictions – can change for the better. Our goal is to reduce the stigma surrounding addictions and mental health conditions at this wonderful event!

Story Time is an opportunity to hear what a person has gone through and how they've changed their life. The event highlights that addictions and mental health disorders can affect people of any age and varied backgrounds.

There is hope and help available. Recovery is possible, and it is possible to learn a whole new way to live and enjoy your life, clean and sober, no matter how far down you've gone, there is a way up – a way to freedom.

Here are some local groups going on right now people can access.

Monday:

"The Outlaws" AA meeting, Presbyterian Church, Mount Vernon, 7:30 pm

Tuesday:

12 Step Study, Living Word Christian Center, Mount Vernon, 6:30 pm

Wednesday:

"Let it Go" AA, John Day Catholic Church Annex, 7:30 pm

Thursday:

"The Girlfriends" Women's 12 step, John Day Church of Nazarene, 6:00 pm

Thursday:

Celebrate Recovery, New Life Center Assembly of God, 6:00 pm

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